

Patient's Name: _____

Your exam has been scheduled for

Date

Time

Radiology Department Telephone No.: (585) 275-5268

Please be on time for your appointment, and kindly give at least 24 hours notice if you need to reschedule.

If you have a question that has not been addressed in this brochure, please call 585-273-4080.



P-L Westesson, MD, PhD, DDS,
Director, Diagnostic & Interventional Neuroradiology
University of Rochester Medical Center
601 Elmwood Avenue
Rochester, NY 14642-8648

©05/13/04

Directions to Strong Memorial Hospital

From the East:

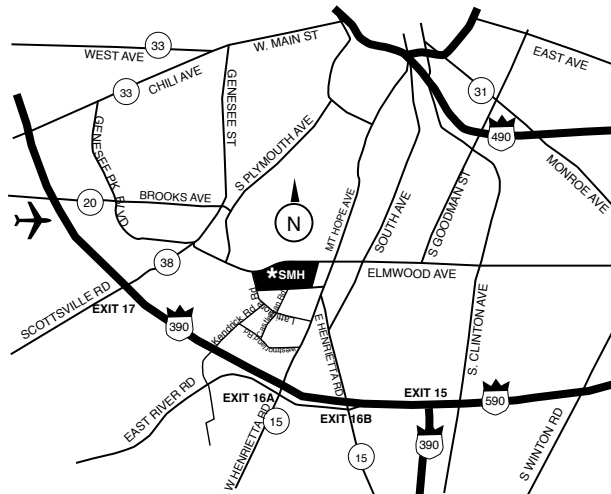
NYS Thruway (I-90) to Exit 46; I-390 North to Exit 16 (W. Henrietta Rd); right on W. Henrietta Rd. (Rte. 15); proceed approximately two miles to Elmwood Avenue; make a left on to Elmwood Ave; the hospital will be on your left hand side; parking garage will be on the left.

From the West:

NYS Thruway (I-90) to Exit 47; I-490 East to I-390 South to Exit 16A (E. River Rd.); right on East River Rd. and right on Kendrick Rd.; bear left onto Lattimore Rd.; one block to Crittenden Rd.; take right on Crittenden, parking garage will be on the left.

From the South:

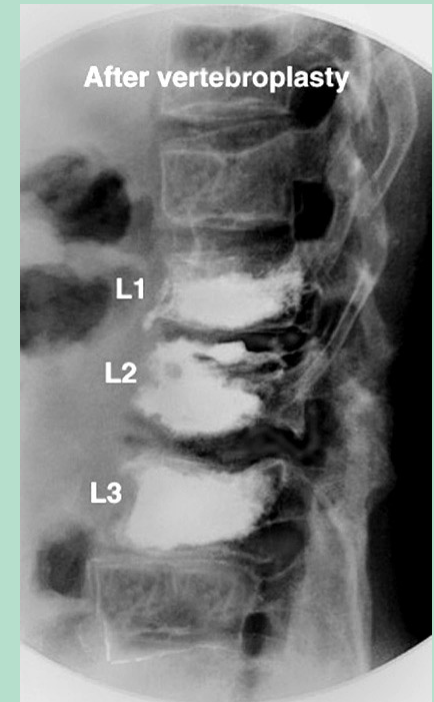
I-390 North to Exit 16 (W. Henrietta Rd.); right on W. Henrietta Rd. (Rte. 15); proceed two miles and make a left on Elmwood Avenue; parking garage will be on the left.



From Parking Garage to the Patient Information Desk (Main Lobby) to the Radiology Department (Ground Floor)

Take the garage elevators to the 1st Floor. Follow the signs to the Main Lobby. Go through the Main Lobby passing the Information Desk. Follow the Red (R) ceiling tags to the Red Elevators. Take the Red elevators to the ground floor. Exiting towards the Red Corridor turn right and follow the Black ceiling tiles marked (X) to the Radiology reception area (G – 3300).

Kyphoplasty & Vertebroplasty Information



STRONG HEALTH

STRONG MEMORIAL HOSPITAL
DEPARTMENT OF RADIOLOGY

Division of Diagnostic and
Interventional Neuroradiology
University of Rochester Medical Center
601 Elmwood Avenue
Rochester, NY 14642-8648

FREQUENTLY ASKED QUESTIONS REGARDING KYPHOPLASTY & VERTEBROPLASTY

Q. What are Kyphoplasty and Vertebroplasty?

- A. Kyphoplasty and vertebroplasty are techniques to inject bone cement into fractured vertebral bodies. This is done to reduce or eliminate back pain secondary to a fracture of the vertebral body.

Q. What must be done before Kyphoplasty or Vertebroplasty?

- A. You should not eat after midnight the day before the study. You may take your regular medication with small sips of water but no solid food (see next question). The night before the study you must drink plenty of fluids.

You must arrange for a responsible adult to drive you home following the procedure.

You must arrange to bring any prior MRI studies with you for the procedure.

You cannot return to work after this procedure, and must not engage in any strenuous activities for 72 hours.

Q. Can I take my usual medications before the study?

- A. Yes, with a few exceptions:

COUMADIN/WARFARIN must be stopped at least three days prior to the study, with permission from the physician who ordered its use. Kyphoplasty or vertebroplasty will not be performed if it is not stopped as directed.

LOVENOX must be stopped 24 hours prior to the procedure. COMPAZINE, and other PHENOTHIAZINES must be stopped two days prior to the kyphoplasty or vertebroplasty. Ask your doctor if you have questions about if any of your medicines must be stopped.

Take all of your other medications as usual, the morning of the procedure, with a small amount of water. PLEASE take your pain medication as usual!

Consult your doctor about resuming any medications that had been stopped for the kyphoplasty or vertebroplasty.

Q. What if I have a contrast allergy?

- A. Radiographic contrast material will not be used and therefore a contrast allergy will not be a problem in this procedure.

Q. What are the risks of the procedure?

- A. There are infrequent complications. The most significant risk is cement leakage into the spinal canal which can cause nerve pain or even paralysis. This is extremely unusual and can usually be avoided with good technique. Other risk is of course being allergic to any of the medications that we use during the procedure.

Q. What happens when the test is performed?

- A. You will be on an x-ray table on your stomach. Using x-ray guidance the site of the fracture(s) of the vertebral body will be localized. You will receive conscious sedation, your skin will be numbed with a local anesthetic, and thin needles will be placed into the vertebral bodies. Once the position is confirmed with TV x-ray, bone cement is injected into the fractured vertebral bodies. You will be asked to remain on the table for approximately 20 minutes after the procedure in order for the cement to harden and then you will be brought back to your bed. Some patients will be able to go home the same afternoon and others have to stay overnight.

KYPHOPLASTY _____ VERTEBROPLASTY _____

DISCHARGE INSTRUCTIONS

Doctor/Physician Assistant performing procedure:

- You may have been given medicine that may make you sleepy. Do not drive, drink alcohol, operate machinery, or make major decisions in the next 24 hours.
- You must rest for the remainder of the day, do not return to work. Resume your normal activities the morning following the procedure.
- You must not bend, strain, or do heavy lifting for 72 hours.
- If you take Coumadin (Warfarin), check with your primary physician before resuming its use.
- If any other medicines were stopped, they may be re-started 24 hours after the procedure.

YOU CAN REACH A NEURORADIOLOGIST ON CALL AT (585) 275-2222 IF:

- You develop a severe headache that worsens over days, severe nausea, vomiting, fever, a stiff neck, or severe pain at the puncture site.

Date/Time: _____

Patient's Signature

RN/MD's signature

The Emergency Department is open 24 hours a day at (585) 275-4551.