

# REGISTRATION FORM | 8th Annual Jeffrey K. Harris, MD Memorial Integrative Health Care Series

Name: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
 Title: \_\_\_\_\_

Breakout Sessions you prefer to attend: 1. A ☐ B ☐ C ☐ 2. A ☐ B ☐ C ☐  
 Do you want 5.75 CME/CEU credits for attending this conference? Yes ☐ No ☐  
 License # required for Educational Credits: \_\_\_\_\_

Mail Payment (Checks payable to MCMS) and Registration to: MCMS, 132 Allens Creek Rd. Rochester, NY 14618  
 Or Fax registration to: (585) 473-7641 | Questions? Call Ginny Ruderman (585) 473-7573

## Credit Card Payment

MC Visa Card#: \_\_\_\_\_ Exp. Date: \_\_\_\_\_  
 Name as it appears on card: \_\_\_\_\_ 3-Digit Verification Code: \_\_\_\_\_  
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## Registration Prices

**Before Feb. 15, 2015**

CME: \$165

No CME: \$110

**After Feb. 15, 2015**

CME: \$185

No CME: \$130

Prices include vegan  
breakfast, lunch, and  
snacks.

Check below for Gluten Free:

☐ Gluten Free

## Speakers & Presenters

**Rev. Nanci DeLeo** Spiritual Counselor/Teacher,  
Reiki Master/Teacher

**Steven R. Gill, PhD** Associate Professor  
of Microbiology and Immunology, Director of  
the Genomics Research Center, University of  
Rochester School of Medicine and Dentistry

**Elaine Hill, PhD** Assistant Professor, Division  
of Health Policy Research, Department of Public  
Health Services, University of Rochester  
Medical Center

**Ben Kligler, MD, MPH** Vice Chair and  
Research Director, Beth Israel Department of  
Integrative Medicine Continuum Center for Health  
and Healing, New York, NY

**Arlene Messer, DDS** Private Practice, General  
and Holistic Dentistry, Rochester, NY

**Michael J. Migliore RPh, MS, LAc** Adjunct  
Associate Professor, New York Chiropractic  
College

**Pamela Miles** Reiki master, author and  
international educator with an integrative healing  
practice based in New York City.

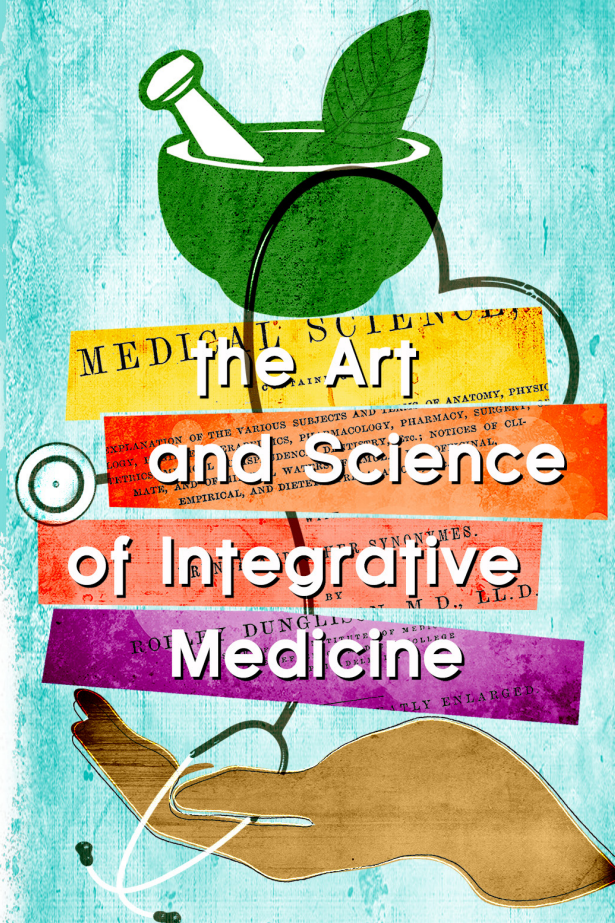
**Zendi Moldenhauer, PhD, NPP, PNP, RN**  
Psychiatric Nurse Practitioner at Dr. Leila Quality of  
Life Medicine in Rochester, NY

