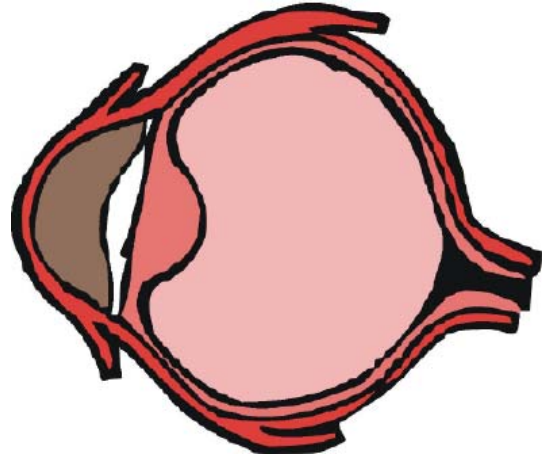


Diabetic Eye Problems

Also called: Diabetic retinopathy

Do you know what causes the most blindness in U.S. adults? It is an eye problem caused by diabetes, called diabetic retinopathy.



Your retina is the light-sensitive tissue at the back of your eye. You need a healthy retina to see clearly.

Diabetic retinopathy happens when diabetes damages the tiny blood vessels inside your retina. You may not notice at first.

Symptoms can include

- Blurry or double vision
- Rings, flashing lights or blank spots
- Dark or floating spots
- Pain or pressure in one or both of your eyes
- Trouble seeing things out of the corners of your eyes

If you have diabetes, you should have a complete eye exam every year. Finding and treating problems early may save your vision. Treatment often includes laser treatment or surgery.