

Heather-Rae Kennedy
Curriculum Vitae

BUSINESS

ADDRESS:

University of Rochester
Sleep & Neurophysiology Research Laboratory
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DATE OF BIRTH:

June 24, 1979

EDUCATION:

B.A.-Psychology 2001-GPA 3.00
State University of New York at Potsdam (SUNY),
Potsdam, New York

HONORS AND AWARDS:

Deans List

3 semesters

PROFESSIONAL EXPERIENCE:

Psychiatric Technician

University of Rochester, Child and Adolescent Psychiatric Inpatient Unit (39200), Rochester,
NY November 2001-January 2003

Duties: Direct patient care, Daily SOAP notes, CBT and group therapy, and Milieu
management.

Supervisor: Judy Watt, NP; Judy Ballerstein, RN

Case Manager

University of Rochester, Comprehensive Psychiatric Emergency Program (CPEP),
Rochester, NY January 2003-February 2005

Duties: Direct Patient Care, Quarterly statistics for restraint and code red hours,
Maintained Safety Logs, Phlebotomy, Violence & Suicide assessment, Insurance
Precertification for admission, and Discharge Planning.

Supervisor: Christine Tebaldi, NP & Valerie Cavallo, RN

Research Assistant

University of Rochester, Comprehensive Psychiatric Emergency Program, Rochester,
NY, January 2004-February 2005

Duties: Medline literature searches, OVID searches, IRB communication,
pharmaceutical contact.

Supervisor: Dr. Robert Redondo, MD

Clinical Research Coordinator and Project Coordinator

University of Rochester Sleep Research Laboratory, Rochester, NY, February 2005-Present

Primary study duties: Telephone screenings, intake interviews, grant preparation, manuscript editing and reviews and coordinating clinical & NIH trials.

Additional duties: Primary recruiter for all current research projects, primary advertising liaison for the sleep research laboratory.

Supervisor: Michael L. Perlis, PhD

STUDY EXPERIENCE:

*Worked as the primary study coordinator on the following projects.

A Double-Blind, Randomized, Placebo-Controlled, Multi-Center, 30-Night Polysomnographic Study of MK-0928 in Elderly Patients with Primary Insomnia

Site-PI: Michael L. Perlis, Ph.D.
Agency: Merck Pharmaceuticals
Type: Phase III Multi-site study 2004-2005.

A Double-Blind, Randomized, Placebo-Controlled, Multi-Center, 30-Night Polysomnographic Study of Mk-0928 in Adult Patients with Primary Insomnia

Site-PI: Michael L. Perlis, Ph.D.
Agency: Merck Pharmaceuticals
Type: Phase III Multi-site study 2004-2005

A Double-Blind, Randomized, Placebo-Controlled, Parallel-Group, Multi-Center Study of Mk-0928 in Healthy Adult Volunteers Participating In A 4-Hour Phase Advance Model of Transient Insomnia

Site-PI: Michael L. Perlis, Ph.D.
Agency: Merck Pharmaceuticals
Type: Phase III Multi-site study 2004-2005

A 2nd Evaluation of the Effects Of Modafinil Alone and in Combination with Behavioral Treatment for Insomnia

Site-PI: Michael L. Perlis, Ph.D.
Agency: Cephalon Co.
Type: Principle Investigator Initiated Award 2005 – present

Efficacy, Safety And Tolerability Of Zolpidem in the Treatment of Children Aged 6 to 17 Years with ADHD-Associated Insomnia. A Multi-Center, Randomized, Double-Blind, Placebo-Controlled Study

Site-PI: Heidi Connolly, M.D.
Agency: Sanofi-Aventis
Type: Phase III Multi-Site study 2006

A Multi-Center, Randomized, Double-Blind, Placebo-Controlled, Parallel Study to Investigate the Efficacy and Safety of A Single Oral Dose of VEC-162 (20, 50, And 100 Mg) and Matching Placebo in Healthy Male and Female Subjects with Induced Transient Insomnia

Site-PI: Michael L. Perlis, Ph.D.
Agency: Vanda Pharmaceuticals Inc.
Type: Phase III Multi-Site study 2006

The Role of Partial Reinforcement in the Long Term Management of Insomnia

PI: Michael L. Perlis, Ph.D.
Agency: NCCAM
Type: R01 2006-present

Efficacy and Safety of 2 mg/day of M100907 on Sleep Maintenance Insomnia with a Sub-study of the Effect of M100907 on Stable Type II Diabetes Mellitus: a One Year, Multi-center, Randomized, Double-blind, Placebo-controlled Study

PI: Michael L. Perlis, Ph.D.
Agency: Sanofi-Aventis
Type: Phase III Multi-Site Study 2007-Present

*Worked as the back-up coordinator on the following projects:

Long Term Treatment with Zolpidem: The Relative Efficacy of QHS & Intermittent Dosing and the Potential for Long Term Clinical Gains after Treatment Discontinuation

PI: Michael Perlis, PhD
CRC: Jeffrey Swan, M.A.
Agency: Sanofi-Aventis
Type: Pi-Initiated

