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Stepping Out Archives

July 23, 2010

STEPPING OUT: COMMUNITY-ORIENTED NEWS IN PSYCHIATRY

From the Office of Mental Health Promotion

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AIDS Red Ribbon Ride

What: A fully supported bicycle ride to raise funds for AIDS Care (the organization formed by the merger of AIDS Rochester and AIDS Community Health Center). Participants collect donations and sponsorship for their efforts to bike ride in either a one- or five-day event, both of which start and finish in Rochester, NY.

Where: Rochester, NY

When: August 18- 22

Sponsored by: AIDS Care

Visit AIDSRedRibbonRide.org for more information

4th Annual Conference for Wellness

What: The Rochester Peer Collaborative Committee is made up of past and present participants of mental health services throughout the Rochester Community. It is our goal to showcase our many talents and diversities through our annual conference.

When: August 20, 2010, 8:30AM to 4:00PM

Where: School of the Arts, 45 Prince Street Rochester, NY

Sponsored by: The Creative Wellness Coalition

Fees: \$5.00 fee to attend the conference. See attachment for more details.

A Call to Women of Color Social Gathering

What: Music, dancing, testimonies, storytelling, singing, poetry, food, shopping in honor of women of color—their role, their health, their state of mind, and most importantly, their perspective and walk into the future. Keynote Speakers Melany Silas and Erika Haygood. Free food, door prizes, entertainment, vendor tables.

When: August 14, 2010, 12PM to 6PM

Where: Monroe Square, 259 Monroe Avenue

Sponsored by: AIDS Care

Registration: Contact Jackie Dozier: 210-4125, or www.acRochester.org

Camp Medquest “Fun With Health Careers”

What: A day camp for up and coming 7th thru 9th graders to experience the possibilities of health care careers. They will be introduced to the many areas of healthcare as well as learn more about the skills that are required to become a health professional.

When: August 13, 9AM to 4PM

Where: Anthony L. Jordan Health Center, 82 Holland Street, Rochester

Sponsored by: WNY R-AHEC and the Anthony L. Jordan Health Center

Registration: www.r-ahec.org

Next Generation Leaders Program

What: 30 mentors are being recruited to mentor youth in grades 9-12 in its Next Generation Leaders Program (NGLP). They are to guide their mentee as they engage in group activities and activities on their own. This creates an opportunity for youth involved in the leadership program to be supported by a caring adult. Two recruitment orientation sessions are scheduled.

Where: Greater Rochester Red Cross, 50 Prince St.

When: Tuesday, July 27 and Thursday, August 12 from 5:30pm to 7pm

Sponsored by: American Red Cross and Big Brothers Big Sisters

Register: www.rochesterredcross.org

Canine Assisted Play Therapy

What: Canine-assisted play therapy integrates the use of animal-assisted therapy and play therapy. Participants in this two-day workshop will learn how to choose a dog for therapy work, get training for the dog, and how to effectively incorporate the therapy dog into play sessions. This workshop will also discuss how different cultures view a relationship with canines and how these interventions might be applied with ethical, multi-cultural and legal considerations.

When: August 3rd and 4th, 9AM-3PM

Where: Shults Center at Nazareth College

Sponsored by: Children's Institute and Kathleen Knapp Holt

Registration: \$195 for 2-day workshop

Information: contact Michele Petrin 389-2477

AAN's Read to Grow Bookdrive

What: The University's African American Network (AAN) is requesting books to distribute to low-income children at five local community centers and libraries in the area. Please drop off a new or gently used book* appropriate for children in grades pre-K through 12. The books will be distributed to the Flint St., South Ave. and Southwest community centers and the Arnett and Phillies Wheatley community libraries.

When: Now to July 25

Where: House of Six Nations Cafeteria, Eastman Dental main lobby, Atrium at the Behavioral Health entrance, Crittenden Rd., Wilmot Cancer Center main lobby, North corridor of Sara Flaum Atrium

More Information: AAN's "Read to Grow" book drive hopes to provide 200 books for children who do not have the means to obtain adequate books for summer reading. Visit [AAN](#) for more information, [email](#), or call 276-3259, ext. 2.

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