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Stepping Out Archives

April 5, 2010

STEPPING OUT: COMMUNITY-ORIENTED NEWS IN PSYCHIATRY

From the Office of Mental Health Promotion

Issue: April 5, 2010

- **Mental Health Topics for Pastoral Care – April 6**
- **Incorporating and Becoming a 501(c)(3) Organization – April 7**
- **Voice of Vigilance Program – April 7**
- **Robert Moses' Presentation on Gangs – April 7**
- **US Conference on African Immigrant Health – April 7-11**
- **Fundamentals of Web Development and Design – April 12**
- **Strategic Planning and Outcome Management – April 20**
- **Running Effective Meetings – May 3**
- **Budgeting and Fiduciary Responsibilities – May 5**
- **Got Dreams Awards – May 6**
- **Developing a Sustainable Financial Plan – May 10**
- **Introduction to Program and Practice Evaluation – May 17**
- **Service Learning: A Snapshot – May 19**
- **Summer Symposium for Change: Eliminating Disparities for People Of Color with Significant Disabilities or Support Needs – July 28-29**

Mental Health Topics for Pastoral Care

Tuesday, April 6, 2010: The Aging Well Initiative at the University of Rochester has designed a seminar to help pastors, imams, rabbis, ministers, deacons, and lay leaders to recognize mental health issues in parishioners and to respond effectively to individuals with problems related to mental health. The seminar will be offered on a monthly basis over the course of a year to ministers and their assistants working with communities of color. It begins April 6, 2010 and meets the first Tuesday of every month from 7:00 to 9:00 pm in a community setting. Classes are co-taught by University of Rochester and community-based experts. Although this class is not part of an academic degree program, credit in the form of a certificate for this program will be provided through the Psychotherapy Institute in the UR Department of Psychiatry for those who complete 10 out of the 12 classes. A Graduation Ceremony and Dinner are held at the conclusion of each year. Up to 40 people can be admitted. Registration is first come-first serve. To sign up, please call Renee at 275-8401. To sign up by email: Renee_ Coleman@urmc.rochester.edu.

Incorporating and Becoming a 501(c)(3) Organization

Wednesday, April 7, 2010: This workshop is part of the Community/University Partnership Project's 2010 Academy Training Series, and will take place at the Golisano Academic Center, room 151, which is located at Nazareth College, 4245 East Ave, Rochester, NY 14618 from 4:00 to 6:00 pm. This course will be facilitated by Len Erb from Roberts Wesleyan College and will lead you through the basic steps of incorporating and becoming a 501(c)(3) organization, including choosing the size of the board, type of corporation, and the development of bylaws and articles. It will also cover the common mistakes made by new 501(c)(3) organizations. To register, email mkruege0@naz.edu, or call 389-2449, or mail Matt Krueger, Nazareth College, 4245 East Avenue, Rochester, NY 14618, with the following information at least 48 hours in advance: your name, email address, phone number, affiliation and the workshop title. These workshops are free of charge. Free parking is available in designated lots. See campus map: <http://www.naz.edu/campusmap/2.26-CampusMap&Legend-2.09.pdf>.

Voice of Vigilance Program

Wednesday, April 7, 2010: The Holocaust, Genocide, and Human Rights Project is honored to bring author and international activist Somaly Mam to both the Brighton and Damon City campuses this April as part of our annual Voices of Vigilance program. Sold into sexual slavery at the age of eleven, Mam endured years of brutality and degradation before emerging as a powerful advocate for those being trafficked today. Mam's organization, the Somaly Mam Foundation <<http://www.somaly.org/>>, has been widely lauded for its efforts to rescue, educate, and transform the lives of sexually trafficked girls throughout Southeast Asia and beyond. Mam's presentations, as part of the Voice of Vigilance Program, will take place at 12:00 pm at the Damon City Campus (4193) of Monroe Community College, and at 7:00 pm at the Brighton Campus (Monroe A/B). A book-signing is to follow. This event is free to MCC students/faculty/staff and \$5 to the general public. An estimated 2-4 million women and children are trafficked

annually, with children as young as five being targeted. Please consider supporting the Holocaust, Genocide, and Human Rights Project's efforts to educate about this issue by encouraging or requiring attendance at this event. For more information, please contact Regina Fabbro at 292-3464 or rfabbro@monroecc.edu.

Robert Moses' Presentation on Gangs

Wednesday, April 7, 2010: Please join counselors and other helping professions, if you have yet to hear Robert Moses' presentation on gangs. The presentation will take place at the Forum Room of East High School, which is located at 1801 East Main Street, Rochester, NY from 2:45 to 3:45 pm.

