

Resident Evaluation on Health Behavior Change Counseling

Resident's Name: _____ Date: _____

Evaluator's Name and role: _____

Competencies Assessed: Patient Care, Interpersonal Communication and Professionalism

• Please rank each section below by circling or checking **the most appropriate** box on the 0-5 scale. Also, please comment on the resident's strengths and areas for improvement, and any response of **2** or less must have a comment in the boxes below.

1. **The resident was able to “set the stage” and develop rapport with the patient during the encounter.**

Not Observed	Remedial	Developing Competency	Competent	Proficient	Expert
0	1	2	3	4	5

2. **The resident assessed the patient risk behavior prior to providing advice to change.**

Not Observed	Remedial	Developing Competency	Competent	Proficient	Expert
0	1	2	3	4	5

3. **The resident clearly and unambiguously provided advice to change the behavior in language the patient could understand.**

Not Observed	Remedial	Developing Competency	Competent	Proficient	Expert
0	1	2	3	4	5

4. **The resident non-judgmentally explored whether the patient wanted to change the behavior.**

Not Observed	Remedial	Developing Competency	Competent	Proficient	Expert
0	1	2	3	4	5

5. **The resident assisted the patient in developing a plan to change if the patient agreed to change.**

Not Observed	Remedial	Developing Competency	Competent	Proficient	Expert
0	1	2	3	4	5

6. **The resident was positive and supportive of the patient's ability to change.**

Not Observed	Remedial	Developing Competency	Competent	Proficient	Expert
0	1	2	3	4	5

7. **The resident arranged for a follow-up visit to support progress.**

Not Observed	Remedial	Developing Competency	Competent	Proficient	Expert
0	1	2	3	4	5

8. **Overall assessment of the resident's ability to motivate behavior change.**

Not Observed	Remedial	Developing Competency	Competent	Proficient	Expert
0	1	2	3	4	5

Please comment on the resident's main strengths and weaknesses in counseling about health behavior change.

Main strengths:

Areas for Improvement:

Comment on any ranking of 2 or less: