



## New York State Department of Health Office of Health Emergency Preparedness

### Disaster Mental Health (DMH) Modular Training

#### **Description:**

In 2005-2006, the New York State Office of Mental Health (OMH) and the New York State Department of Health (MYSDOH) worked together with the University of Rochester Medical Center to develop a statewide comprehensive disaster mental health training program entitled, "Disaster Mental Health: A Critical Response". In an effort to continue to maintain disaster mental health skills additional modular training has been developed by the Institute of Disaster Mental Health (IDMH) at SUNY New Paltz. Description of modular training is as follows:

- Assisting People Exposed to Radiation – This four hour module was first offered during 2010-11 and will be offered again for individuals who were not able to attend or want a refresher. Module will be offered @ 8:00am - 12pm and is intended to address the psychosocial needs of individuals exposed to radiation. In-class exercises will offer an opportunity to practice the skills needed to work with these individuals and their families in the aftermath of radiation exposure.
- Disaster Mental Health: Essential Principles and Practices – This new, four hour module, will be offered @ 1pm – 5pm with the goal of reinforcing a participant's core knowledge about disaster mental health. Additionally, participants will be brought up to date on the most current developments and practices in the field of disaster mental health.

The recommended prerequisite prior to attending these modules is the completion of Disaster Mental Health: A Critical Response which will provide the basic fundamentals of disaster mental health.

These modules will not be offered in a "train the trainer" format which will allow a person to attend without being required to follow-up with a provider course in their facility.

### **Training Dates and Locations**

All modules will be offered the same day and held on the dates and areas listed below. Additional information regarding site location for each training will be provided when you register.

January 25, 2012	Mid Hudson	February 8, 2012	Lake Placid
January 26, 2012	Suffolk	March 27, 2012	Buffalo
January 27, 2012	Nassau	March 28, 2012	Rochester
February 7, 2012	Albany	March 30, 2012	Syracuse

### **Instructors**

Mary Tramontin, Psy.D.

Clinical Psychologist, Department of Defense,

Co-author, Essential Principles and Practices module

Co-author, Disaster Mental Health: Theory and Practice textbook.

Karla Vermeulen, Ph.D.

Visiting Assistant Professor, Psychology Dept. SUNY New Paltz

Deputy Director, Institute for Disaster Mental Health, SUNY New Paltz

Co-author, Essential Principles and Practices

Co-author, Assisting People Exposed to Radiation

### **How to Register**

Registration will occur through the NYSDOH Learning Management System (LMS). To register for modular training please follow attached instructions.

**Registration deadline is 3 days prior to training.**

### **LMS Questions**

Questions may be directed to [edlearn@health.state.ny.us](mailto:edlearn@health.state.ny.us) or your Regional Resource Center.

### **Training Questions**

Direct questions to [prepedap@health.state.ny.us](mailto:prepedap@health.state.ny.us) or (518) 474-2893.