



Hosted by HARC, in collaboration with the Florida Center for Inclusive Communities/UCEDD, University of South Florida and the Strong Center for Developmental Disabilities/UCEDD, University of Rochester Medical Center, we present

A FREE SEMINAR

Caring for the Caregivers: Older Caregivers of Adults Aging with Intellectual/Developmental Disabilities.

Target Audience: All are welcome, especially caregivers, advocates, parents, professional support staff, and any others interested in this topic.

Time/Date: 10:00am - Noon Saturday January 28th, 2012.

Location: HARC's Centre for Life Development, 2714 West Kirby Street, Tampa, FL 33614.
Free parking is available onsite.

Featuring the following presentations

- 1) ***Aging Caregivers - Issues and Challenges*** by Elizabeth A. Perkins, PhD, RNMH.
- 2) ***Aging with Intellectual and Developmental Disabilities*** by Kathleen Bishop, PhD.
- 3) ***What Your Local Area Agency on Aging Can Do For You*** by Joanne Cox, MA & Patricia Henderson.

This workshop is [free](#) but space is limited - please RSVP by Friday, January 20, 2011 to Rick Glaesser, rqlaesser@hillsarc.com, to reserve your seats!

Agenda:

10.00am-10.45am

1) ***Aging Caregivers - Issues and Challenges*** by Elizabeth Perkins, PhD, RNMH.

Dr. Perkins will provide an overview of the challenges encountered by older caregivers of adults with intellectual and developmental disabilities, as well as discuss her research regarding the emerging issue of compound caregiving (i.e. caregivers with multiple caregiving responsibilities). She will also discuss the importance of future planning, and how others can support caregivers in their role.

10.50am - 11.35am

2) ***Aging with Intellectual and Developmental Disabilities*** by Kathleen Bishop, PhD.

Dr. Bishop will provide an overview of aging in adults with intellectual and developmental disabilities including factors of aging, the interaction of aging with the pre-existing disability, and the need for health care advocacy. She will discuss the importance of the aging and disability networks working together as caregiving often needs assistance from both networks.

11.40am - 12 noon

3) ***What Your Local Area Agency on Aging Can Do For You*** by Joanne Cox, MA, & Patricia Henderson.

Ms. Cox and Ms. Henderson will provide information regarding services and resources that are currently available to aging caregivers, and older adults with I/DD, including information about the development of Aging and Disability Resource Centers.

About the Presenters:

Dr. Elizabeth Perkins, is Research Assistant Professor at Florida Center for Inclusive Communities, a University Center of Excellence for Excellence in Developmental Disabilities (UCEDD), College of Behavioral and Community Sciences, University of South Florida, Tampa, FL.

Dr. Kathleen Bishop, is Director of the Program on Aging and Developmental Disabilities, Strong Center for Developmental Disabilities/UCEDD, University of Rochester School of Medicine and Dentistry, Rochester, New York.

Both Dr. Perkins & Dr. Bishop are gerontologists (experts in aging) and researchers specifically in the field of aging with intellectual/developmental disabilities, and caregiver issues.

Ms. Joanne Cox, is Program Coordinator, from Pasco and Pinellas Area Agency on Aging, St. Petersburg, FL.

Ms. Patricia Henderson, is Community Services Coordinator, from West Central Florida Area Agency on Aging, Tampa, FL.

For further details about the agenda please contact Dr. Elizabeth Perkins, eperkins@usf.edu, tel: 813 974 7076