CBT for Co-Morbid Insomnia and Chronic Pain: Sleep, Pain and Immune Function Outcomes (Treatment of Insomnia Secondary to Chronic Pain)

PI: Wilfred Pigeon, PhD
CRC: Jeffrey Swan, M.A.
Agency: NIH NINDS
Type: F32 (NS4978-01) 2004 – 2007 (3 years)

Sleep Homeostasis in Primary Insomnia Following Behavioral Treatment

PI: Wilfred Pigeon, PhD
CRC: Jeffrey Swan, M.A.
Agency: American Sleep Medicine Foundation
Type: Faculty Career Advancement Award – 2007 (2 years)

Cognitive Behavioral Therapy for Secondary Insomnia in Chronic Pain Patients

PI: Michael L. Perlis, Ph.D.
 CRC: Sara Matteson-Rusby Psy.D.
 Agency: NINR
 Type: R21

GRANT WORK:

**This represents a list of grants that I have helped prepare and submit to NIH for funding.

GRANT NUMBER	TITLE	SUBMITTED DATE	AWARDED DATE
1R21MH076855-01	Information processing at sleep onset and during sleep in patients with insomnia	6/1/2005-1st submission	
1R01MH077900-01	Attention Bias as an etiologic factor in primary and secondary insomnia	10/1/2005-1st submission	
1R01AT003332-01A1	The Role of Partial Reinforcement in the Long Term Management of Insomnia	11/1/2005-1st submission	9/26/2006
1R01MH079109-01	Comparative efficacy of zolpidem, trazodone & CBT for the treatment of insomnia	2/1/2006-1st submission	
1R21MH076855-01A1	Information processing at sleep onset and during sleep in patients with insomnia	3/1/2006-2nd submission	
R21	Type 2 Diabetes and the Prevalence of Comorbid Sleep Disorders	6/1/2006-2nd submission	
1R01MH077900-01A1	Attention Bias as an etiologic factor in primary and secondary insomnia	07/01/2006-2nd submission	
1R21MH076855-01A2	Information processing at sleep onset and during sleep in patients with insomnia	10/31/2006-3rd submission	
1R01MH079109-01A1	Comparative efficacy of zolpidem, trazodone & CBT for the treatment of insomnia	11/1/2006-2nd submission	
1R01MH077900-01A2	Attention Bias as an Etiologic Factor in Primary and Secondary Insomnia	3/1/2007-3rd submission	
1R01CA126968-01A2	CBT +/- Modafinil for Insomnia and Fatigue following Chemotherapy	3/1/2007-2nd Submission	

PHARMACEUTICAL TRAINING:

**This represents training that I have received at Pharmaceutical Sponsored Investigators Meetings

August 2005	Orlando, Florida	Merck Pharmaceuticals
February 2006	Boca Raton, Florida	Sanofi-Aventis, Inc.
May 2006	Naples, Florida	Vanda Pharmaceuticals

PUBLICATIONS/ABSTRACTS:

Perlis, M., **Kennedy, H.**, Salamone, C., Jungquist, C., Kochersberger, G., Plotkin, K., Allen, J., Karan, S., Ward D., & Ternullo, S. Antibiotics May Be Insomnogenic. 2006. (ABSTRACT for APSS 2006).

CERTIFICATIONS & TRAINING:

CPR Certification	November 2001-Present
Phlebotomy	January 2003- Present
Mini Mental Status	January 2003
Human Subjects Protection Program	December 2004
MINI	March 2005
CRC Workshop Training	April 2005
NIH grant preparation Training (PHS 398)	August 2005
NIH grant preparation Training (grants.gov)	March 2006
Hamilton Depression Scale	October 2006

RESEARCH SKILLS:

Preliminary Assessment-Including phone screens that requires knowledge of all ongoing research, inclusion and exclusion criteria, and study design; followed by administering a 5-page questionnaire to screen for eligibility.

Comprehensive Assessment-Including consent process, lab tour, administering questionnaires (including but not limited to the Beck Depression Inventory, Hamilton Depression Scale, Rochester Sleep Continuity Inventory and the MINI), orienting subjects to the study and cognitive testing.

Grant Preparation-Including proof reading, editing, creating bibliographies, assembling appendices, reviewing budget, completing NIH pages, IRB and ORPA liaison.

Polysomnography Technical Skills-Including application of electrodes, patient contact, data entry, ECG, vital signs and phlebotomy.

COMPUTER SKILLS:

Adobe Photoshop, OVID, Medline, Psych Info, Microsoft programs (excel, power point, outlook, word), Word Perfect, SPSS, REFman, Trialink and Inform EDC.

REFERENCES:

Michael Perlis, Ph.D.

Associate Professor of Psychiatry and Psychology,
Director of the University of Rochester Sleep Research Laboratory
University of Rochester, Rochester, NY 14642
Phone: (585) 275-3568
Email: Michael_Perlis@urmc.rochester.edu

Sara Matteson, Psy.D.

Director of Behavioral Sleep Medicine & Senior Instructor
University of Rochester, Rochester, NY 14642
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Robert Redondo, MD

Director of the Comprehensive Psychiatric Emergency Program
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