

got health?

Free Health Talks to Help You Get and Stay Healthy

WHAT?

Understanding and Coping with Hearing Loss

JOIN US!

Thursday, February 19, 2015 ♦ 12:10 – 12:50 pm

Kate Gleason Auditorium

Central Library of Rochester and Monroe County
115 South Ave. • Rochester, NY

THIS TALK WILL COVER:

- How our ears work
- Understanding hearing loss
- Hearing aids and other treatment options
- Ways to prevent hearing loss
- Communication tips

Our speaker is Mary Rivers, Nurse Practitioner from the University of Rochester Medical Center, where Strong Memorial Hospital is located

HEALTHY SNACKS AND FREE RAFFLE!

This **got health?** talk is sponsored by the **Center for Community Health** in partnership with the Central Library of Rochester and Monroe County.



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