

Developmental and Behavioral Pediatrics

Monroe County OPWDD Crisis Intervention Program

We provide short term, community-based supports to children and adults experiencing intense challenging behaviors



Eligibility

In order to be eligible, the person must:

- Live in Monroe County
- Live with a family member who can participate in treatment and is willing to learn new ways to help with the behavior challenges.
- Have OPWDD eligibility

This program does not provide Psychotherapy; Emergency psychiatric services; Training for non-crisis behavioral problems (toileting concerns, not following instructions, school refusal); Restrain or teach how to restrain a person. In these situations, we will try to connect families with alternate treatment options.

Cost

There is no cost to families. Supported through Family Support Services program.

Referrals

Referrals can be made by families, medical or mental health providers, or developmental disability service providers. However, we ask that a caregiver call to start services.



Who Can we Help With This Program?

Children, teens and adults with developmental disabilities AND ongoing challenging behaviors such as:

- Aggression (hurting others)
- Self-injury
- Running off from caregivers
- Serious property destruction

These behaviors are considered a crisis when there are:

- Problems keeping the person & others safe
- Risk of losing home and community supports
- Risk of losing school or daycare placement

How Can Our Program Help?

We work with families for a short time to understand why a behavior is happening and teach caregivers ways to help. We do this by:

- Learning about the person and family, observing challenging behaviors
- Asking caregivers to track challenging behaviors
- Developing a behavior plan, which may include:
 - Ways caregivers can prevent behaviors
 - Helping caregivers use new skills to increase desired behaviors
 - Helping the person develop ways to communicate other than challenging behavior
- Teaching caregivers to use the behavior plan
- Linking family to longer term services, if needed

Contact Information

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