

UNIVERSITY IMAGING

at Science Park

PET/CT STUDY

You've been scheduled to undergo testing at our **PET/CT Imaging Center**.

Date: _____

Time: _____

If you need to cancel or reschedule your appointment, please provide us with at least 24-hours notification. The Radiopharmaceutical is purchased specifically for you the day before your test.

GETTING READY FOR YOUR PET/CT EXAM

Please . . .

- Arrive 15 minutes early and bring your insurance card.
- Bring any imaging studies done at other institutions that are relevant to your current problem. We do not need studies from Strong, Highland Hospital or University Medical Imaging
- Bundle up and keep warm when the weather is cold. Have someone else warm up the inside of the car before you get in it.
- Wear comfortable shoes and clothing (no jewelry or metal).
- Leave all valuables at home.
- The PET/CT scanner is comparable dimensions to a CT scanner, and more open than an MRI scanner. Most patients do not have any difficulty with the scan. However, if you are very claustrophobic, please obtain a light sedative from your Doctor. If a sedative is used, you will need to arrange transportation to and from the Center.
- Do not eat or drink for 6 hours before your test; However, we would like you to drink 2 glasses (16oz) of water before arriving for your test.
- Rest without any type of exercise for 12 hours before your test.
- Don't have any caffeine or tobacco for 24 hours before the test.
- Maintain a low-carbohydrate diet starting the day before your test. Limit the amount of pasta, breads, potatoes, cereals, rice, deserts, candy and sugar.

A nurse will contact you a few days prior to your exam to discuss any health issues that may require additional care; such as Diabetes, pregnancy, certain medications, and oxygen needs.

PET/CT CENTER

We regard your comfort and convenience as highly as the quality of service we provide. Our staff will greet you when you arrive and provide you with the personal attention to make your stay comfortable and pleasant.

Upon greeting you and reviewing your medical history, you'll be escorted to a patient room and asked to drink approximately 24 ounces of a flavored oral contrast (barium) solution. An IV will also be inserted. You will then meet our technologist and receive a radiopharmaceutical injection for the PET portion of the test. You will then relax in a recliner chair for approximately 60 minutes to allow uptake of the radiopharmaceutical.

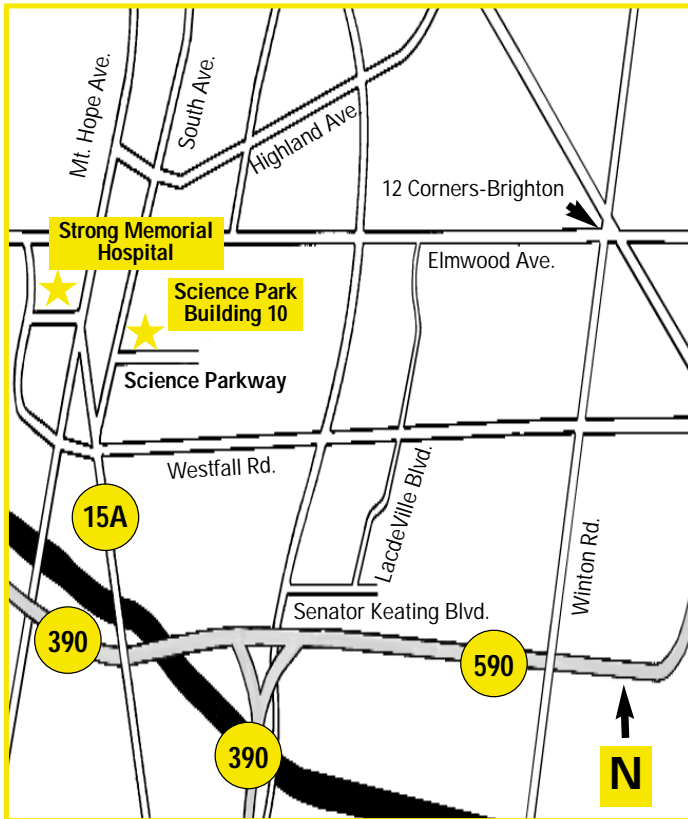
The scan itself takes approximately 20 minutes. You may leave shortly after the scan is complete. You can eat and drink immediately after. The entire process—from arrival to discharge—takes approximately two hours.

There is no reason to avoid interacting normally with others. However, we advise that you wait 8 hours before getting close to an infant, child or anyone who is pregnant to allow all the radioactivity to leave your body.

Results will be sent to your ordering physician.

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PET/CT, Diagnostic CT, and 3 Tesla MR
110 Science Park
Rochester, NY 14620

Appointment Line:
(585) 785-5000 FAX: (585) 756-2474

HOW TO FIND US

From the South and Thruway (Exit 46):

- Merge onto I-390 N
Take Exit 16 (Rt 15-A)
Turn Right onto 15-A (E. Henrietta Rd.)
Continue past intersection at Westfall Rd.
Take slight right onto South Ave.
Turn Right at Science Park
Turn Left at building 110

From the East and Northeast:

- Take I-490 W
Merge onto I-590 S
Continue Straight onto I-390 N
Take Exit 16 (Rt 15-A)
Turn Right onto 15-A (E. Henrietta Rd.)
Continue past intersection at Westfall Rd.
Take slight right onto South Ave.
Turn Right at Science Park
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From the West and Northwest:

- Take I-390 S
Take Exit 16 (Rt 15-A)
Turn Left onto 15-A (E. Henrietta Rd.)
Continue past intersection at Westfall Rd.
Take slight right onto South Ave.
Turn Right at Science Park
Turn Left at building 110