
THE CLIMATE

Rochester has a four-season climate. The city is renowned for its trees and flowers, especially the lilacs, which flower in a park adjacent to the hospital. Summers are not excessively hot and allow a full range of summer activities. Fall is one of the best times of the year, with sunny days and cool nights and magnificent foliage displays. Winter is snowy but not excessively cold, and there are many opportunities for winter sports.

ELIGIBILITY REQUIREMENTS

Applicants must complete our standard [Fellowship application](#) (visit Fellowship Education on our website). References are required. Fellows are required to obtain a New York State license, hospital privileges, and HMO provider status. Selected applicants will be invited for a visit. The ideal visit is for two days, giving the applicant a chance to meet many individuals who will be important to them, and to see life in the Family Maternity Center.

APPLICATION PROCEDURE

For further information, write or call:

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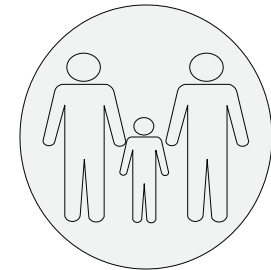
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www.urmc.rochester.edu/FamMed/teaching/fellowship

OB Fellowship
University of Rochester School of Medicine and Dentistry
Department of Family Medicine
777 South Clinton Avenue
Rochester, NY 14620 USA

Family Medicine OB Fellowship

*A comprehensive training
program developing clinical,
teaching and research skills
for family physicians*



UNIVERSITY OF
ROCHESTER
MEDICAL CENTER

An equal opportunity/Affirmative Action employer

FELLOWSHIP

The University of Rochester Family Medicine Program offers an opportunity for advanced training in maternity care.. This fellowship has two goals: (1) To train family physicians who wish to teach Obstetrics in a Family Medicine residency program or (2) To train family physicians to practice in areas where a high degree of skill and independence are required. To accomplish these goals, the following aspects of training are emphasized:

- Cesarean section and other operative skills. Fellows will perform more than 100 Cesarean sections under supervision; significant numbers of vacuums, post-partum tubal ligations, and other procedures.
- High risk obstetrics. Fellows will devote much of their time to the management of complicated obstetric patients in the labor floor setting.
- Education of residents and medical students. Fellows are expected to precept residents in the role of junior faculty. They also present several conferences and are expected to become ALSO instructors.
- A project of an educational or research nature.

Fellows are expected to be busy and continually challenged by new opportunities. However, a serious effort is made to avoid the “overwork syndrome” that occurs in some medical settings.

FELLOWSHIP DIRECTOR

Lois Van Tol, MD is a fellowship-trained family physician and an Assistant Professor of Family Medicine in the Department of Family Medicine. She is active in OB/GYN teaching. While working in rural Wisconsin, she organized a series of Maternity Care Conferences for Amish midwives and provided medical backup services for the midwives. Her special interests include include colposcopy, OB ultrasound, and breastfeeding.

Lois is a member of the Society of Teachers of Family Medicine, Physicians for Human Rights, American Academy of Family Physicians, and Physicians for a National Health Program. She has spent time in Haiti working at a rural health clinic and works with the many refugee patients at the Family Medicine Center.

NUMBER OF FELLOWSHIPS

Two fellows are accepted.

BENEFITS AND PERKS

The fellow receives a salary of \$60,000. Although outside moonlighting is discouraged, some opportunities exist for extra income from approved activities. Benefits include malpractice insurance, four weeks of vacation and CME time and money.

AFTER GRADUATION

Fellows have distinguished themselves in academic and clinical practice careers after leaving the program. No Fellow to date has been denied privileges which have been requested. A listing of former fellows is available for serious candidates to contact.

THE HOSPITAL

Highland Hospital is a small community hospital which emphasizes primary care and friendly, personalized service. There are about 3600 deliveries a year at Highland. All patients are considered “teaching” patients.

About 30 Board Certified obstetricians and 6 family physicians conduct their private practices at Highland, in addition to the Family Medicine practice. A full-time perinatologist is available for consultation and teaching. An active midwifery service began in September of 2000.

All standard obstetric interventions are available at Highland, but the hospital is also receptive to alternative styles of childbirth.

The Maternity service is staffed jointly by Family Medicine residents and OB residents, who have a long tradition of mutual respect and collaboration.

THE FAMILY MEDICINE PROGRAM

The University of Rochester Family Medicine Program, the third such program established in the U.S., was founded in 1967. Hundreds of graduates have achieved clinical and academic success across the country. Presently the program has 30 residents, about six fellows in various programs, fourteen family medicine faculty and several other faculty in psychosocial fields as well as a part-time OB/GYN.

The practice itself is lively, with over 59,000 patient visits a year. The patient population is diverse, with all economic strata represented and a rich cultural and racial mix. The practice is located in a pleasant urban neighborhood, several blocks from the hospital. Within walking distance are lovely parks and gardens, magnificent homes, working class neighborhoods and project housing. Many residents and faculty live within walking distance of the practice.

THE COMMUNITY

Rochester is a metropolitan area of just under one million people. The community is diverse, with an economy based largely on high tech industries and education. Quality of life is high in Rochester, and housing is relatively inexpensive. Out of 379 metropolitan communities, Rochester was rated #6 by the Places Rate Almanac.

There are many fine museums and restaurants; theater and music opportunities are abundant. The surrounding countryside is full of recreational possibilities and is easily accessible. Everyone agrees that Rochester is a great place to raise a family!

[Visit our multimedia “Welcome to Rochester” introduction located on our website.](#)

www.urmc.rochester.edu/fammed/about/living_rochester.cfm