First Annual US Conference on African Immigrant Health—USCAIH 2010

April 7-11, 2010: This conference will take place in Atlanta, GA. This event will bring together members of the community, health scientists, public health workers, advocates and providers, as well as community organizers to chart a purposeful course for addressing health prevention, education, care, and treatment among the growing African immigrant communities and other populations in the US. Speakers include Dr. Garth N. Graham, Deputy Assistant Secretary for Minority Health. Please visit the web links below for more information:

Conference info: http://www.afhadi.org/USCAIH_welcome.htm

Registration: http://www.afhadi.org/USCAIH_registration.htm

Exhibition and Sponsorship: http://www.afhadi.org/USCAIH_exhibition.htm

Fundamentals of Web Development and Design

Monday, April 12, 2010: This workshop is part of the Community/University Partnership Project's 2010 Academy Training Series, and will take place at the Golisano Academic Center, room 53, which is located at Nazareth College, 4245 East Ave, Rochester, NY 14618 from 5:00 to 7:00 pm. This course will be facilitated by Nicholas Coulter from the East House and will provide you with a general understanding of developing a website, how to market a website, and begin to brand your organization using technology. Web development can be a complex process and this course will take the edge off and provide local resources to get your ideas off the ground. To register, email mkruege0@naz.edu, or call 389-2449, or mail Matt Krueger, Nazareth College, 4245 East Avenue, Rochester, NY 14618, with the following information at least 48 hours in advance: your name, email address, phone number, affiliation and the workshop title. These workshops are free of charge. Free parking is available in designated lots. See campus map: <http://www.naz.edu/campusmap/2.26-CampusMap&Legend-2.09.pdf>.

Strategic Planning and Outcome Management

Tuesday, April 20, 2010: This workshop is part of the Community/University Partnership Project's 2010 Academy Training Series, and will take place at the Golisano Academic Center, room 151, which is located at Nazareth College, 4245 East Ave, Rochester, NY 14618 from 4:00 to 6:00 pm. This course will be facilitated by Aaron Wicks from Action for a Better Community. Using a curriculum developed by a national network of community action agencies, this

course will provide the fundamentals of the strategic planning process and the key principles of outcomes management. The course covers the development of mission and vision statements, the role of the customer, the conduct of needs assessments, the development of strategies and the design of outcomes and measures that will allow one to track progress against the plan. To register, email mkruege0@naz.edu, or call 389-2449, or mail Matt Krueger, Nazareth College, 4245 East Avenue, Rochester, NY 14618, with the following information at least 48 hours in advance: your name, email address, phone number, affiliation and the workshop title. These workshops are free of charge. Free parking is available in designated lots. See campus map: <http://www.naz.edu/campusmap/2.26-CampusMap&Legend-2.09.pdf>.

Running Effective Meetings

Monday, May 3, 2010: This workshop is part of the Community/University Partnership Project's 2010 Academy Training Series, and will take place at the Golisano Academic Center, room 151, which is located at Nazareth College, 4245 East Ave, Rochester, NY 14618 from 4:00 to 6:00 pm. Running effective meetings is an interactive workshop that is designed to help you maximize meeting attendance and effectiveness. In this workshop, attendees will learn the basics of planning and facilitating small to mediumsized group meetings. This program will be facilitated by Brittany Campese, from the New York Campus Compact and is ideal for anyone who has ever attended an unproductive meeting, and would like to learn how to transform those meetings in the future. It is also relevant to those who would like to facilitate productive conversations among groups of people. To register, email mkruege0@naz.edu, or call 389-2449, or mail Matt Krueger, Nazareth College, 4245 East Avenue, Rochester, NY 14618, with the following information at least 48 hours in advance: your name, email address, phone number, affiliation and the workshop title. These workshops are free of charge. Free parking is available in designated lots. See campus map: <http://www.naz.edu/campusmap/2.26-CampusMap&Legend-2.09.pdf>.

Budgeting & Fiduciary Responsibilities

Wednesday, May 5, 2010: This workshop is part of the Community/University Partnership Project's 2010 Academy Training Series, and will take place at the Golisano Academic Center, room 151, which is located at Nazareth College, 4245 East Ave, Rochester, NY 14618 from 3:00 to 5:00 pm. This will be an interactive class, facilitated by Kathy Lewis from the University of Rochester, with discussion based on current budget questions and dilemmas faced by participants' organizations. Topics include how to build and monitor a small agency or program budget, and how and where to get help. Samples will be distributed of a simple budget template, a mid-year financial statement, and a sample budget justification. To register, email mkruege0@naz.edu, or call 389-2449, or mail Matt Krueger, Nazareth College, 4245 East Avenue, Rochester, NY 14618, with the following information at least 48 hours in advance: your name, email address, phone number, affiliation and the workshop title. These workshops are free of charge. Free parking is available in designated lots. See campus map: <http://www.naz.edu/campusmap/2.26-CampusMap&Legend-2.09.pdf>.

Got Dreams Awards

Thursday, May 6, 2010: The Got Dreams Awards was established in 2007 by the Monroe County ACCESS initiative in association with the Monroe County Department of Human Services, Office of Mental Health in order to recognize youth with emotional and behavioral challenges, their families, as well as, other adults and organizations that support them. These youth are Monroe County residents who are pursuing their dreams in spite of their mental health challenges and serve as role models to other youth. The awards also pay tribute to the adults, and for the first time this year, to an organization who contributed to the success, growth, and resiliency of these youth. This ceremony will be held from 6:00 to 8:30 pm at the Eisenhart Auditorium at Rochester Museum and Science Center which is located at 657 East Avenue. For nomination forms please contact Marilyn Molyneaux at (585) 753-2650 or mmolyneaux@monroecounty.gov. If you have any questions regarding submitting a nomination for the "Got Dreams" Award, please contact Marilyn Molyneaux, or Susan Gilchrist at 753-2694 or sgilchrist@monroecounty.gov.

