

# **Conducting a Family Meeting to Discuss Cardiopulmonary Resuscitation**

(1/13/06)

## **Learning Objectives**

- 1. Describe CPR facts and statistics**
- 2. Demonstrate the 6-step process to facilitate family decision-making**
- 3. Illustrate challenges in the use of language**
- 4. Demonstrate techniques to manage family conflict**
- 5. Summarize key features of an effective family meeting**

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## Basic Format

(1/13/06)

1. Background reading (read before or after noon conference; available on line)
  - Article: Supporting Family Caregivers at the End of Life  
*JAMA*. 2004;291:483-491
  - Article: Discussing Do-Not-Resuscitate Status  
*J Clin Oncol*. 2001, 19(5):1576-1581
2. Noon Conference (or equivalent)
  - Pre-test Multiple-choice questions ( 5 minutes)
  - Sharing of experiences where CPR/DNR was discussed well and not well (15 min)
    - Critical elements to include
    - Common errors
    - Common personal barriers
  - PowerPoint slides of key elements (15 min)
    - CPR facts and misconceptions
    - Six steps
    - Managing conflict
    - Key points and caveats
  - Standardize Patient Video Trigger Tape (15 min)
    - Stop at critical junctures and get group input
    - Follow the discussion suggestions in the PowerPoint
  - Wrap up (5 minutes)
3. Field evaluation on performance with patients / families
  - Pre-printed competency evaluation forms
  - Available on-line to be printed as hard copy, or on My Evaluations if the residency program is using this format
4. Final competency evaluation (available to program on request)
  - Repeat of pre-test questions
  - Family meeting with standardized patient
  - Feedback according to six steps