**Peter Rouvelas, MD** Associate Professor  
of Medicine at the New York Methodist Hospital,  
private Integrative and Interventional Cardiology  
practice in Brooklyn, NY

**Maya Shetreat-Klein, MD** Integrative Pediatrics  
and Neurology, Founder and Director of Center  
for Brainmending; Assistant Clinical Professor of  
Neurology at Albert Einstein College of Medicine

**John M. Ventura, DC** Consultant, Spine  
Care Partners LLC and Primary Spine Providers  
Network LLC

**Saturday, March 21, 2015 | 8AM - 5PM**



**8th Annual**  
**Jeffrey K. Harris, MD**  
**Memorial Integrative**  
**Health Care Series**

**TWIG Auditorium**  
**Rochester General Hospital**

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Center for Experiential Learning

## Schedule of Events

- 7:00-7:55 ..... **Registration**
- 8:00-8:10 ..... **Logistics & Welcome**
- 8:10-8:25 ..... **Blessing:** Rev. Nanci DeLeo, Spiritual Counselor/Teacher, Reiki Master/Teacher
- 8:25-9:15 ..... **Reiki Practice: What you and your patients need to know.** Pamela Miles, Reiki Master
- 9:20-10:10 ..... **The Dirt Cure: How fresh food and nature build healthy children in a processed world.** Maya Shetreat-Klein, MD
- 10:10-10:40 .... **Break**
- 10:40-11:30 .... **Integrative interventions to optimize cardiovascular health: Lifestyle solutions for everyday wellness.** Peter Rouvelas, MD
- 11:30-11:45 .... **Q&A**
- 11:45-1:00 ..... **Lunch**
- 1:00-1:50 ..... **Breakout Sessions 1**
- A. Health Consequences of Hydrofracking: What do we know?** Elaine Hill, PhD
- B. Integrative psychiatry: Holistic interventions for children and adolescents.** Zendi Moldenhauer, PhD, NPP, PNP, RN
- C. Integrating acupuncture and herbs with conventional Pharmaceuticals.** Michael J Migliore, RPh, MS, LAC
- 1:55-2:45 ..... **Breakout Sessions 2**
- A. New directions in biological dentistry.** Arlene Messer, DDS
- B. From guidelines to pathways to platforms: Breaking down silos.** John M. Ventura, DC
- C. The human microbial community and its impact on Immunology.** Steven R. Gill, PhD

- 2:50-3:20 ..... **Break**
- 3:20-4:15 ..... **The Center for Health and Healing at Mt. Sinai Beth Israel: The evolution of a model for integrative medicine in the academic setting.** Ben Kligler, MD, MPH
- 4:15-4:45 ..... **Q&A /Wrap up**

### Accreditation and Continuing Education

#### ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the *University of Rochester School of Medicine and Dentistry and Rochester General Hospital*. The University of Rochester School of Medicine and Dentistry is accredited by the ACCME to provide continuing medical education for physicians.

#### CERTIFICATION

The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Advanced Practice Nurses/Nurses** | This educational activity was planned and produced in accordance with the ACCME and ANCC Essentials and Standards relating to continuing medical and nursing education. This Activity has been submitted to the Rochester General Health System for approval to award contact hours.

Rochester General Health System is an approved provider of continuing nursing education by Massachusetts Association of Registered Nurses, Inc., an accredited provider.

**Doctors of Chiropractic:** Pending NYS Board Approval for Chiropractic CE

## Course Introduction

**INTEGRATIVE MEDICINE** has been designated as a board specialty as of 2014. The field focuses on the whole person, mind-body-spirit, and acknowledges that the relationship between patient and provider in itself can be healing. It is inquiry driven and makes appropriate use of both conventional and alternative methods. Jeffrey K. Harris, MD, embodied these principles and was a pioneer in our community. He leaves his gift of integrative medicine as a legacy and we dedicate this conference to this model of astute, accepting and holistic caring.

The conference intent is to bring practitioners current with prevalent topics in integrative medicine.

### CONFERENCE

**GOALS: Attendees will be able to describe Integrative medicine as an upcoming focus of improved health.**

#### OBJECTIVES:

- Explain current integrative approaches to health care
- Assess the complexity of the whole person in an integrative manner
- Discuss ways to incorporate integrative practices
- List evidence based integrative resources