



UNIVERSITY of
ROCHESTER
MEDICAL CENTER

Education at URMC – Student Perspectives



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Hometown: San Francisco, CA

Undergraduate Degree: B.A. in Economics from Tufts University in Medford, MA

Graduate Degree: M.D. / M.P.H. from Tufts University in Boston, MA

Internship: Transitional year at Lemuel Shattuck Hospital in Jamaica Plain, MA

Background Information

I was born in San Francisco, CA and despite living there for less than four years of my life, still consider it home. I have lived in California, Tennessee, Colorado, Ohio, Massachusetts, and now New York. I spent the vast majority of my formative years in Cincinnati, OH where I gained an appreciation for the power of medicine from my father, a heart surgeon. I have an older sister and a younger brother. I attended a small private high school, which prompted me to choose a small private college in Boston. I fell in love with the city and stuck around through medical school and intern year. After residency, my fiancé and I plan to head west and move our way closer to our families.

Why did you choose The University of Rochester Medical Center?

The University of Rochester Medical Center is a pillar of the Rochester community, being the largest employer of the region. The hospital draws from this and brings a vast array of employees and patients to the institution. Given the reputation of the institution people come from as far away as northwestern Pennsylvania for treatment. The combination of large catchment area, diverse patient population, as well as the caseload provided me a sense of what a good residency should be. I feel that after training at the University of Rochester Medical Center I will be prepared to provide an anesthetic to everything from the “bread and butter” cases to the major traumas.

Tell us about your program

The program averages 16 residents per year from various parts of the country and even globe. We experience a vast array of cases from simple and healthy children to organ transplant patients and trauma patient. We have faculty that are internationally renown in the fields of pediatric and obstetrical anesthesia as well as critical care. Rochester’s program provides the training and experience needed to form a strong base of anesthesia skills and knowledge. Upon completion I expect to be comfortable providing care for almost any patient with any medical conditions.

What are your career aspirations?

To provide quality, cost effective, evidenced based medical care for my patients. In the coming years, I hope to master the skill of practicing anesthesia while continuing to learn the newest and latest techniques. I hope to become a leader within my department by teaching others the joy and power of an anesthesiologist. I would also like to have a good balance between career and family, excelling at work, while starting a family

What are some of the things you have learned since you came to Rochester?

It is hard to summarize all that I have learned in the anesthesia residency. In a nutshell, I have learned how to provide an anesthetic for healthy and medically complicated patients.

Outside of the hospital, I have learned that Rochester is a larger city than many realize and offers much in terms of cultural and social diversity. There are many festivals and community events, especially during the summer. In addition to the great community of employees that works at Strong, the city has a social life that is comparable to other small cities with a warmth and friendliness of people that rivals the Midwest.

Any Advice for perspective students?

When looking at residency programs, do not make a career decision based solely on how the residents perceive their lives and residency experiences to be, instead look at the attending physicians and how happy they are with their career.

View residency as a job, and an opportunity to impress future employers. Think of every patient as a learning experience and ask questions regardless of how simple you may think they are.