

# Stepping Out: Community-Oriented News in Psychiatry



## From the Office of Mental Health Promotion Issue: August 4, 2011

### Events

- Traditional Beats, New Rhythms
- Is it Really Legal?
- Holistic Trauma Healing--Paul Boyle
- Tony Jordan Youth Sports Foundation Annual Charity Golf Tournament
- Faith & Family Workshop



### Traditional Beats, New Rhythms

**What:** This exhibition reunites three long time friends, all originally from Western New York and artists from the contemporary "Black Arts Movement" of the 60's and 70's. Their last major showing together in Rochester was in 1975 at the MAG (Memorial Art Gallery). The Baobab is honored and proud to present these living legends.

**When:** July 1 - August 27

**More information:** E-mail [moka@thebaobab.ccsend.com](mailto:moka@thebaobab.ccsend.com)

### Is it Really Legal?

**What:** Trends in community drug use. Join us for refreshments, performances, and discussion. Presented by: Region II Consortium on Alcohol and Substance Abuse Services, Adolescent Committee

**When:** Tuesday August 9th, 6:00-8:00PM

**Where:** Danforth Community Center, 200 West Avenue Rochester NY 14611

**More information:** Free and open to youth, parents, and the entire community! Contact [isitreallylegal@gmail.com](mailto:isitreallylegal@gmail.com) or (585) 473-2464 x235

### Holistic Trauma Healing - Paul Boyle

**What:** Paul is an internationally recognized trauma expert and has worked extensively

with refugee populations in Africa and the Middle East (you can see more on his website at <http://www.holistictraumahealing.org>)

**When:** August 11, 12, and 13. Proposed schedule for each day is below. August 13 is for individual consultations. (If so, please contact me as soon as you can. Cost is \$100/hr).

**Where:** Rochester General Hospital, 800 Carter Street Rochester

**More information:** Any questions, contact Michael Boucher at 325-5260 or at [mboucher@sjncenter.org](mailto:mboucher@sjncenter.org).

### **Thursday, August 11**

Thursday's sessions are intended for a smaller group of RCORR affiliates and colleagues so that we can have focused, local-based conversations with Paul that address the on-the-ground experiences and needs of people. There is no charge for these sessions. The bulk of the conversation would be question and answer for each. Specific questions could be submitted ahead of time to give Paul time to prepare responses. These sessions will be held at the Wilson building at RGH in Conference room C. The conference room is on the second floor.

**9am – noon**– Exploring the Effects of Trauma and Hardship on Refugees in Educational Settings (Session focused on Educators and Teachers)

**1pm - 4**– Exploring the Effects of Trauma and Hardship on Refugees in Health Care Settings (Session focused on Health Care Professionals)

**6:30 – 9pm**– Reflecting on the Road We Have Walked: Helping Refugee Leaders Address the Effects of Trauma and Hardship in Their Communities (This session is specifically for refugee leaders and a select group of others who work closely with leaders to discuss the complexities of this work, specific cultural manifestations of trauma that they see and strategies that leaders can utilize in their work as leaders.)

### **Friday, August 12**

**9am – 4pm** -Helping Refugees Heal from Trauma and Hardship Rochester General Hospital, TWIG Auditorium, Cost:\$20 (to cover parking and lunch)

This 'workshop' will include people from across Upstate NY and will explore the dynamics of trauma and its effects on people. It will explore how we can make our work more 'trauma-informed' and emphasize how to help people work through trauma. The presentation will draw heavily on Paul's experience in multiple countries, a methodology he is developing, and specific techniques he uses.

### **Tony Jordan Youth Sports Foundation Annual Charity Golf Tournament**

**What:** The proceeds from this year's tournament will help benefit the Foundation's initiative which "supports youth sports done right" in the City of Rochester. 100% of all the proceeds go to support City based youth sports programs. Your participation as a

sponsor or a golfer includes: 18 holes of golf w/cart, lunch, gifts, prizes, and an award reception.

**When:** Friday, August 12th. Registration begins at 9:30am. Tee-time 11am.

**Where:** Wildwood Country Club, 1201 Rush West Rush Road, Rush NY

**More information:** Please consider putting together a foursome and join us on the course. Also consider becoming an event sponsor or hole sponsor. Gifts in kind and tax deductible donations will also be accepted and appreciated. Contact Florence Clemmons, Tournament Director [florenceclemmons@gmail.com](mailto:florenceclemmons@gmail.com) or at (585) 334-4587 or visit our Web site at <http://www.tjyouthsportsfoundation.org/>. Registration forms are attached above.

### **Faith & Family Workshop**

**What:** The role of faith in overcoming domestic violence. Ms. Laretta Pierce, CEO Covenant Cookies will be the keynote speaker. Ms. Pierce is a survivor of domestic violence who credits her remarkable climb from violence and poverty to safety and prosperity to her faith in God and His profound grace. Her incredible journey and the power of her faith -- which guided her then and is the foundation of her life today -- will inspire and motivate. Ms. Pierce speaks around the world and has been featured on ABC News, TBN and more.

**When:** Saturday, September 17th, 2:00pm-9pm

**Where:** Roberts Wesleyan College Cultural Life Center, 2301 Westside Drive

**More Information:** Free event! Advanced registration required. Call 425-1580 for information or [Register here](#).

### **Reminders**

- Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.
- To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at [Psychiatry Department: Office of Mental Health Promotion](#)

For more information on events in the community check out the [DBSA Website](#)

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