



UNIVERSITY of  
**ROCHESTER**  
MEDICAL CENTER

## Education at URMC – Program Features

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**Program:** Internal Medicine

**Program Director:** Donald R. Bordley, MD

**Program Administrator:** Alice R. Gordon

**Number of Residents:** 70

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### **About the Program**

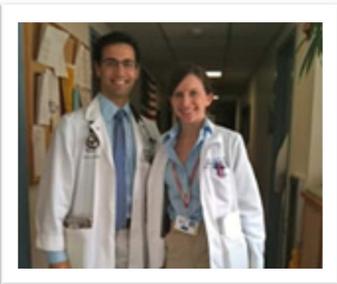
The University of Rochester Internal Medicine Residency Program is fully ACGME-Accredited and offers positions in Categorical Internal Medicine, the ABIM Internal Medicine Research Pathway, and Preliminary Internal Medicine. Candidates for the program are accepted only through the National Resident Matching Program (NRMP). Each year the program accepts 20 new categorical residents, 2 new research pathway residents, and 6 new preliminary residents. For the 2012 match, we interviewed 191 candidates for the categorical program, 12 candidates for the research pathway, and 35 candidates for the preliminary program.

## Program Leadership



Dr. Donald Bordley has been Director of the residency program since 1997. A recognized national leader in Internal Medicine resident education, Dr. Bordley served as President-Elect, President, and Past-President of the national Association of Program Directors in Internal Medicine (APDIM) from 2007 – 2010. Dr. Bordley is joined by three Associate Program Directors: Dr. Bilal Ahmed, Dr. Catherine Gracey, and Dr. Alec O'Connor. Administrative leadership of the program is provided by Mrs. Alice Gordon, assisted by Program Coordinators Mary Lou Beagan and Kelly Walsh.

## Residents and Graduates



Our residents are the greatest strength of our program. They have come to Rochester from 25 different medical schools in 16 different states. They are bright, enthusiastic, and committed to their patients and each other. They enjoy each other's company at work and away from work. Their professional interests are diverse. Over the past ten years, 74% of our residents have gone on to fellowship in a subspecialty of internal medicine while 26% have entered general medicine careers. About 50% remain in Rochester for the next step in their career while the rest travel widely to pursue their interests. In the last two years alone, our residents have matched into fellowship programs at 17 major university medical centers in addition to the University of Rochester.

## Program Values and Philosophy

We believe that the best way to learn medicine is one patient at a time. The individual patient is the focus of all rounds and conferences, which often take place at the patient's bedside—a hallmark of a Rochester residency. We create an environment unencumbered by hierarchy, and we promote and expect participation of all learners in an academically rigorous discussion. There are five keys to making this work:

- A learning environment where everyone is as comfortable acknowledging what they don't know as sharing what they do know
- Consistent practice of the biopsychosocial approach to patient care which was first articulated here in Rochester many years ago and demands that we never lose sight of the whole patient
- Emphasis on the growth of residents as teachers
- Active engagement of the residents in continuously improving the residency program
- The residents themselves; an extraordinary group of young physicians who genuinely care as much about each other's learning as they do about their own and support each other every step of the way

## Facilities

Most core inpatient experiences take place at Strong Memorial Hospital (SMH), the URM's primary teaching hospital. SMH is a 722-bed tertiary care center a half mile south of downtown Rochester. Additional inpatient experiences take place at Highland Hospital (HH), a 268-bed community hospital which is also part of URM. Highland Hospital is located just over one mile from SMH. Ambulatory continuity general medicine practice for 50 of our 60 residents is in the ambulatory care facility attached to SMH, while the remaining 10 residents have their practice in the doctors' office building adjacent to HH. Many ambulatory subspecialty electives take place in modern medical office buildings within a five minute drive of the main URM campus. Our Community Service elective is based at the St. Joseph's Neighborhood Health Center.

## Research Opportunities

All residents have a two-week scholarship block in their first year. For those interested in carrying out a research project over the three years of residency, this block provides an opportunity to work with a faculty mentor to begin planning the project. Three-year categorical residents who complete and present a substantial research project over the course of residency receive their residency certificate "With Distinction in Research" through our Research Option.