

Healthy Signs

June 2011

National Center for Deaf Health Research

Mission of NCDHR:

To promote health and prevent disease in the Deaf and hard of hearing populations through community-based participatory research.

This Issue's Topics

Welcome to our New Home
Summer Interns

Working for a Healthy Deaf Community

Did you Know?

There are web-based ASL videos about health topics. Go to [NCDHR Website](#) and click "Links" on the top menu.

The Online Deaf and Hard of Hearing Community Resource Directory lists over 100 agencies and programs. To check it out, click the icon below:



Welcome to the New Home of NCDHR!



After months of planning and building, the much anticipated Clinical and Translational Science Building (renamed as the Saunders Research Building or SRB) finally opened! In April 2010, NCDHR packed up and moved to the new building. NCDHR is located on the 3rd floor with the Department of Community and Preventive Medicine (DCPM). While there were a few bumps during the move, the transition was relatively smooth.

What does this new building now offer to NCDHR and the community? The eco-friendly building has large glass windows, allowing for more natural light and an open work atmosphere. The work area was designed for more communication among departments and co-workers.

Parking for our community partners and volunteers (non-UR employees) will remain free. When you visit NCDHR, **please park in Saunders Building Visitor Lot, located in front of the new building.** Take out a ticket from the machine to get into the parking lot.

Our secretary, Jamie Marsden, will provide you a parking validation ticket and instructions on how to leave the lot.

There are two conference rooms with accommodations for Deaf and hard-of-hearing people. The Pearson Conference Room, located on the first floor (Room 1416), is a large meeting space with chairs set up in a circle or U-shape. The walls are painted the same dark blue as the old building at Corporate Woods to help reduce eye strain when communicating in sign language. An assistive listening system is also installed in the room (see photo below).



The second conference room, a smaller meeting room, is on the third floor (Room 3223) with the same dark blue walls for visual communications.

NCDHR appreciates the help and the patience everyone has shown and provided during our move. Be on the look out for an upcoming open house so that we can warmly welcome you. We look forward to seeing you in the new building!

Please note our new contact information on the bottom of this Newsletter!

265 Crittenden Blvd. · CU 420644 · Rochester, NY 14642
Phone: (585) 275-0560 · TTY: (585) 276-1137 · VP: (585) 286-2776 · Fax: (585) 461-4532
www.urmc.edu/ncdhr · ncdhr@urmc.rochester.edu

This newsletter was supported by Cooperative Agreement Number U48-DP-001910 from the Centers for Disease Control and Prevention (CDC). The findings and conclusions in this newsletter are those of the author(s) and do not necessarily represent the official position of the CDC.

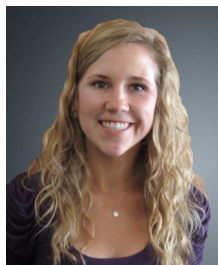
NCDHR Summer Interns



Tara Holaday is currently serving as a summer intern at the National Center for Deaf Health Research. She was born and raised in small

town on the farm in central Illinois and her hobbies include sports, outdoor activities, and traveling.

Tara is a fourth year student at Rochester Institute of Technology (RIT) where she is earning her Bachelor of Science degree in Biomedical Sciences with a minor in Exercise Science (expected May 2012). Her future career goals include entering into a Physical Therapy program emphasizing on sports and physical activity. Tara was an highly accomplished athlete during high school and college, however due to sports-related injuries and surgeries to her knee, her passion and energies are focused on helping young and older people prevent sports-related injuries and maintaining an active and healthy lifestyles.



Heather Anderson is one of the three summer research interns that is working with NCDHR and the Department of Community and

Preventive Medicine at the University of Rochester Medical Center. Heather was born and raised in St. Paul, Minnesota. She attends North Central University in Minneapolis where she is completing her Bachelor of Arts degree (December 2011), majoring in ASL Interpreting and Psychology. Her interests include outdoor activities, coffee, and reading.

In the future, Heather hopes to pursue a graduate degree in the field of public health focusing on community health education and epidemiology. She hopes to work with an organization promoting health and wellness within the Deaf community, following the footsteps of her Deaf mother, Denise. Denise is a state-certified Community Health Worker for Minnesota-based Deaf communities and individuals.



Kyle Gahagan is grateful to say this is his second year interning at NCDHR. Kyle is a third year Biomedical

Sciences major, along with Deaf Cultural Studies as a minor at Rochester Institute of Technology in Rochester, NY.

Kyle is originally from Baltimore, MD. Since childhood, practicing medicine seemed like a calling. He has aspiration to specialize in Otolaryngology after medical education. Also, he hopes to pursue the field of public health and social epidemiology.

He is presently enrolled into a summer program designed to enhance competitiveness of undergraduate students interested in medicine and research. The SURF (Summer Undergraduate Research Fellowship program) is sponsored by the medical school.

Outside of his studies, he enjoys skimboarding, playing racquetball as well as lacrosse.



Follow us on Twitter
@DeafHealthNCDHR.

You will receive weekly messages about NCDHR's research activities, announcements, health tips, links to healthy lifestyle websites and public health issues.



Join us in NCDHR's Fan Page.
Over 2,340 friends have joined!



Another way to receive news and announcements from NCDHR is to sign up for "NCDHR News" on our listserv. To sign up, go to www.urmc.edu/ncdhr and click on NCDHR Listserv Signup.