

# Stepping Out: Community-Oriented News in Psychiatry

Hello December.

## From the Office of Mental Health Promotion Issue: December 4, 2012

### Events

- Community Evening: Honor Crimes Awareness, Understanding and Prevention
- Seek Solutions to Violence
- Next to Normal
- Refugee Student Alliance Coat Drive
- 2013 Rising Stars Nominations
- Bread for All Bakery



### Community Evening: Honor Crimes Awareness, Understanding and Prevention

**What:** Please join us for a community event about preventing honor crimes, often committed by a member of a social group against another member who is thought to have brought dishonor upon the family or community. Keynote speaker is Samah Salaime, MSW. She is the founder of Na'am ("Yes"), an organization that works to end honor killings in Israel. Her tremendous community efforts are based on cultural sensitivity and competency. Following the presentation, there will be a discussion with questions and answers about the phenomenon of honor crimes and how our community can prevent them.

**Where:** Center for Youth, 905 Monroe Avenue, Rochester NY 14620

**When:** December 11, 2012 5-7:00pm

**More information:** Please contact Jennifer Silverstein at 585-402-4443 or

[Jennifer\\_Silverstein@urmc.rochester.edu](mailto:Jennifer_Silverstein@urmc.rochester.edu) with any questions

### Seeking Solutions to Violence

**What:** Join Mayor Thomas Richards, Chief James Sheppard and City staff as we ask for your input in our efforts to reduce violence in our neighborhoods. You are an invaluable component of this process as we work together to discuss solutions to improve our community.

**Where:** Tuesday, December 11 at the Frederick Douglass Resource Ctr., 36 King Street  
Tuesday, January 29 at Edgerton Stardust Ballroom, 41 Backus Street  
Tuesday, January 15 at Carter Street Recreation Center, 500 Carter Street  
Tuesday, February 5, Cobbs Hill Park, Lake Riley Lodge, 100 Norris Drive

**When:** 6-8pm for all sessions

**More information:** Visit <http://www.cityofrochester.gov/article.aspx?id=8589955343>

### **Next to Normal**

**What:** Next to Normal tells the story of a mother who struggles with mental illness and the effect this has on her family. This pop-rock musical shows how far two parents will go to keep themselves sane and their family's world intact. Tony and Pulitzer Winning Musical. Sponsored by NAMI night

**Where:** Geva Theatre Center

**When:** Sunday, January 13, 2012 Reception 5-6pm, Pre-show Discussion 6:30pm. Show begins 7pm

**More information:** Tickets must be pre-ordered through Colleen Brown at (585) 232-1366 x3057 or [cbrown@gevatheatre.org](mailto:cbrown@gevatheatre.org). Deadline for orders December 14th. Not available through the box office

### **Refugee Student Alliance Coat Drive**

**What:** The Refugee Student Alliance is conducting its fifth coat drive this year. We are collecting men's, women's, and children's items, with children's items being especially needed. Items being collected: Coats, gloves, hats, scarves, winter boots, and sweaters. If you have new, unopened socks and underwear you would like to donate, that would be great as well. All items will be delivered to Mary's Place and Saint's place, which will distribute them to former refugees being resettled to Rochester.

**Where:** The drop-off locations at River Campus are ( the donation boxes are clearly marked):

- Warner School: lounge on the first floor
- Rush Rhees Library, to the left of the main circulation desk
- Carlson Library, by the second floor circulation desk
- Admissions, near the main entrance reception area
- UHS River Campus, just inside the main entrance

**When:** Donations drop offs until December 15

### **2013 Rising Stars Nominations**

**What:** The 40 Under 40 Rising Stars program recognizes members of the Hispanic/Latino community under the age of 40 who have demonstrated outstanding accomplishments and achievements in the areas of business, education, politics, non-profit sector, community service, and more.

**When:** Nomination Deadline: 12/31/12

Rising Stars Announcement: Early 2013

Awards Recognition: weekend of March 22-24, 2013 Albany, NY

**More information:** Visit <http://www.hcnewyork.com/rising-starsestrellas-latinas.html>

### **Bread for All Bakery**

**What:** Bread for All is a small-scale self-help bread-baking project of St. Joe's Catholic Worker. We offer job training to members of the community who are looking for work. Trainees receive a modest (\$9 an hour) stipend and the rest of us are volunteers. We sell our bread on a subscription basis (a CSB: community-supported bakery) and give away loaves to those who cannot afford to pay.

**More information:** See the flyer attached or call (585) 775-9135

### **Reminders**

- Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.
- To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at [Psychiatry Department: Office of Mental Health Promotion](#)

#### **Our mailing address is:**

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