



## Program in Aging and Developmental Disabilities

Strong Center for Developmental Disabilities

University of Rochester Medical Center

### Caregiving, Aging and IDD

#### WEBINAR SERIES – Winter 2012

February 7, February 14, and February 21, 2012

#### **Aging Caregivers—Issues and Challenges**

**Tuesday February 7, 2012, 10:00 am—11:30 am with Elizabeth Perkins, PhD, RNMH**

Caregivers of adults with intellectual and developmental disabilities are a unique population. This webinar will briefly describe caregiving in general before focusing upon the specific issues and concerns of aging caregivers. Dr. Perkins will also share her research regarding the emerging trend of “Compound Caregiving”, i.e. when older caregivers have additional caregiving responsibilities to other family members. The webinar will conclude with suggestions on how to assist these lifelong caregivers.

#### **Caregiving, Aging and IDD: The Intersections of the Networks**

**Tuesday February 14, 2012, 10:00 am—11:30 am with Kathleen M. Bishop, PhD**

As caregivers of adults with IDD age there is often a need for services from both the aging and disability networks. Caregivers and the adult with IDD may have similar needs and concerns. Dr. Bishop will discuss the process of aging, aging with IDD, and the implication for caregivers. Additionally, she will discuss possible resources for caregivers.

#### **Health & Health Care Disparities in Caregivers of Adults with Intellectual and Developmental Disabilities**

**Tuesday February 21, 2012, 10:00 am—11:30 am with Laura Robinson, MPH**

The majority of people with intellectual and developmental disabilities (IDD) in the US are estimated to live at home with a caregiver. Caregivers of children with IDD are prone to higher levels of stress and burden, depression and anxiety. Not much is known about the experiences of caregivers of adults with IDD. This presentation will explore the current status of caregivers of adults with IDD in the US with regard to health status, health care utilization, and common health outcomes. Recommendations for advocacy and support of “carepartners” will be discussed with webinar participants.

#### **Caregiving, Aging and IDD – Winter 2012**

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Registration Fee is \$25/person per session or \$60 for all three sessions or \$100/agency per session or \$250 for all three.

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Refunds will be issued for cancellations made at least 7 days prior to the session; substitutions can be made.

For more information, please call Kate Nobis at 585-275-6604

Kathryn\_Nobis@urmc.rochester.edu

**Limited scholarships are available for family members and caregivers, use the above contact information to find out more!**