

BIOGRAPHICAL SKETCH			
NAME Epstein, Ronald M		POSITION TITLE Professor of Family Medicine and Psychiatry	
eRA COMMONS USER NAME repstein			
EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
Wesleyan University	BA	1976	Music
Columbia University		1980	Pre-Med
Harvard Medical School	MD	1984	Medicine
University of Rochester/Highland Hospital Family Medicine Residency	MD	1987	Family Medicine

**A. Positions and Honors.**

- 2006-Present Professor of Family Medicine, Psychiatry and Oncology, University of Rochester School of Medicine and Dentistry (URSMD), Rochester, NY
- 2004-Present Associate Dean for Education Evaluation and Research, URSMD
- 2002-Present Director of Family Medicine Research Programs, Professor of Family Medicine and Psychiatry, URSMD
- 1996-2002 Associate Professor of Family Medicine and Psychiatry, URSMD
- 1990-1996 Assistant Professor of Family Medicine and Psychiatry, URSMD
- 1989-1990 Instructor in Family Medicine, URSMD
- 1988-1989 Instructor in Medicine, URSMD

**Honors**

- 2005 Lynn Payer Award in Communication in Medicine, American Academy on Physician and Patient
- 2005 Koppaka Family Foundation Visiting Lectureship on Doctor-Patient Relationship. University of Virginia.
- 2004 Fulbright Senior Specialist Grant in Public/Global Health, University of Córdoba, Spain
- 2003 Pfizer – American Academy of Family Physicians Foundation Visiting Professorship, UC San Diego
- 1997-1998 Fulbright Senior Lecturers Award. Barcelona, Spain.
- 1995-1998 George L. Engel and John Romano Dean's Teaching Scholar, Rochester, NY.
- 1994-1998 Robert Wood Johnson Foundation Generalist Physician Faculty Scholars Program.

**B. Selected peer-reviewed publications**

- McWhinney IR, **Epstein RM**, Freeman TR. Rethinking Somatization. *Annals of Internal Medicine* 1997;126(9):747-750.
- Epstein RM**, Morse DS, Frankel RM, Fraey L, Anderson K, Beckman HB. Awkward Moments in Patient-Physician Communication About HIV Risk. *Annals of Internal Medicine* 1998;128(6):435-442.
- Marvel MK, **Epstein RM**, Flowers K, Beckman HB. Soliciting the Patient's Agenda: Have We Improved? *Journal of the American Medical Association*. 281(3):283-287, January 10, 1999.
- Epstein RM**. Mindful Practice. *Journal of the American Medical Association*, 282(9):833-839, September 1, 1999.
- Dugdale DC, **Epstein RM**, Pantilat SZ. Time and the Patient-Physician Relationship. *Journal of General Internal Medicine* 1999;14(Suppl. 1) :S34-S40.
- Zoppi K. **Epstein RM**. Is Communication a Skill? Communication Behaviors and Being in Relation. *Family Medicine* 2002;34(5):319-324.
- Epstein RM**, Hundert EM. Defining and Assessing Professional Competence. *JAMA* 2002;287(2):226-235.
- Epstein RM**, Alper BS, Quill TE. Communicating Evidence for Informed Decision-Making. *Journal of the American Medical Association*, 291(19):2359-2366. May 19, 2004.

