



AGING WELL FOR PERSONS WITH DEVELOPMENTAL DISABILITIES

Program in Aging and Developmental Disabilities

Strong Center for Developmental Disabilities

Golisano Children's Hospital at Strong

University of Rochester Medical Center

www.urmc.rochester.edu/pediatrics/divisions/developmental_disabilities/PADD/index.cfm



Message from the Director



Kathleen M. Bishop, Ph.D., Director

AGING WELL

Spring 2009

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The PADD team members of Dr's Bishop, Henderson and Davidson, Laura Robinson, MPH, and Cathy Imhof have been busy in research, clinical practice, and training over the past quarter.

One of the major accomplishments has been the completion of the final draft of the Rochester Environmental and Sensory Processing Awareness Checklist (RESPA). This project was only accomplished through the contributions of a committee who worked diligently to create a practical and useful tool that we hope will make a difference for others. In this brochure you will see the scheduled dates for the spring sessions for the Train-the-Trainers of the RESPA Checklist. I hope that you and your organizations will take advantage of this training and awareness opportunity as the environment can enhance the quality of life for all of us as we age. For people with disabilities, awareness of sensory processing and environmental barriers can make all the difference for continued functioning and health.

It continues to be my honor and pleasure to work with all of you. I thank you for your years of support and interest in PADD's resources and hope to work with you for many more years. Together we will work towards a better understanding of aging in persons with Intellectual and Developmental Disabilities. Through that understanding aging can and will be a joyful experience.

Please let us know your concerns and needs so that we can meet them. Visit our website: www.urmc.rochester.edu/pediatrics/divisions/developmental_disabilities/PADD/index.cfm or call 585-275-6604.

Enjoy the coming spring and melting snow.

Kathleen M. Bishop, Ph.D

Rochester Series 2009

April 2, 2009

Pain in the Aging Adult: Assessment and Management Strategies

Thomas Caprio, MD

The session will be held at:

**Monroe Community Hospital
435 East Henrietta Road
Rochester, NY 14620**

9:00am—12:00pm
Registration begins at 9:00am

\$40/person per session or
\$30/ for two or more people

Through this session, the learner will be able to:

- Describe the goals of pain management
- Acquire the skills for basic pain assessment methods
- Develop an approach to assessing pain in patients with dementia
- Understanding pharmacologic and non-drug treatment options
- Discuss the appropriate use of the PRN pain medications

Rochester Series 2009

Please complete this section and submit with payment

Please make checks
payable to:
SCDD/PADD

Name _____ Title _____

Agency _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email Address _____

**Send Check &
Registration form to:**
SCDD/PADD
601 Elmwood Ave. Box 671
Rochester, NY 14642

Refunds will only be issued
for cancellations made at least
7 days prior to the session

Please indicate number of people to attend:

- 1 person (\$40) 2 or more people (\$30)

ADVANCED COURSE IN AGING AND DEVELOPMENTAL DISABILITIES: SELECETED TOPICS FOR CLINICIANS

April 17, 24 and May 1, 2009

Sponsored by the Finger Lakes Geriatric Education Center (FLGEC)

This 3-day series of trainings will provide extensive information on aging with intellectual and developmental disabilities for clinicians (RN, OT, PT, SLP, LPN, etc.) currently working in the field. Case studies, demographics, morbidity and mortality statistics and results of on-going research will be presented in relation to specific genetic syndromes, autism spectrum disorders, cultural differences, dementia, and person-centered planning.

Friday April 17, 2009

C. Michael Henderson, MD

- Causes of Mortality
- Geriatric Assessment
 - what must be included?
 - what's next?
- Special Concerns for Genetic Syndromes

Friday April 24, 2009

Laura M. Robinson, MPH

- PADD Research
 - Overview
 - Next steps
- Preventive Health Care Needs for People with IDD
- Dementia and Culture

Friday May 1, 2009

Kathleen M. Bishop, Ph.D.

- Autism Spectrum Disorders: the ultimate person-centered plan
- Women with IDD
 - lifespan concerns
 - Estrogen replacement

Registration Fee: \$30/person per session or \$75/person for attending all three sessions. Includes materials, refreshments and lunch on all days.

**Please note that space is limited to
2 people per agency**

For more information, please call 585-275-6604 or email: Cathy_Imhof@urmc.rochester.edu

This three day training will be held at:

**Oneida-Lewis Arc
245 Genesee Street
Utica, NY**

The workshop runs from 9am–4pm on all days.
Registration begins at 8:30am.

FLGEC Advanced Course in Aging and DD: 2009

Please complete this section and submit with payment

Name Title

Agency

Address

City State Zip

Phone

Email Address

Please make
checks payable to
SCDD/PADD

**Send Check &
Registration form to:**
SCDD/PADD
601 Elmwood Ave. Box 671
Rochester, NY 14642

Refunds will only be issued for
cancellations made at least 7 days
prior to the session

Please indicate which session(s) you will attend:

- April 17th (\$30) April 24th (\$30) May 1st (\$30)
 All 3 Sessions (\$75)

Rochester Environmental And Sensory Processing Awareness (RESPA) Checklist: Train-the-Trainer

3 Upcoming Sessions:

- May 14 and 15, 2009— ACLD- 807 South Oyster Bay Rd. Bethpage, NY 11714
- June 10 and 11, 2009—Summit Park Mall-Community Room, 6929 Williams Rd., Niagara Falls, NY 14304
- October - Dates to be Announced—Hosted by Genesee Arc in Batavia, NY

Registration begins at 8:30am. Sessions are held 9:00am to 4:00pm all days.

