

## Neuroradiology

This pamphlet's purpose is to provide basic information to help you understand your biopsy procedure.

The physicians and physician assistants in the Division of Diagnostic and Interventional Neuroradiology at the University of Rochester Medical Center / Strong Memorial Hospital will answer any questions you may have before they perform your procedure.

If you do have any questions or concerns, please ask during your pre-procedure interview or call us ahead of time at 585-273-1563.

### Radiologists:

- ◆ P-L Westesson, MD, PhD, DDS,  
Director, Diagnostic & Interventional  
Neuroradiology
- ◆ Jeevak Almast, MD,  
Attending Neuroradiologist
- ◆ John Deveikis, MD,  
Attending Neuroradiologist
- ◆ Sven Ekholm, MD, PhD,  
Attending Neuroradiologist
- ◆ Henry Wang, MD, PhD,  
Attending Neuroradiologist

### Physician Assistants:

- ◆ Stephen D'Ambrosio, MPAS, RPAC,  
Physician Assistant
- ◆ Iris Young, RPA-C, Physician Assistant

## Directions to Strong Memorial Hospital

### From the East:

NYS Thruway (I-90) to Exit 46; I-390 North to Exit 16 (W. Henrietta Rd); right on W. Henrietta Rd (Rte 15); proceed approximately two miles to Elmwood Avenue; make a left on to Elmwood Ave; the hospital will be on your left hand side; parking garage will be on the left.

### From the West:

NYS Thruway (I-90) to Exit 47; I-490 East to I-390 South to Exit 16A (E. River Rd.); right on East River Rd. and right on Kendrick Rd; bear left onto Lattimore Rd; one block to Crittenden Rd.; take right on Crittenden, parking garage will be on the left.

### From the South:

I-390 North to Exit 16 (W. Henrietta Rd.); right on W. Henrietta Rd (Rte. 15); proceed two miles and make a left on Elmwood Avenue; parking garage will be on the left.

### From Parking Garage to the Patient Information Desk (Main Lobby) to the Imaging Sciences Department (Ground Floor)

Take the garage elevators to the 1st floor. Follow the signs to the main lobby. Go through the main lobby passing the information desk. Follow the Red (R) ceiling tags to the red elevators. Take the red elevators to the ground floor. Exiting towards the red corridor turn right and follow the black ceiling tiles marked (x) to the Imaging Sciences/Radiology reception area (G-3300).

## NEURORADIOLOGY

University Imaging at Strong Memorial Hospital  
601 Elmwood Avenue  
Rochester, NY 14642-8648  
Telephone: 585-273-1563

## Biopsy



## NEURORADIOLOGY

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Rochester, NY 14642-8648  
Telephone: 585-273-1563



## Frequently Asked Questions Regarding a Biopsy

### Q. What is a biopsy?

A. A biopsy is a procedure which obtains a specimen of tissue for microscopic examination by a medical specialist (pathologist).

### Q. Are there different types of biopsies?

A. Yes, there are two types:

A **fine needle aspiration** (FNA) uses a thin needle to remove very small pieces of tissue.

A **core needle** biopsy uses a slightly larger needle and it withdraws small cylinders or cores of tissue from the abnormal area.

### Q. How do I prepare for a biopsy?

A. You may take your morning medication with a small sip of water.

If you are taking prescribed anticoagulants (blood thinners) such as Coumadin, you should consult with your physicians for instructions prior to the procedure.

You cannot eat for 6 hours before your procedure.

You will need to have an adult drive you home.

### Q. What can I expect during the biopsy?

A. The radiologist will scan initially to localize the area of interest and plan the biopsy approach. You will be given sedation. This means that you will be awake but somewhat drowsy, and will be able to respond to voice commands and touches. The skin will be prepared with antiseptic solution and then draped to reduce the risk of infection. A local anesthetic is then injected. The procedure should take between 15 - 60 minutes. Recovery time will depend on the area biopsied.

### Q. When will I know the results?

A. Your physician will receive the written report from the radiologist and pathologist within 7 days. Your physician should contact you when they have the results.