- Fiscella K, Meldrum S, Franks P, Shields C, Duberstein P, McDaniel SH, **Epstein RM**. Patient Trust: Is it Related to Patient-Centered Behavior of Primary Care Physicians? *Medical Care*, 42(11):1049-1055, November 2004.
- Duffy FD, Gordon GH, Whelan G, Cole-Kelly K, Frankel R, Buffone N, Lofton S, Wallace M, Goode L, Langdon L; Participants, **Epstein RM**, in the American Academy on Physician and Patient's Conference on Education and Evaluation of Competence in Communication and Interpersonal Skill: The Kalamazoo II Report. *Academic Medicine* 2004;79(6):495-507.
- Borrell-Carrio F, **Epstein RM**, Suchman AL. The Biopsychosocial Model 25 Years Later: Principles, Polemic and Scientific Inquiry. *Annals of Family Medicine* 2004;2:576-582.
- Schirmer JM, Mauksch L, Zoppi K, Lang F, Marvel MK, **Epstein RM**. Assessing Communication Competence of Physicians: A review of current tools. *Family Medicine*, 37(3):184-192, 2005.
- Epstein RM**, Dannefer EF, Nofziger AC, Hansen JT, Schultz SH, Jospe N, Connard LW, Meldrum SC, Henson LC. Comprehensive Assessment of Professional Competence: The Rochester Experiment. *Teaching and Learning in Medicine*, 16(2):186-196, 2004.
- Dannefer EF, Henson LC, Grady-Weliky TA, Meldrum S, Nofziger AC, Barclay C, **Epstein RM**. Peer Assessment of Professional Competence: Feasibility and Outcomes with Undergraduate Medical Students. *Medical Education*, 39(7):713-722, 2005
- Shields Cleveland G, **Epstein Ronald M**, Franks Peter, Fiscella Kevin, Duberstein Paul, McDaniel Susan H., Meldrum Sean. Emotion Language in Primary Care Encounters: Reliability and Validity of an Emotion Word Count Coding System. *Patient Education and Counseling*, 57(2):232-238 2005
- Kravitz RL, **Epstein RM**, Feldman MD, Franz CE, Azari, R, Wilkes MS, Hinton L, Franks P. Influence of Patients' Requests for Direct-to-Consumer Advertised Antidepressants: A Randomized Control Trial. *Journal of the American Medical Association*, 295, (16):1995-2002, April 27, 2005.
- Epstein RM**, Franks P, Fiscella K, Shields CG, Meldrum SC, Kravitz KL, Duberstein PR. Measuring patient-centered communication in physician-patient consultations: Theoretical and practical issues. *Social Science & Medicine*, 61(7):1516-1528, October 2005.
- Seaburn DB, Morse D, McDaniel SH, Beckman H, Silberman J, **Epstein R**. Physician Responses to Ambiguous Patient Symptoms. *Journal of General Internal Medicine*, 20:525-530, 2005
- Shields CG, **Epstein RM**, Fiscella K, Franks P, McCann R, McCormick K, Mallinger JB. Influence of Accompanied Encounters on Patient-Centeredness with Older Patients. *The Journal of the American Board of Family Practice*, 18:344-354, September-October 2005.
- Franks P, Fiscella K, Shields CG, Meldrum SC, Duberstein P, Jerant AF, Tancredi MS, **Epstein RM**. Are Patients' Ratings of their Physicians Related to Health Outcomes? *Annals of Family Medicine*, 3(3):229-234 2005
- Epstein RM**, Franks P, Shields CG, Meldrum SC, Miller KN, Campbell TL, Fiscella K. Patient-Centered Communication and Diagnostic Testing. *Annals of Family Medicine*, 3(5):415-421 2005.
- Franz CE, **Epstein RM**, Miller KN, Brown A, Song J, Feldman M, Franks P, Kelly-Reif S, Kravitz RL. Caught in the Act? Prevalence, Predictors, and Consequences of Physician Detection of Unannounced Standardized Patients. *Health Services Research*, 2006 Dec; 41(6):2290-2302.
- Franks P, Jerant AF, Fiscella K, Shields CG, Tandredi DJ, **Epstein RM**. Studying Physician Effects on Patient Outcomes: Physician Interactional Style and Performance on Quality of Care Indicators. *Social Science in Medicine*, 62(2):422-432, 2006.
- Epstein RM**. Shields CG, Meldrum SC, Fiscella K, Carroll JK, Carney PA, Duberstein PR. Physicians' responses to patients' medically unexplained symptoms. *Psychosomatic Medicine*, 68:269-276 2006
- Epstein RM**. Making communication research matter: What do patients notice, what do patients want, and what do patients need? *Patient Education and Counseling*, 60:272-278, 2006
- Kravitz RL, Franks P, Feldman M, Meredith LS, Hinton L, Franz C, Duberstein P, **Epstein RM**. What Drives Referral from Primary Care Physicians to Mental Health Specialists? A Randomized Trial Using Actors Portraying Depressive Symptoms. *Journal of General Internal Medicine* 2006 Jun;21(6):584-9.
- Feldman MD, Franks P, **Epstein RM**, Franz CE, Kravitz RL. Do Patient Requests for Antidepressants Enhance or Hinder Physicians' Evaluation of Depression: A Randomized Controlled Trial. *Medical Care* 2006 Dec;44(12):1107-1113.