Through the combined effort of the PADD program and a team of service providers across NYS, the RESPA checklists were created in order to provide a consistent method of identifying and communicating:

- Personal preferences,
- Sensory processing abilities, and
- Potential environmental stimuli at home or in programmatic settings

that may interfere with an individual's ability to engage with others, participate in activities, and/or carry out basic functions of daily living. There are three checklists – (1) Individual, (2) Day Program, and (3) Residential. This Train-the-Trainer session will review: essentials of the aging process that may affect our sensory processing abilities, the development and goals of each checklist, and how to interpret the findings. Each participant will have time to complete one checklist during the session and make recommendations based the results. It is expected that participants will become the “experts” in completing the RESPA checklists and be able to train others at their agencies in the use of these items. RESPA checklists may be administered by staff, nurses, clinicians or family members who should receive training prior to use.

PLEASE NOTE: the RESPA Checklists are NOT validated clinical assessment tools. They have not been tested for validity or reliability and should not be used in place of formal assessment instruments.

Registration Form—RESPA Train the Trainer

Please complete this section and submit with payment

Name _____ Title _____

Agency _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email Address _____

Please make checks
payable to:
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**Send Check &
Registration form to:**
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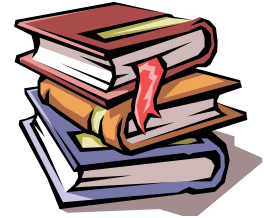
SESSION: March 5 & 6, 2009 May 14 & 15, 2009 June 10 & 11, 2009
(select one) Rochester, NY Bethpage (Long Island) NY Niagara Falls, NY

Refunds will only be issued
for cancellations made at least
7 days prior to the session

Cost: \$200/one person \$150 per person when 2 or more people register from the same agency

Curriculum Order Form

The of number people who are aging with intellectual and developmental disabilities (IDD) continues to grow, yet education for professionals who provide services for this population remains relatively limited. Thus, the Finger Lakes Geriatric Education Center (FLGEC), the Institute of Gerontology of Utica College at Syracuse University, and the Program in Aging and Developmental Disabilities (PADD) faculty have developed a series of training modules for use by health professionals who serve people with IDD.



Additional new curricula are being developed

TITLE	Cost	Quantity	Amount
Understanding Aging & Developmental Disabilities: An In-Service Curriculum Part I (2 nd Ed.)			
• Manual Only	\$35.00		
• Manual with CD ROM	\$55.00		
• Support Materials (power point presentations)	\$20.00		
Understanding Aging and Developmental Disabilities: An In-Service Curriculum: Part II with CD ROM	\$45.00		
Intellectual Disabilities: A Caretaker's Guide to Aging and Dementia (Manual ONLY)	\$25.00		
Rochester Clinical Assessment Training,			
• Manual ONLY	\$40.00		
• Manual with CD ROM	\$55.00		
TOTAL			

Name _____ Title _____

Agency/Organization _____

Address _____

City _____ State _____ Zip _____

Area Code & Phone Number _____

Email Address _____

Please enclose check payable to: SCDD/PADD
Please send Order Form and check to: Program in Aging and Developmental Disabilities
 Strong Center for Developmental Disabilities
 601 Elmwood Ave. Box 671
 Rochester, NY 14642

Would you like your contact information added to our mailing lists? <input type="checkbox"/> Yes, please add me to the list <input type="checkbox"/> No, I am already on the list <input type="checkbox"/> No, please do not add me
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In Collaboration with the University of Illinois at Chicago, PADD receives National Institute on Disability and Rehabilitation Research (NIDRR) funding for Health Outcomes Research

The Program in Aging and Developmental Disabilities PADD at the University of Rochester, with funding from NIDRR provided to the *RRTC on Aging and Developmental Disabilities-Lifespan, Health and Function* at the University of Illinois at Chicago, is undertaking an extensive research project examining disease and health compromising conditions among adults with intellectual and developmental disabilities. One aim of the 5-year project is to ascertain the health status of adults who have been diagnosed with either Autism Spectrum Disorders, cerebral palsy, Fragile X syndrome, Prader Willi Syndrome or spina bifida. A second aim is to collect data on people with intellectual and developmental disabilities of various etiologies. Findings from this study will generate information to be used in educating physicians, nurses, clinicians, family members, and other service providers to this population.

The study protocol includes data collection using the Rochester Health Status Survey-IV (RHSS-IV), a 16-page questionnaire composed of four sections: 1) demographics, 2) general physical health, 3) medical conditions including lifetime prevalence, point prevalence (last 24 months), and incidence (last 3 months), and 4) health services utilization and health surveillance. Dr. Phil Davidson is the principle investigator of this study. PADD's research proposal is currently under review at the UR's Research Subjects Review Board (RSRB). Data collection at national and international sites is anticipated to begin this spring. For more information, or if your agency is interested in participating in this study, please contact Laura Robinson at 585-275-6604 or at LauraM_Robinson@urmc.rochester.edu