

Design Your Own Faculty Development Fellowship

To further
your future career in:

- Behavior Change
- Family Systems Medicine
- Healthcare Disparities Research
- Obstetrics/Gynecology
- Patient-Centered Care
- Reproductive Health

Collaborate with internationally renowned
faculty mentors
to develop a program that meets
your professional needs.



UNIVERSITY OF
ROCHESTER
MEDICAL CENTER

Program Goal

Our goal is to develop researchers, educators and future academic leaders in Family Medicine. As a fellow, you will learn more about the biopsychosocial model and family-oriented and patient-centered health care. Coursework includes evidence-based medicine, research methods, teaching and learning, family systems medicine, motivational approaches to behavior change, and reflective practice. Fellows will participate in scholar or research projects, give presentations at national meetings, and publish papers.

Curriculum

During the orientation block, we offer the following courses: critical appraisal and evidence-based medicine and the educational theory & practicum. Subsequently, we offer the following:

a. **Academic courses:** behavior change practicum, disease management, reflection group (for resolving challenging clinical experiences), family systems medicine practicum, learning opportunities in cultural competence and refugee health, research seminar, patient-centered and health care disparities research tutorials, journal club, and the writing group.

b. **Clinical Research:** Additional details about the MPH course curriculum are available at www.urmc.rochester.edu/cpm/index.html.

Goals and Mentors

Behavior Change

Goal: To develop clinical, educational and research skills on how to motivate changes in practitioner and patient behavior, with the goal of promoting healthy habits and self-care of chronic diseases.

Mentor: **Richard J. Botelho, M.D.** has published the book, *Motivational Practice: Promoting Healthy Habits and Self-care of Chronic*

Diseases (for professionals and lay health guides) and the guidebook, *Motivate Healthy Habits: Stepping Stones for Lasting Change* (for the general public). He has developed online learning courses, based on these books; for more details, go to www.MotivateHealthHabits.com. He is also a co-author for serial chapters in *Promoting Health through Organizational Change* by Prof. Harvey Skinner.

Family Systems Medicine

Goal: To develop clinical, educational and research expertise in family systems medicine and collaborative care, which includes intensive family therapy training as well as a focus on the practical application of family systems concepts and skills for primary care.

Mentors: **Thomas L. Campbell, M.D. and Susan H. McDaniel, Ph.D.** are co-authors of *Family-oriented Primary Care* (with David Seaburn) and co-editors of the journal *Families, Systems & Health*. **Dr. Campbell** is Associate Chair of Family Medicine, a family physician and a family therapist who has written extensively on research about families and health and family systems medicine. He is a co-author of *Families and Health* (with William Doherty). **Dr. McDaniel** is a family psychologist who spent many years working on the application of family systems concepts to primary care. She is also focused on understanding the effect of illness on interpersonal process, and bringing the biopsychosocial model to psychotherapy. This work was published in *Medical Family Therapy* (1992) and *The Shared Experience of Illness* (1996), both with Jeri Hepworth and William Doherty. She is the author of five other books. Her current work focuses on the effect of family dynamics on genetic screening and testing.

Faculty Development Fellowship Training Program
University of Rochester School of Medicine & Dentistry
Family Medicine Research Programs
1381 South Avenue
Rochester, New York 14620

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Healthcare Disparities Research

Goal: To develop basic research skills in health services research. Fellows will prepare and submit one research paper for publication and have the skills necessary to prepare a PHS 398 application for research funding.

Mentor: Kevin Fiscella, M.D., M.P.H. has a history of extensive publications and R01 grant awards in the areas of racial/ethnic and socioeconomic disparities in health and health care. He has been commissioned to prepare reports on disparities in quality by the National Quality Forum, Physicians for Human Rights, and the Agency for Healthcare Research and Quality (AHRQ). He was a member of the Institute of Medicine Committee on Design of National Healthcare Disparities Report and a member of the AHRQ study section on Health Care Quality and Effectiveness Research. He currently serves on advisory panels for Aetna, the Robert Wood Johnson Foundation, and the National Committee for Quality Assurance.

Obstetrics/Gynecology

Goal: To train fellows to practice a high level of obstetrics (including cesarean section) and/or to direct the Ob/Gyn program in a Family Medicine residency.

Mentor: Steven Eisinger, M.D. is an obstetrician/gynecologist. He is a Professor of Family Medicine and an Associate Professor of Ob/Gyn in the Department of Family Medicine and is active in Ob/Gyn teaching at the local and national level. His current active in Ob/Gyn teaching at the local and national level. His current research interests include the use of mifepristone in treating fibroids. He was a founding contributor of ALSO (Advanced Life Support in Obstetrics), and edited the most recent edition of the ALSO syllabus

Patient-centered Care

Goal: To develop researchers who will study patient-centered care and the patient-physician relationship, and their effects on health. Rochester, the home of the biopsychosocial model, has a long tradition, international recognition and rich resources to support this work.

Mentor: Ronald Epstein, M.D., a leader in research and teaching about patient-physician relationships, communication and professional competence, has published over 50 articles and chapters about communication and health. He is Principal Investigator of a large study on patient-centered care and health outcomes. His research interests dovetail with his efforts to define and assess professional competence of physicians at all levels of training and practice.

Reproductive Health

Goal: To develop leaders in family planning and abortion care for the U.S. and internationally. In this two-year academic fellowship, fellows obtain an M.P.H., work in developing countries, and perform research. Fellows play an active role as teachers/trainers. Fellows have worked in Kenya, India, Vietnam, Macedonia and Latin America.

Mentor: Eric Schaff, M.D., is a leading researcher and teacher in medical abortion and family planning. He has held leadership positions in the National Abortion Federation and Planned Parenthood Federation of America. He also directs an active training program for medical students and residents.



Department of Family Medicine

The University of Rochester Family Medicine Program, the third such program established in the U.S., was founded in 1967. Hundreds of graduates have achieved clinical and academic success across the country. The residency training program has 30 residents, and the practice has approximately 62,000 patient visits per year. The patient population is diverse, with all economic strata represented and a rich cultural and racial mix. The program has just moved into a new facility that is a short distance from the hospital.

The Rochester Community

Rochester is a metropolitan area of just under one million people. The community is prosperous and stable, with an economy based largely on high tech industries and education. Housing is relatively inexpensive, and the quality of life is high in Rochester. There are many fine museums and restaurants; theater and music opportunities are abundant. The surrounding countryside is full of recreational possibilities and is easily accessible; many faculty and residents live within walking distance of the practice. Rochester is a great place to raise a family.

Eligibility Requirements

To qualify for admission to the fellowship, you must have completed an accredited residency program; be AAFP Board-eligible or certified; be able to obtain a New York State license, hospital privileges and HMO provider status prior to starting this program; and intend to remain and practice in the United States. A strong background in the psychosocial aspects of care is desirable.

Please send an application and fellowship brochure to:

Name: _____

Address: _____

City: _____

State _____ Zip: _____

Tel: (home) _____ (work) _____

Email: _____

Please check your area(s) of interest:

- Behavior Change
- Family Systems Medicine
- Healthcare Disparities Research
- Obstetrics/Gynecology
- Patient-Centered Care
- Reproductive Health
- I am interested in a one month elective opportunity in _____

For fellowship information:

www.urmc.rochester.edu/FamMed/Teaching/

For MPH information:

www.urmc.rochester.edu/cpm/index.html

Send, call or E-mail

your request for information to:

Steve Marcus

Family Medicine Research Programs

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