



# **Do you have PCOS?**

*Would you like help in your  
struggles with infertility,  
symptoms of PCOS,  
healthy eating  
and exercise?*

*Support group starting  
February 24<sup>th</sup> from 5:30-7 pm*

*PCOS Workbook will be supplied.  
This group will be led by our lifestyle coach,  
Beth Cerrito, Ph.D*

**Please call 487-3378  
to reserve a place and  
for further information**