

## REGISTRATION FORM

Institution: \_\_\_\_\_

\_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_

State, Zip Code: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Number of Students per Session: \_\_\_\_\_

Institution's Website: \_\_\_\_\_

\_\_\_\_\_

### Return Registration Form to:

Peri-FACTS  
University of Rochester Medical Center  
601 Elmwood Avenue, Box 668  
Rochester NY, 14642  
or  
Fax: (585) 276-2080

### Any Questions:

Call: 1-800-285-2366  
E-mail: Peri-FACTS@urmc.rochester.edu

# Peri-FACTS®

## Teaching Fetal Monitoring to tomorrow's nurses today

*"I certainly appreciate this cutting edge program for students, given faculty load for teaching. Also, the Peri-FACTS Student Tutorial and support staff have helped me feel confident in students' foundational fetal monitoring skills and ability to pass NCLEX in that area."*

Professor Joanne Stevens, PhD, RN  
SUNY Brockport, Brockport, NY

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# Peri-FACTS®

## Student Tutorial

### An Introduction to Fetal Heart Rate Monitoring



## **PERI-FACTS®** **STUDENT TUTORIAL**

### **An Introduction to Fetal Heart Rate Monitoring**

Peri-FACTS® has developed an online tutorial that introduces students to the basics of fetal heart rate monitoring.

Since 1991, one of our goals has been to encourage communication and use of the same terminology among obstetric care providers. By teaching the National Institute of Child Health and Human Development's (NICHD) nomenclature for fetal heart rate interpretation to students, we hope to achieve that goal.

### **LEARNING OBJECTIVES**

Upon completion of the Peri-FACTS® Student Tutorial, the learner will be able to:

- Describe components of a fetal heart rate (FHR) tracing.
- Determine the FHR baseline.
- Describe periodic and episodic FHR changes as they relate to accelerations and decelerations.
- Describe FHR variability.
- List the characteristics of uterine activity.
- Identify early, late and variable decelerations and explain their physiologic causes.
- Describe appropriate interventions for FHR tracings.

***“I feel lucky that our students had this opportunity. This was an invaluable learning tool. I am pleased to have it offered. I will use this program again...”***

Professor Deborah Franklin, RNC  
Ohlone Community College, Fremont, CA

## **WHO CAN PARTICIPATE AND** **WHAT DOES IT COST?**

This program currently is being offered to all Nursing Schools for their students-

**FREE OF CHARGE.**

### **HOW DO I ACCESS THE** **STUDENT TUTORIAL?**

Peri-FACTS® Student Tutorial is accessed through our website at <http://www.urmc.rochester.edu/obgyn/Peri-FACTS>.

Click on the “Peri-FACTS Subscribers Only” icon in the upper right-hand side of the screen and logon with your assigned username and password.

***“The students did very well on the quiz I gave them here. There were perhaps 10 to 12 questions related to fetal monitoring and it’s the first year that I can say they actually understood the material during my lecture and the quiz confirmed it. I love it!”***

Professor Linda J. Kapinos RNC, MSN, IBCLC  
Capital Community College, Hartford, CT

### **HOW DO I REGISTER?**

Complete and return the Registration Form found in this brochure to the address listed at the bottom of the form.

Upon receipt of the Registration Form, we will e-mail you your assigned username(s), password, and logon instructions. The number of usernames you receive is determined by the number of students you teach per session.

## **COURSE CONTENT**

### **Reading Materials**

- Introduction to Fetal Heart Rate Monitoring
- Determining Fetal Heart Rate Baseline
- Baseline Fetal Heart Rate Variability
- Causes of Fetal Heart Rate Changes
- Uterine Contractions/Intrauterine Pressure Catheter
- Fetal Heart Rate Decelerations- Early, Late, and Variable
- Interpreting the Fetal Heart Rate- What is Your Next Step?

It is recommended that students review the materials in the order shown, as each topic builds from the previous topic.

### **Educational Videos**

The Peri-FACTS® Channel presents short, educational videos through out the tutorial that reinforce the learning materials.

### **Overview Test**

The Overview Test reviews the information found in the reading materials and requires students to interpret fetal heart rate tracings. After completing and submitting the test, a printable grade is displayed immediately, as well as explanations for the answers.

### **Evaluation**

Evaluation forms are sent periodically to instructors. We ask that you complete them, as your input is invaluable as we strive to make this the best learning experience for your students. Students will be able to complete their evaluation forms online.