

Schedule of Events

# Southern Tier Neuromedicine Update

An Overview for the Advanced Practice Provider

3:30 pm	Registration	DINNER SERVED	
4:00 pm	Neuro-endocrine Disorders: More Common than You Think Cathy Hastings, ANP-C	6:30 am	Management of Normal Pressure Hydrocephalus (NPH) and Hydrocephalus Susan O. Smith, ANP-C
4:45 pm	Angiosuite: The New Neurosurgical Operating Room Kim Page, ANP-C	7:15 pm	The Low-Down on Low Back Pain: Diagnosis and Treatment Jennifer Willison, CNRN, MS, ANP
5:30 pm	Break	8:00 pm	Question & Answer
5:45 pm	Clinical Pearls for Pain Management in Primary Care Shirley Rast, MSN, FNP-BC, Pain-C	8:15 pm	Session Close

Registration

Person(s) wishing to register should complete and return the Registration Form by **September 25, 2012** to:

University of Rochester Medical Center  
Department of Neurosurgery  
601 Elmwood Avenue - Box 670  
Rochester, New York 14642

Phone: 585.275.8344  
Fax: 585.756.5183

Accreditation and  
Certification Statements

The University of Rochester School of Medicine and Dentistry is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Rochester School of Medicine and Dentistry designates this live activity for a maximum of 4.0 *AMA PRA Category 1 credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Program grants credit to physicians, nurse practitioners and physician assistants only.

CME Voucher Award Program

The CME Voucher Award Program has been developed to recognize the efforts of the Medical School’s community based preceptors, to encourage their continued involvement, and to acknowledge the importance of their contributions.

Vouchers can be redeemed ONLY for activities certified through the University of Rochester Center for Experiential Learning. Instructions for use are on the Vouchers. A limited number of “voucher” registrations will be available for any given activity. Vouchers are redeemed on a first come-first served basis. If you are interested in becoming a preceptor, please contact the Ambulatory Clerkship Office at (585)273-1615.

Registration Form

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Please Return this form with registration fee to:

University of Rochester Medical Center  
Department of Neurosurgery  
601 Elmwood Avenue - Box 670  
Rochester, New York 14642

PLEASE PRINT

Name/Title

\_\_\_\_\_/\_\_\_\_\_  
Two-digit Birth (Month/Day) - *required*

Address

City/State/Zip

Institution/Affiliation

Practice Specialty  
(\_\_\_\_\_) \_\_\_\_\_  
Contact Phone  
(\_\_\_\_\_) \_\_\_\_\_  
Fax

Email (required)

Special Dietary Needs

FEES

\$ 40      Advanced Practice Provider

METHOD OF PAYMENT  
check payable to:  
URMC Department of Neurosurgery

*\*All fields must be completed for credit.*

This conference will take place at:

**Elmira Country Club**  
1538 W. Church Street  
Elmira, New York 14905

**Who Should Attend**

This activity is intended for Nurse Practitioners and Physician Assistants in the areas of internal medicine, family practice, pain management, neurology, neurosurgery, orthopedics, oncology, endocrinology, radiology and those who care for patients with spinal, cerebrovascular, neuro-endocrine and chronic pain disorders.

**Objectives**

At the conclusion of this activity participants should be able to:

- Identify and become familiar with the treatment of hemorrhagic and ischemic stroke treated in the angiosuite vs operating room.
- Discuss the multidisciplinary neuroendocrine approach to evaluation, diagnosis and management of patients with pituitary disorders.
- Review and discuss current treatment options for low back pain including conservative treatment, specialized pain management, surgery or other modalities.
- Identify modalities for management of chronic pain, opioid risk stratification, and triage of the pain patient.
- Identify the evidence based clinical diagnostic criteria for idiopathic normal pressure hydrocephalus.

**Topic Info/Needs Assessment**

This program aims to provide a comprehensive presentation of several Neuromedicine related conditions to Advanced Practice Providers in the Southern Tier based on needs highlighted from various sources. Needs identified include the following topics:

- **Stroke:** The New York State Department of Health has indicated that Stroke remains the leading cause of disability and the third leading cause of death, both in the U.S. and New York State. According to the American Stroke Association, on average, someone has a stroke in the U.S. every 40 seconds resulting in one stroke related mortality every three to four minutes. The New York State Department of Health’s Cardiovascular Health Plan for 2004-2010 calls for organized stroke care that encompasses prevention and management of key risk factors as well as increased availability of fast, appropriate emergency care. This program will aim to highlight risk factors related to stroke as well as create a network for enhanced patient care.
- **Neuro-Endocrine:** The purpose of this activity segment is to inform the target audience of the recent advances in the multidisciplinary management of neuro-endocrine disorders. The management of these disorders is not well covered in most training programs and is underrepresented in CME type programs. The topics that are chosen, aim to provide a broad introduction to the fields and address particular challenges that the target audience face in the care of these patients. It is expected that the audience would gain a better understanding of the surgical and medical management of these diseases and better understand the supportive care needs of the patient.
- **Spinal Disorders & Pain Management:** Back pain is a leading reason that patients seek medical care. The American Academy of Pain Management characterizes chronic pain as the “silent epidemic.” The vast majority of these visits are to primary care physicians, the target audience for this activity. Unwarranted variation and lack of coordination in the case of these patients is an accelerating trend leading to inferior outcomes at greater cost to the community. The goal of this portion the activity is to educated primary care physicians about recent advances in diagnostic assessment and treatment of patients with acute and chronic low back pain. National authorities in the field of spine care have called for greater adherence to evidence-based guidelines in clinical decision making for pain of spinal origin.



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[www.rochneuro.com](http://www.rochneuro.com)

**Southern Tier  
Neuromedicine Update**

An Overview for the Advanced Practice Provider

**Wednesday  
October 3, 2012**

**Elmira Country Club**  
1538 W. Church Street  
Elmira, New York 14905  
**3:30 p.m. - 8:15 p.m.**

Presented by  
**Southern Tier  
Neuromedicine**  
a division of  
**Rochester Neurosurgery Partners**  
and  
**Department of Neurosurgery**  
University of Rochester Medical Center