- Srinivasan M, Franks P, Meredith LS, Fiscella K, **Epstein RM**, Kravitz RL. Connoisseurs of Care? Unannounced Standardized Patients' Ratings of Physicians. *Medical Care* 2006 Dec;44(12):1092-1098.
- Young HN, Bell RA, **Epstein RM**, Feldman MD, Kravitz RL. Types of Information Physicians Provide when Prescribing Antidepressants. *Journal of General Internal Medicine* 2006 Nov;21(11):1172-7.
- Epstein RM**, Shields CG, Franks P, Meldrum SC, Feldman M, Kravitz RL. Exploring and Validating Patient Concerns: Relation to Appropriateness of Prescribing in Depression. *Annals of Family Medicine*, 5(1):21-28, 2007.
- Duberstein P, Meldrum S, Fiscella K, Shields CG, **Epstein RM**. Influences on Patients' Ratings of Physicians: Physician Demographics and Personality. *Patient Education and Counseling*, 65(2):270-274, 2007
- Epstein RM**. Assessment in Medical Education. *New England Journal of Medicine* 2007 Jan;356:387-96
- Fiscella K, Franks P, Srinivasan M, Kravitz RL, **Epstein RM**. Ratings of Physician Communication by Real and Standardized Patients. *Annals of Family Medicine*, 5(2):151-158, 2007.
- Carroll, JK, **Epstein RM**, Fiscella K, Gipson T, Volpe E, Jean- Pierre P. Caring for Somali Women: Implications for Clinician-Patient Communication. *Patient Education & Counseling*, 2007 June;66(3):337-345.
- McDaniel SH, Beckman HB, Morse DS, Silberman, J Seaburn DB, **Epstein RM**. Physician Self-Disclosure in a Primary Care Visits: Enough About You, How About Me? *Archives of Internal Medicine* 2007;167:1321-1326.
- Epstein R, Hadee T, Carroll JK, Meldrum S, Lardner J. "Could this be something serious?" Reassurance, Uncertainty, and Empathy in Response to Patients' Expressions of Worry. *Journal of General Internal Medicine* 2007;22(12):1731-1739.
- Epstein RM**, Street RL, Jr. Patient-Centered Communication in Cancer Care: Promoting Healing and Reducing Suffering. National Cancer Institute, NIH Publ. No. 07-6225. Bethesda, MD, 2007.
- Tentler A, Silberman J, Paterniti DA, Kravitz RL, **Epstein RM**. Factors Affecting Physicians' Responses to Patients' Requests for Antidepressants: Focus Group Study. *Journal of General Internal Medicine*, 2008;23(1):51-57. PMID: PMC2173928
- Epstein RM**, Mauksch L, Carroll JK, Jaen CR. Have you really addressed your patient's concerns? *Family Practice Management*. 2008;15:35-40
- Mauksch LB, Dugdale DC, Dodson S, **Epstein RM**. Relationship, communication and efficiency in the medical encounter: Creating a clinical model from a literature review. *Arch Intern Med*. 2008;168(13):1387-1395.
- Young HN, Bell RA, **Epstein RM**, Feldman MD, Kravitz RL. Physicians' shared decision-making behaviors in depression care. *Arch Intern Med*. 2008;168(13):1404-1408. PMID: PMC2533269
- Lurie SJ, Mooney CJ, Nofziger AC, Meldrum SC, **Epstein RM**. Further challenges in measuring communication skills: accounting for actor effects in standardized patient assessments. *Med Educ*. 2008; 42(7):662-8
- Chapman BP, Duberstein PR, **Epstein RM**, Fiscella K, Kravitz RL. Patient-centered communication during primary care visits for depressive symptoms: what is the role of physician personality? *Med Care*. 2008;46(8):806-12. PMID: PMC Journal-In Process
- Duberstein PR, Chapman BP, **Epstein RM**, McCollum KR, Kravitz RL. Physician Personality Characteristics and Inquiry About Mood Symptoms in Primary Care. *J Gen Intern Med*. 2008;23(11):1791-5. PMID: PMC2585672
- Silberman J, Tentler A, Ramgopal R, **Epstein RM**. Recall-promoting physician behaviors in primary care. *Gen Intern Med*. 2008;23(9):1487-90. PMID: PMC2518003
- Street RL Jr, Makoul G, Arora NK, Epstein RM. How does communication heal? Pathways linking clinician-patient communication to health outcomes. *Patient Education and Counseling* 2009;74(3):295-301.
- Bertakis KD, Franks P, Epstein RM. Patient-centered communication in primary care: physician and patient gender and gender concordance. *Journal of Women's Health* 2009;18(4):539-545
- Epstein RM**, Peters E. Beyond information: exploring patients' preferences. *JAMA*, 2009; 302(2):195-7. PMID: 19584351

