

PDC in Medical Family Therapy Course Descriptions Summary

PDC Core Courses

PSI 421 Fundamental of Family Therapy Practice

Clinical externships are designed to develop and extend therapists' skills working with a variety of marital and family problems. Skills are developed through live supervision which is the cornerstone of the clinical extern's training. The trainee is provided with an in-depth opportunity to integrate family therapy theory and techniques with issues of culture, ethnicity, gender, health, and larger systems concepts. The groups form treatment teams, headed by the trainer. The context teaches trainees to be part of an interdisciplinary team and to provide short and long term consultation and psychotherapy.

PSI 425 Special Topics in Integrated Care Practices

The Special Topics in the Practice of Integrated and Collaborative Care course is designed to meet the learning needs of advanced trainees who are interested in the implementation of advanced skills in the practice of integrated and collaborative care models in medical settings. The course focuses on special topics such as primary care, special care, life cycle themes, and specific illnesses. Trainees will practice skills within a small group and live supervision learning environment. Course materials and readings are integrated into a skills based approach that covers the essentials of integrated and collaborative care models.

PSI 426 Integrated Mind-Body Practices

The Integrated Mind-Body Practices course is designed to meet the learning needs of advanced trainees who are interested in the developing medical family therapy practice skills with particular focus on somatizing patients. The course focuses on the treatment of somatoform disorders within a small group and live supervision learning environment. Course materials and readings are integrated into a skills based approach that covers the essentials of medical family therapy.

PSI 433 The Practice of Medical Family Therapy

TBA

PSI 498 Medical Family Therapy Intensive

This week long intensive blends didactic and experiential methods including looking at self-of-the-therapist issues via small group family of origin presentations to teach students how to work with families dealing with illness and how to collaborate with physicians and other health care professionals.

PSI 539 Family Therapy Theory and Technique

The Family Therapy Theory and Technique will introduce the major theories and clinical approaches in Marriage and Family Therapy. The course complements the Foundations of Clinical Practice in Family Therapy (PSI 541) and the Life Span and Intergenerational Patterns (PSI 545) course.

PSI 548 Family Therapy Ethics and Professional Practice

In Ethics students will learn the AAMFT Ethical Code expectations dealing with such issues as confidentiality, dual relationships, individual and family welfare, etc. Relevant legal guidelines and professional practice standards are also reviewed. Students will also address personal issues related to the impact of values, beliefs, and culture on the practice of family therapy.



PDC in Medical Family Therapy Course Descriptions Summary

Clinical Practicum

PSI 587 & 588 Clinical Practicum

Clinical Practicum will provide matriculated students the opportunity to develop clinical practice skills in family therapy skills in one of several psychiatric and health care settings in the community. Clinical practicum consists of a broad range of supervised clinical activities. Students complete 500 client contact hours.

Clinical sites:

- Family Therapy Services - Department of Psychiatry, URMC
- Woman's Health Practice, URMC
- St. Joseph's Neighborhood Center
- Family Medicine Center, Highland Family Medicine
- Monroe Community Hospital

PDC Course Electives

PSI 486 Supervision

This 30 hour course is for individuals seeking the AAMFT Approved supervisor designation. Participants will become familiar with supervision literature, theories, techniques and skills.

PSI 542 Clinical Assessment in Family Therapy

This course prepares students for working with families through advanced readings in family therapy interviewing, role play, and videotape review of faculty and others. The course will also provide students with their first experience with supervised clinical work. Initially cases will be seen conjointly by the student and faculty and then seen in live supervision.

PSI 543 Psychopathology and Systems

In this seminar students will learn traditional diagnostics and psychopathology within a systems framework. The course will enable students to approach families from a biopsychosocial systems assessment paradigm.

PSI 545 Human Development Across the Family Life Cycle

This course is designed to be an introduction to key concepts in human development paradigms; family life cycle theory and clinical applications; lifespan development issues within one's own family of origin experience; and relevant transgenerational theories, including Bowen, Boszormenyi-Nagy, and Framo.

PSI 560 Narrative and Integrative Approaches to Family Therapy

Narrative will focus on the use of language, storytelling, metaphor and the construction of meaning in family therapy and in the life of the therapist. Students will review cutting edge literature from multiple disciplines interested in how language and storytelling shape people's lives.

PSI 562 Family Therapy Practice

This course is a continuation of Clinical Practice I. It includes live group supervision of family therapy practice. These groups will be lead by an American Association for Marriage and Family Therapy (AAMFT) Approved supervisor. All clinical visits will be observed and videotaped for student learning and treatment planning. All participants will share in case planning and debriefing.

PDC in Medical Family Therapy Course Descriptions Summary

PSI 564 Family Law, Policy and Social Services

This course prepares Marriage and Family Therapy Trainees (and other mental health practitioner trainees or post-degree professionals) to integrate pertinent legal information and social policy issues as they relate to divorce, custody, and partner violence into their clinical practices. The course content focuses on the legal contexts and procedures relevant to the intersection of MFT/MH practice and the law. A moot court practice role-play is a key component of this course.

PSI 566 Couples Therapy

Couples Therapy will teach students couples therapy theory and technique using readings in the field and examination of videotape, role play experiences and other case material.

PSI 570 Gender, Human Sexuality and Culture

In Gender, Human Sexuality and Culture students will develop a historical perspective on the issues related to gender, race and culture in family therapy. Students will learn the role that gender, race, ethnicity, sexual preference and cultural beliefs play in family life and clinical practice.

PSI 572 Family Therapy Research

In Family Therapy Research students will be introduced to quantitative and qualitative methods in family therapy research and will learn to critically examine and utilize research findings in clinical practice.

PSI 574 Child-focused Family Therapy

In this course students will learn about child development including an overview of both normal and abnormal development. Students will also learn how to work with children clinically in the context of family therapy.