

Healthy Signs

March 2011

National Center for Deaf Health Research

Mission of NCDHR:

To promote health and prevent disease in the Deaf and hard of hearing populations through community-based participatory research.

This Issue's Topics

Open House at NCDHR
Upcoming NCDHR Research Projects
Deaf Strong Hospital
at St. John Fisher College

Working for a Healthy Deaf Community

National Health Observances (March 2011)

Save Your Vision Month
www.aoa.org

Workplace Eye Wellness Month
www.preventblindness.org

World Salt Awareness Week
www.worldactiononsalt.com

National Sleep Awareness Week
www.sleepfoundation.org

National Nutrition Month
www.eatright.org

For more national health observances (all months), go to:
www.healthfinder.gov/nho

"Source: 2011 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC."

Open House at NCDHR



Nearly 60 people from the Deaf community attended the March 24 open house at NCDHR. Several exciting community-based Deaf Health research projects were announced (see research projects on the next page). This open house was also a "farewell" to NCDHR's current offices at 120 Corporate Woods as NCDHR will be moving to a gleaming new home in the Clinical and Translational Science Building on the Medical Campus at the end of April. Watch out for another open house later to welcome everyone to the new building!



Dr. Steven Barnett, Associate Director of NCDHR, warmly welcomed the guests to the open house. An ASL video screening of "Deaf sign language users, health inequities and public health: opportunity for social justice," was shown to an attentive audience. This video is posted on CDC website: www.cdc.gov/pcd.



Dr. Robert Pollard (left) described how the Deaf Wellness Center produced the ASL video for the CDC. John T. Reid, Chair of the Deaf Health Community Committee, (middle) encouraged any interested people to join the DHCC. Dr. Mike McKee (right) outlined his research goals and activities, which are aimed at understanding how health literacy impacts the health of the Deaf community.

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Upcoming NCDHR Research Projects

Research Project	Project Timeline	Eligibility
Deaf Weight Wise Cognitive Interviews	Now Accepting	Deaf Adults (Age 40 – 70)
BOCES Students Focus group	Now Accepting	Deaf High School Students
Deaf Health Literacy Cognitive Interviews	Feb.— Mar. 2011	Deaf Adults (Age 40 – 70)
Deaf Healthcare Survey	Spring 2011	Deaf Adults (Age 18 and up)
Deaf Health Literacy	June-July 2011	Deaf Adults (Age 40 – 70)
Deaf Weight Wise	Summer 2011	Deaf Adults (Age 40 – 70) who are overweight or obese
Memory and Sign Language	Now Accepting	Men ages 55—74; women ages 65—74
Relationship Conflict	Now Accepting	People who provide services to deaf individuals who experience partner violence
Relationship Conflict	Summer, fall, winter 2011	Deaf people who have experienced partner violence
Relationship Conflict	All year, 2012	People (deaf or hearing) who have participated in partner violence in relationships where one or both partners was a deaf person

Deaf Strong Hospital at St. John Fisher College

NCDHR and its community partner, the Deaf Health Community Committee, collaborated with the schools of pharmacy and nursing at St. John Fisher College (SJFC) to conduct Deaf Strong Hospital (DSH) last March 23. DSH is a role-reversal exercise in which the graduate students become “patients” who seeks medical attention from “doctors” who are American Sign Language users from the Rochester Deaf community.

the students try to adapt by communicating through finger-spelling, sign language, gestures or writing notes.



Since being Deaf is the norm in this hospital, no speaking is allowed. Instead



SJFC showed their appreciation of our collaboration and hard work by bringing a nice cake!

