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Stepping Out Archives

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STEPPING OUT: COMMUNITY-ORIENTED NEWS IN PSYCHIATRY

From the Office of Mental Health Promotion

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MOCHA Weekend August 19-20

What: 8/19 | 2-5PM: Health & Wellness Event, 8/20 | 7-10PM: Youth Dance, 8/21 | 12-6PM: Cookout and All White Party (9PM-2AM)

Where: Health & Wellness Event @ MOCHA Center, 107 Liberty Pole Way; Youth Dance @ GAGV 875 East Main Street; Cookout @ Ontario Beach Park Harbor View Shelter; All White Party @ Sully's Pub, 242 South Avenue

Sponsored by: The MOCHA Center Inc.

For More Information: mbooth@mochacenter.org

Advancing Structural Equality Conference

What: Structural equality explores the causes of the enormous racial disparities that exist in income, wealth, education, housing, judicial system, employment, and crime throughout our society.

Where: RIT Conference Center, 5257 W Henrietta Road

When:Thursday August 26, 8:30AM-3:30PM

Sponsored by:Rochester Initiative for Structural Equality Coalition

Registration: \$15, 325-5116 See attachment

WXXI Free Summer Film Series

What:Featuring four documentaries that highlight stories of women and girls who are making real changes on critical social issues in their communities. Films will be followed by group discussions, which will explore youth self-esteem, cultural identity, crime, and life choices.

Where:WXXI Studios, 280 State Street

When:August 17, 19, 24, 26, 2-4PM

Sponsored by:WXXI

<http://interactive.wxxi.org/communitycinema>

AIDS Red Ribbon Ride

What:A fully supported bicycle ride to raise funds for AIDS Care (the organization formed by the merger of AIDS Rochester and AIDS Community Health Center). Participants collect donations and sponsorship for their efforts to bike ride in either a one- or five-day event, both of which start and finish in Rochester, NY.

Where:Rochester, NY

When:August 18- 22

Sponsored by:AIDS Care

Visit AIDSRedRibbonRide.org for more information

4th Annual Conference for Wellness

What:The Rochester Peer Collaborative Committee is made up of past and present participants of mental health services throughout the Rochester Community. It is our goal to showcase our many talents and diversities through our annual conference.

When:August 20, 2010, 8:30AM to 4:00PM

Where:School of the Arts, 45 Prince Street Rochester, NY

Sponsored by:The Creative Wellness Coalition

Fees:\$5.00 fee to attend the conference. See attachment for more details.

¿Tienes Salud?

What:A series of free chats on health topics with guest speaker Raquel Medina, an educator from the Alzheimer's Association. Her discussion, Healthy Body, Healthy Mind, will offer information about various causes of memory loss and what can be done to maintain a healthy style of living. This program will be held in Spanish.

When:August 27, 2PM to 3PM

Where:Los Flamboyanes activity room, 100 Borinquen Plaza

Sponsored by:Center for Community Health

Men's Health Day

What:The URMC invites you to its 7th annual Men's Health Day event featuring former pro-football star, Gale Sayers. The event will feature health screenings, flu shots, medical demonstrations, and presentations on health topics relating to men.

Where:Hyatt Regency Hotel

When:September 10, 8AM-2PM

Sponsored by:University of Rochester Medical Center

More information: 275-2838

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