**Extra Tips for REDCap**

From Kimberly Kaukeinen to Everyone:

 It is good to create a snapshot (in online designer) of your project instruments prior to changing the data dictionary. Good back up.

 Email from list will only contain users that have access to the project.

 Can upload or download the alerts if you would like to use them in a different project.

From Katie Buettner to Everyone:

 I prefer to use stop logic on surveys in case someone accidentally selects the no options. It allows them to change their answer.