

Am I immunized from Swine flu in 1976?

If you are 33 years old or younger, you have not yet been exposed to this 1976 Swine flu virus. You should get 2009 H1N1 vaccine. If you are older than 33 years, you may or may not be partially protected because the 2009 H1N1 virus is different from 1976. To get full protection from H1N1 flu is to get the 2009 H1N1 vaccine when available. This is especially important for high risk groups – they should get H1N1 vaccine.