

There is a lot of information about the N1N1 (Swine Flu) being shown on the news right now. Here are some useful points to help you better understand about this germ (virus) as well as how to take steps to minimize your risk to exposure of this germ. Do let your family, friends and co-workers know about these simple preventive steps on this website. If you are interested in learning more about H1N1 (Swine Flu), there are links on this webpage.