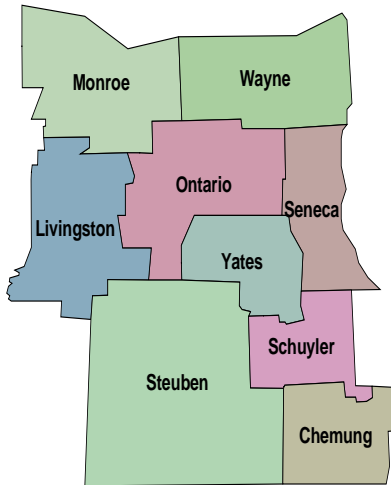


## The Finger Lakes Regional Perinatal Forum...

- Identifies regional perinatal needs
- Works collaboratively to identify groups and resources to help address these needs
- Aims to improve perinatal outcomes
- Is open to anyone who works with, or has an interest in, pregnant or newly parenting women
- Serves the nine county Finger Lakes Region including Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Wayne, and Yates



- Is organized and lead by the Perinatal Network of Monroe County and the Finger Lakes Regional Perinatal Center at Strong Memorial Hospital with the help of a planning committee comprised of representatives of the Network and the RPC as well as representatives of other perinatal organizations in the region.

## A Typical Forum Meeting

The Forum meets three times annually – in January, May, and September. The meeting location generally rotates among Dansville, Penn Yan, and Rochester. Meetings are usually from 8:30 AM to 1:30 PM and the agenda is:

- Registration, networking and coffee
- 2-3 presentations
- Breakout sessions
- Lunch with work groups
- Wrap-up and evaluation

## Past Presentation Topics

- Breastfeeding
- Perinatal smoking cessation
- Unintended pregnancy
- Finger Lakes perinatal data
- Oral health in the perinatal period
- Nutrition in pregnancy
- Sudden Infant Death Syndrome (SIDS)
- Motivational interviewing
- Stages of change

## Work Groups

Work groups focus on a specific perinatal issue and develop strategies for addressing that issue. Past and present work groups include breast-feeding, smoking cessation, contraception, oral health, and nurse managers. Work groups have designed and distributed brochures, conducted a breastfeeding survey, linked with dental health resources at the state and community level, created a county-based contact list for disseminating smoking cessation information, and provided a networking opportunity for nurse managers.

## Mini-grants

New this year, the Finger Lakes Region Perinatal Forum will be funding mini-grants aimed at improving perinatal health (including prenatal, neonatal, or both) in the Finger Lakes Region. Potential areas to be supported include projects targeting improved delivery of services, education, optimizing specific medical interventions, and program evaluation.

Any forum member may submit a grant proposal. Requested funding can be up to \$5000. Collaborative and regional projects or projects that can eventually be extrapolated to regional application are strongly encouraged.

Review criteria include regional scope, collaboration, feasibility, relevancy to the mission of the Perinatal Forum, potential impact, and replicability.

## Information on the website

See the Finger Lakes Perinatal Programs website for more information about the Forum, including future meeting times, minutes, presentations and handouts from past meetings, mini-grant applications, and more.

<http://www.urmc.rochester.edu/flrpp/>



## Regional Perinatal Forum: NYSDOH Mandate

The New York State Department of Health (NYSDOH) requires each region to organize and implement a Regional Perinatal Forum. The NYSDOH broadly charges these forums with identifying regional perinatal needs, identifying resources and groups available to focus on meeting these needs, and developing plans to successfully address these needs with the intent of improving perinatal outcomes.

The forums are envisioned to include a broad spectrum of representation of county and community organizations, consumer groups, third party payers, and other groups with an interest in perinatal care and outcomes.

The Forum uses data as needed in formulating action plans, and operates on a broad – i.e. regional or county – level rather than at the hospital level.

By working together towards common goals, the various stakeholders in the Finger Lakes Region can better understand each other's strengths and issues, and pool available resources and talents to work toward improving perinatal outcomes.

The Finger Lakes Regional Perinatal Forum has been meeting since September 2002.

### For more information...

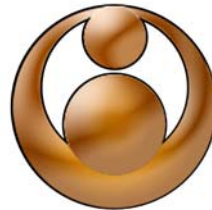
Please visit the Regional Perinatal Forum link on the Finger Lakes Perinatal Programs website at <http://www.urmc.rochester.edu/flrpp/>

**To be added to the Forum contact list,** please send your:

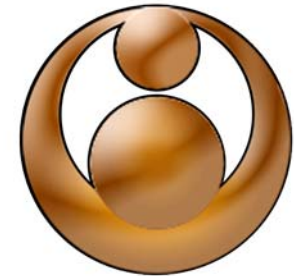
- Name
- Title
- Institution/ agency name
- Work address
- County (or Counties) you work in
- Phone and fax numbers
- E-mail address

to Irina Lazurenko by  
e-mail [irina\\_lazurenko@urmc.rochester.edu](mailto:irina_lazurenko@urmc.rochester.edu),  
fax (585) 276-2333 or telephone (585) 273-2614.

***All Forum notices will be sent by e-mail unless you indicate that you wish to have them sent by U.S. mail.***



# Finger Lakes Regional



# Perinatal Forum