### C. Research Support.

#### Active

1R01MH079387-01A1

Ronald Epstein (Site PI)

NIMH/University of California at Davis

9/27/07-7/31/12

*Targeted and Tailored Messages to Enhance Depression Care and Reduce Stigma*

Major goal: To participate in a multi-site study to develop and test targeted public service announcements and a tailored interactive multimedia computer program designed to enhance depression care seeking and reduce depression-related stigma.

1U01CA116924-01

9/30/05-9/29/10

Kevin Fiscella (PI)/Role: Co-Investigator  
NCI

*RCT of Primary Care-based Patient Navigation-Activation*

Major Goal: To assess the impact of a primary care-based, patient navigation-activation program on cancer-related quality of care using a randomized controlled study design. A secondary goal is to assess whether members of underserved populations derive greater benefit from navigation than do patients who face fewer access barriers.

Ronald Epstein (PI)

7/01/07-6/30/09

Arthur Vining Davis Foundation

*A Curriculum in Mindful Practice to Promote Caring Attitudes and Professional Behavior of Medical Students and Residents*

The goal of this project is to create a program in mindfulness for third year medical students, their supervising residents, and their attending physicians to foster caring attitudes and professional behavior toward their patients; and to disseminate the program to collaborating medical schools.

Ronald Epstein (PI)

12/1/2008 -5/31/10

The Arnold P. Gold Foundation

*Promoting Mindful Practice in Medical Student and Resident Education*

The goal of this project is to disseminate an innovative educational project in mindful practice to medical schools and residency training institutions.

HL081416-01

7/12/05-6/30/10

Cheryl Kodjo (PI)/Role: Stewardship and Evaluation Advisory Committees  
NHLBI

*Cultural Competence and Health Disparities Academic Award*

Major Goal: To correct deficiencies in traditional medical school and post-graduate physician training related to disparities in health conditions that burden minority populations.

Ronald Epstein (PI)

4/1/09-9/30/09

The Commonwealth Fund

*Defining and Achieving Patient-Centered Care: The Role of Clinicians, Patients and Health Care Systems*

Major Goal: To author a peer-reviewed article that will further explore and develop the health policy implications of patient-centered care.

**Completed**

R01 MH64683-01A1 Richard Kravitz (PI)/Role: Investigator

NIMH Grant

09/01/02-08/31/06

*Consumer Influence on Treatment of Depression*

The major goal was to estimate the effects of DTC ad-driven requests on physicians' prescribing of anti-depressants for patients with symptoms suggestive of depression.

R01HS10610-01A1 Ronald Epstein (PI)

2000-2005

Agency for Healthcare, Research and Quality

*Patient-Centered Care and Health Care Costs*

The major goal was to examine the relationship between measures of physicians' patient-centeredness and health care costs.