

## **WHO GETS IT AND WHAT DOES IT COST?**

This program is being offered to all Nursing Schools—

**FREE OF CHARGE.**

## **LEARNING OBJECTIVES**

Upon completion of the **Peri-FACTS** Student Tutorial, the learner will be able to:

- Describe components of a fetal heart rate (FHR) tracing.
- Determine the FHR baseline.
- Describe periodic and non-periodic FHR changes as they relate to accelerations and decelerations.
- Describe FHR variability.
- List the characteristics of uterine activity.
- Identify early, late, and variable decelerations and explain their physiologic causes.
- Describe appropriate interventions for FHR tracings.

*"I certainly appreciate this cutting edge program for students given faculty load for teaching. Also having the student Peri-FACTS Student Tutorial and support staff has helped me feel confident in students' foundational fetal monitoring skills and ability to pass NCLEX in that area."*

*Professor Joanne Stevens, PhD., R.N.  
SUNY Brockport, Brockport, NY*

## **HOW DO I ACCESS THE STUDENT TUTORIAL?**

The **Peri-FACTS** Student Tutorial is accessed through our website at <http://www.urmc.rochester.edu/obgyn/Peri-FACTS> using Blackboard (our course management system).

Click on the "**Peri-FACTS** Subscribers Only" link in the upper right-hand side of the screen and logon with your assigned username and password.

*The students did very well on the quiz I gave them here. There were perhaps 10-12 questions related to Fetal Monitoring and it's the first year that I can say they actually understood the material during my lecture and the quiz conformed it. I love it!*

*Professor Linda J. Kapinos R.N.C., M.S.N.,  
I.B.C.L.C.  
Capital Community College, Hartford, CT*

## **HOW DO I REGISTER?**

Complete and return the Registration Form found in this brochure to the address listed at the bottom of the form.

Upon receipt of the Registration Form, we will e-mail you your assigned Blackboard username(s), password, and logon instructions. The number of usernames you receive is determined by the number of students you teach per session. Approximately 30 students can share one username, so, if you have 60 students at one time, you will be assigned two usernames.

## **COURSE MATERIALS**

The Student Tutorial is presented as follows:

### **Reading Materials**

- Introduction to Fetal Heart Rate Monitoring
- Determining Fetal Heart Rate Baseline
- Fetal Heart Rate Variability
- Causes of Fetal Heart Rate Changes
- Uterine Contractions/Intrauterine Pressure Catheter
- Fetal Heart Rate Decelerations—Early, Late, and Variable

It is recommended that students review the materials in the order shown, as each topic builds from the previous topic.

### **Overview Test**

The Overview Test reviews the information found in the reading materials and requires students to interpret 13 different fetal heart rate tracings. After completing and submitting the test, a printable grade is sent immediately, as well as explanations for the answers.

### **Reference Materials**

- Glossary of Terms
- Related Reading Materials

### **Evaluation**

We will send Evaluation Forms periodically. We ask that you complete them, as your input is invaluable as we strive to make this tutorial the best learning experience for your students.

## ***REGISTRATION FORM***

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Institution: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State, Zip: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Contact Telephone Number: \_\_\_\_\_

Contact E-Mail Address: \_\_\_\_\_

Number of Students per Session: \_\_\_\_\_

Institution Web Site: \_\_\_\_\_

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### **Return Registration Form to: Peri-FACTS**

University of Rochester Medical Center  
601 Elmwood Avenue, Box 8668  
Rochester, NY 14642

or  
Fax: (585) 276-2080

### **Any Questions -**

Call: 1-800-285-2366

E-mail: Peri-FACTS@urmc.rochester.edu

## ***Peri-FACTS...***

***Helping to educate  
the next generation of  
Obstetric Professionals***

*"I feel lucky that our students had the opportunity. This was an invaluable learning tool. I am pleased to have it offered. I will use this program again in the fall 2008 semester."*

*Professor Deborah Franklin, R.N.C.  
Ohlone Community College, Fremont, CA*

## ***PERI-FACTS STAFF***

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## **Peri-FACTS's Student Tutorial**

### ***An Introduction to Fetal Heart Rate Monitoring***

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## ***WHAT IS IT?***

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**Peri-FACTS** has developed an online tutorial that introduces students to the basics of fetal heart rate monitoring interpretation.

Since 1991, one of our goals has been to encourage communication and use of the same terminology among obstetric care providers. We currently use the National Institute of Child Health and Human Development's (NICHD) nomenclature for fetal heart rate interpretation.