

MEN'S HEALTH DAY

Stay in the Game with Coach MARV LEVY

Friday, September 11 | Hyatt Regency Hotel | Rochester, NY

MEN'S HEALTH DAY is presented by the University of Rochester Medical Center. The program is designed for men over age 45. **FREE PARKING** at the Hyatt Regency Hotel.

Event Schedule:

7:00 am	Check In
8:00 am	KICK OFF: Maintaining Your Health Season After Season
9:00 am	BREAK
9:15 am	X'S AND O'S: Stroke Symptoms, Prevention and Treatment
10:00 am	BREAK
10:15 am	CONTROLLING THE CLOCK: Exercise vs. The Fountain of Youth
11:00 am	BREAK
11:15 am	VETERAN ADVICE: Prostate Health and Sexuality
12:00 pm	Health Screenings and Vendors
12:45 pm	LUNCH and Keynote Speaker Coach MARV LEVY
2:00 pm	Closing Remarks and Raffle Drawing



Cost is \$10 per person. Reservations must be made by phone (credit cards only).

Please call 275-2838 to reserve your seat. Space is limited, please register by August 28th.

For more information on MEN'S HEALTH DAY, please visit us online at: menshealth.urmc.edu.



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MEDICINE of THE HIGHEST ORDER