



# **Pediatric Links with the Community**

## ***Community Resource Treasure Hunt***

### ***Culture, Society and Community Health***

1. In the setting of a routine illness visit, a mother says to you that she does not have enough food for her two children to last through the end of the month.

What resources might you recommend to her?

What information would you need to determine if she qualifies for WIC?

List three reasons why she might not have food for the month?

The reasons you come up with are, at this point, conjecture. How would you explore these possibilities with the mother? What would you ask? How would you ask it without making her defensive?

2. You are concerned about the borderline development and lack of stimulation at home for the children of a single mom in your clinic who is mildly retarded. The children you are seeing are 15 months of age and 3 1/2 years of age. There also is a 7-year old at home who is beginning to take advantage of his mother's limited capacity and challenge her authority saying, "*She can't even read and I can*".

What programs are available for the children to assess and address developmental delays?

Do these programs differ because of their age difference?

What after-school programs might be available for the school-aged child?

What other resources can you recommend for this mom for help with parenting skills/support?

3. Your second patient of the afternoon in continuity clinic is a 20-month old boy. You suspect that the mother is the victim of domestic violence.

How might you ask her about this?

Do you know where you might send her if she has been abused?

She hesitates to accept help and you worry that she might not access these resources. What do you do now?

Her final decision is to not seek help at this time. What is your reaction to this?

4. A family that you have been caring for have not brought their 6-month old for his well child visits. Having regularly seen their two older children you begin to worry. A phone call to their home reveals that they haven't brought him in because they lost their health insurance when they changed jobs and were worried about paying their bills. Both parents work but no longer have health insurance benefits through their new employer.

Do you know what programs to help them apply to?

Where could they have accessed free or low cost medical care for their child without having insurance?

Where could they receive immunizations without charge?

5. A 16 year old teenager comes to your office for a pregnancy test which is positive. She confides that she started to become sexually active after she was raped 3 months ago. She is not using any birth control. She hasn't told anyone about the rape and has been having difficulty sleeping and eating since it happened. She is not suicidal. She has also started drinking alcohol fairly frequently since the rape. She has no health insurance.

What are her resources for prenatal care if she decides to keep the pregnancy?

What are her resources for an abortion if she decides to terminate?

Where could you refer her for counseling about the rape?

Where could you refer her for an alcohol dependency evaluation and treatment?

If she decides to continue being sexually active, where can she get free birth control?

6. Where is your continuity clinic?

Where do the majority of your clinic families reside (zip codes?)

In what ways does your office setting reflect the diversity of your patient population?

Based on your PLC rotation and the information provided in the packet on resources in various city quadrants, review the questions above to determine which of the resources you recommended are actually available for families in your own clinic.

Are there gaps that you can identify in the services that are available for the families you are caring for?

7. You have a parent of one of your patients who is having difficulty with the behavior of a young teen, a 13 year old, and isn't quite sure what to do. The teen is beginning to fail school subjects, truant, staying away from home at night, defiant with parent etc.

Before the parent brought this to your attention, did you notice any behavioral signs?

What types of screening would you perform to assess the behavior?

Do you know of any programs to send them to?

8. More and more families have been experiencing evictions/homelessness and/or no heat as costs of rent and fuel have gone up and their wages have stayed flat. Many families have to choose between paying rent and RGE, let one or the other go. One of your families has a shut office notice from RGE.

What steps can you take to help this family?

Where would you be able to send this family to get some assistance?