

MEN'S HEALTH DAY

Stay in the Game with Coach MARV LEVY

Friday, September 11 | Rochester Hyatt Regency Hotel



www.URMC.edu

FOR MORE INFORMATION
or to find a doctor please call (585) 275-2838.



MEDICINE of THE HIGHEST ORDER

Event Schedule:

7:00 **Check In**

8:00 **MAIN BALLROOM:**

WELCOME REMARKS | **Kathy Parrinello, RN, PhD**
Chief Operating Officer, Strong Memorial Hospital

PROGRAM INTRODUCTION | **Jean Joseph, MD, MBA**
Head- Section of Laparoscopy and Robotic Surgery
Associate Professor of Urology and Oncology

KICK OFF: Maintaining Your Health Season After Season | **Roger Oskvig, MD**
Associate Professor of Medicine and Dentistry, Highland Hospital

SPECIAL GUEST: Donald Distasio, CEO, American Cancer Society

9:00 **BREAK**

9:15 **Health Session One** | Please follow the schedule attached to your program

10:00 **BREAK**

10:15 **Health Session Two** | Please follow the schedule attached to your program

11:00 **BREAK**

11:15 **Health Session Three** | Please follow the schedule attached to your program

12:00 **Health Screenings and Information**

*Receive an extra raffle ticket for every screening you complete and table you visit.

12:45 **MAIN BALLROOM:**

Introduction of Keynote Speaker and Raffle Drawing | **Mark Taubman, MD**
Acting CEO, University of Rochester Medical Center
Acting Senior Vice President for Health Services

1:00 **KEYNOTE SPEAKER Marv Levy**

2:00 **Thank You and Closing Remarks** | **Jean Joseph, MD, MBA**
Head- Section of Laparoscopy and Robotic Surgery
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HEALTH SESSION TOPICS AND SPEAKERS

CONTROLLING THE CLOCK: Exercise vs. The Fountain of Youth

Michael Maloney, MD
Director, University Sports Medicine
Associate Professor of Orthopaedics

Gregg Nicandri, MD
Assistant Professor of Orthopaedics, URM Orthopaedics and Rehabilitation

Andy Duncan, MS, PT, SCS, ATC, CSCS
Chief of Sports Rehabilitation, URM Orthopaedics and Rehabilitation

VETERAN ADVICE: Prostate Health and Sexuality

Dragan Golijanin, MD
Assistant Professor of Urology

Hani Rashid, MD
Assistant Professor of Urology

X'S AND O'S: Stroke Symptoms, Prevention and Treatment

Babak Jahromi, MD, PhD
Assistant Professor, Department of Neurosurgery and Imaging Sciences

SCREENINGS

- Blood Pressure
- Depression/Anxiety
- SimMan Demo
- Blood Glucose
- da Vinci Robot
- Varicose Veins/
Venous Insufficiency

HEALTH INFORMATION

- American Cancer Society
- Center for Community Health
- Department of Neurosurgery
- Division of Plastic Surgery
- Eastman Dental
- Evarts Joint Center
- The Highlands at Pittsford
- University of Rochester Eye Institute
- University Urology
- University Vein Care Specialists
- URM Nutrition/Weight Management
- URM Orthopaedics and Rehabilitation
- Wilmot Cancer Center

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