

# HIGHLAND HOSPITAL MEDICAL IMAGING

DUE TO INSURANCE REGULATIONS, YOU MUST BRING THIS FORM AT TIME OF EXAM.

WITHOUT THIS FORM WE ARE NOT ALLOWED TO PERFORM YOUR EXAM.

HIGHLAND MEDICAL IMAGING – Phone: 341-6785  
Fax: 341-8204

HIGHLAND HOSPITAL MRI CENTER –Phone: 341-6586  
Fax: 341-8014

PATIENT \_\_\_\_\_

YOUR APPOINTMENT DATE \_\_\_\_\_

TIME \_\_\_\_\_

EXAM ORDERED \_\_\_\_\_

SIGNS &  
SYMPTOMS (*REQUIRED*) \_\_\_\_\_

DOCTOR ORDERING EXAM \_\_\_\_\_

CC: Report to \_\_\_\_\_

\_\_\_\_\_ CALL RESULTS

\_\_\_\_\_ Please include phone number & extension  
NOTE: Results are automatically faxed to the requesting physician

\_\_\_\_\_ SEND FILMS WITH PATIENT

\_\_\_\_\_ REFERRAL NUMBER FOR CT SCAN/MRI

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**Upper GI series** (30-40 minutes)

Do not eat anything after midnight the night before till after exam

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**Upper GI series with small bowel study** (2-3 hours)

Do not eat anything after midnight the night before till after exam

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**Barium Enema** (30-40 minutes)

1. One day prior to exam:
  - a. Clear liquid diet starting at noon
  - b. Between 3-4 pm take 10oz bottle citrate magnesia
  - c. Drink 10oz of liquid every hour for 6 hours after taking citrate
  - d. Clear liquid diet for supper
2. Nothing by mouth (NPO) after midnight

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**Intravenous pyelogram** (IVP) (1 HOUR)

Use same prep as for barium enema

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**Hysterosalpingogram** (30-45 minutes)

No preparation

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**Barium Swallow** (30-45 minutes)

No preparation

**ULTRASOUND EXAMS**

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**Obstetrical and Pelvic** (30-45 minutes)

Must drink 32oz any fluid one (1) hour prior to exam

\*\*\*MUST HAVE FULL BLADDER-DO NOT EMPTY BLADDER\*\*\*

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**Abdominal** (30-45 minutes)

Nothing to eat after midnight the night before exam.

\*\*\*TAKE ANY MEDICATIONS WITH SMALL AMOUNT OF WATER IN AM\*\*\*

**NUCLEAR MEDICINE EXAMS**

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**Bone Scan** (45 minutes scanning time, 3 hours wait time)

Injection at appointment time

then 3 hour wait -- drink 3 glasses of fluid during wait time

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**Thyroid uptake scan** (2 part; 2 day test)

A capsule is given, and then return twice before evaluation, once in 2 hours, then the next day. NOTE: You must be iodine free at least fourteen days.

**CT SCAN EXAMS**

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**Brain CT** (30-45 minutes)

No hair pins or large earrings

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**Sinus CT** (30 minutes)

No preparation

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**Chest CT** (30 minutes)

No preparation

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**Spine/Bone Mineral Density Study CT** (30 minutes)

No preparation

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**Abdomen/Pelvic CT** (60 minutes)

Nothing to eat or drink 4 hours prior to appointment

Medication may be taken if needed

Contrast routinely given – oral, IV, and rectally