Developing a Sustainable Financial Plan

Monday, May 10, 2010: This workshop is part of the Community/University Partnership Project's 2010 Academy Training Series, and will take place at the Golisano Academic Center, room 151, which is located at Nazareth College, 4245 East Ave, Rochester, NY 14618 from 3:00 to 5:00 pm. This workshop will be facilitated by Kathy Lewis from the University of Rochester and will explore current financial sustainability dilemmas faced by participants' organizations and possible strategies to ensure sustainability. We will discuss the pros and cons of various revenue sources and entrepreneurial approaches, as well as the role of expense control in a sustainability plan. Samples will be distributed of a template that can be used for sustainability planning. To register, email mkruege0@naz.edu, or call 389-2449, or mail Matt Krueger, Nazareth College, 4245 East Avenue, Rochester, NY 14618, with the following information at least 48 hours in advance: your name, email address, phone number, affiliation and the workshop title. These workshops are free of charge. Free parking is available in designated lots. See campus map: <http://www.naz.edu/campusmap/2.26-CampusMap&Legend-2.09.pdf>.

Introduction to Program and Practice Evaluation

Monday, May 17, 2010: This workshop is part of the Community/University Partnership Project's 2010 Academy Training Series, and will take place at the Golisano Academic Center, room 151, which is located at Nazareth College, 4245 East Ave, Rochester, NY 14618 from 4:00 to 6:00 pm. This course will be facilitated by Leanne Charlesworth and Pamela Viggiani from Nazareth College. It exposes participants to basic evaluation terminology and tools useful in building the knowledge and skills required to develop organizational effectiveness and obtain outside funding. Provides local examples and facilitates self-assessment of opportunities to integrate research and evaluation into participants' organizational and community contexts. To register, email mkruege0@naz.edu, or call 389-2449,

or mail Matt Krueger, Nazareth College, 4245 East Avenue, Rochester, NY 14618, with the following information at least 48 hours in advance: your name, email address, phone number, affiliation and the workshop title. These workshops are free of charge. Free parking is available in designated lots. See campus map: <http://www.naz.edu/campusmap/2.26-CampusMap&Legend-2.09.pdf>.

Service Learning: A Snapshot

Wednesday, May 19, 2010: This workshop is part of the Community/University Partnership Project's 2010 Academy Training Series, and will take place at the Golisano Academic Center, room 21, which is located at Nazareth College, 4245 East Ave, Rochester, NY 14618 from 4:00 to 6:00 pm. This course will be facilitated by Marie Watkins from Nazareth College and will introduce participants to the components of Academic Service-Learning, share the benefits for both students and organizations, and provide examples

of successful community-university Service Learning collaborations. To register, email mkruege0@naz.edu, or call 389-2449, or mail Matt Krueger, Nazareth College, 4245 East Avenue, Rochester, NY 14618, with the following information at least 48 hours in advance: your name, email address, phone number, affiliation and the workshop title. These workshops are free of charge. Free parking is available in designated lots. See campus map: <http://www.naz.edu/campusmap/2.26-CampusMap&Legend-2.09.pdf>.

Summer Symposium for Change: Eliminating Disparities for People Of Color with Significant Disabilities or Support Needs

Wednesday-Thursday, July 28-29, 2010: This two day symposium will take place in Washington DC and will consist of three presentations. The first presentation: Confronting Multiple Oppressions: Examining the Needs of People with Disabilities Who Are of Hispanic/Latino Descent will discuss a needs assessment conducted by Schwab Rehabilitation Hospital in Chicago, IL with their Hispanic patients with disabilities, striving to understand the general disability-related needs of Hispanic patients and how medical systems can fit into meeting these needs. The other two presentations are entitled: Tips for Working with Refugees with Disabilities & Connecting Them to Community Resources. One offers ideas and things to consider when connecting people to community resources; the other focuses on things to remember when working with members of particular cultures. What YOU will gain from attending: Intensive briefings on current issues facing people of color with disabilities in education, employment, and health, training on communicating with state and federal legislators for self advocates and advocates with an emphasis on persons of color, building relationships with your Congressional Members and educating them about the importance of eliminating disparities for people of color with significant disabilities. For more details please visit www.tash.org.

PLEASE CHECK THE CULTURAL COMMUNITY CALENDAR:

<http://www.rochester.edu/diversity/eventscalendar/>

Stepping Out is an e-newsletter of Psychiatry's community partnerships or

charitable events in the community related to mental health. Please share these news items with your colleagues and friends. If you have a program or event you would like published, please contact Catherine Donovan