

UNIVERSITY OF ROCHESTER MEDICAL SCHOOL

CURRICULUM VITAE

Mar 2007

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Date of Birth September 30, 1965 Citizenship: United States

LICENSES & CERTIFICATIONS

Number

UR Research Subjects Review Board Certification #36230809

New York, Psychology License #016662

American Academy of Sleep Medicine,
Behavioral Sleep Medicine Certification #82

EDUCATION AND TRAINING

School or College	Field of Study	Degree Earned	Year
Dartmouth College Hanover, NH	Psychology	B.A.	1987
Antioch New England Graduate School; Keene, NH	Counseling Psychology	M.A.	1995
Union Institute School of professional Psychology; Cincinnati, OH	Clinical Psychology	Ph.D.	2002

POSTDOCTORAL TRAINING

School/Hospital	Training	Year(s)
Dartmouth Medical School	Behavioral Medicine/Sleep Medicine	2002-2004

PREDOCTORAL TRAINING

School/Hospital	Training	Year
Meridian Center, Stamford, CT	Masters Degree Internship; Substance Abuse Track	1994
Dartmouth Medical School Lebanon, NH	Clinical Psychology Internship; Behavioral Medicine Track	2000-2001

RECORD OF FELLOWSHIP AWARDS POSTDOCTORAL: Yes No

Source of Award	Institution	Year(s)
NIH/NINDS-National Research Service Award (NRSA)	University of Rochester Medical Center	2004-2007

CURRENT FACULTY & PROFESSIONAL APPOINTMENTS

Institution	Rank	Year(s)
University of Rochester, Department of Psychiatry	Senior Instructor	2004-present
University of Rochester, Department of Psychiatry Sleep Research Laboratory	Assistant Director	2004-present
Johnson State College, Department of Psychology Johnson, VT	Adjunct Faculty (online course)	1998-present

PAST FACULTY & PROFESSIONAL APPOINTMENTS

Institution	Rank	Year(s)
Community College of Vermont Human Services White River Junction, VT	Adjunct Faculty/Instructor One-Two Courses/Semester	1995-1999
Dartmouth College Psychological & Brain Sciences Hanover, NH	Teaching Assistant One Course/Year	2001-2004

MEMBERSHIP IN NATIONAL & INTERNATIONAL ACADEMIC & PROFESSIONAL ORGANIZATIONS

Organization	Position	Year(s)
American Psychological Association; Division 38	Member	2000-present
Sleep Research Society (SRS)	Member	2001-present
	- Reviewer, High School Essay Contest - Asst Editor, Trainee Column SRS Bulletin	2003 2004
American Academy of Sleep Medicine (AASM)	Member	2002-present
	- Insomnia Section Work Groups	2005-2006
	- Appointed Member, Behavioral Sleep Medicine Committee	2004-2005
	- Appointed Chair, Behavioral Sleep Medicine Committee	2006-present
	- Appointed Co-Chair, AASM Task Force to Increase Training in Behavioral Sleep	2005-2006

	Medicine	
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HONORS AND AWARDS

Citation for Outstanding Work in Psychology, Dartmouth College	1986
Proctor Redfield Scholarship; Academic Award to Vermont resident attending Dartmouth College	1986
Aaron and Rosalyn Wallace Scholarship. Annual award for exceptional doctoral work in Health Sciences at Union Institute.	1998
Sleep Research Society Trainee Travel Awards, Association of Professional Sleep Societies	2002-2004
Young Investigator Award, American Academy of Sleep Medicine	2005
Faculty Career Advancement Award (2-Yr funded project), American Sleep Medicine Foundation	2005
University of Rochester Collier Mental Health Poster Day (second place)	2007
Sleep Research Society Meritorious Abstract Award	2007

EDITORIAL ASSIGNMENTS

2003	Ad Hoc reviewer for <u>Pain</u>
2004	Ad Hoc reviewer for <u>Journal of Psychosomatic Research</u>
2004	Ad Hoc reviewer for <u>Journal of Abnormal Psychology</u>
2005	Ad Hoc reviewer for <u>Sleep Medicine Reviews</u>
2005	Ad Hoc reviewer for <u>Review of Clinical Psychology</u>
2005-2006	Ad Hoc reviewer for <u>Progress in Neuro-Psychopharmacology & Biological Psychiatry</u>
2005-2007	Ad Hoc reviewer for <u>Sleep</u>
2006	Ad Hoc reviewer for <u>Journal of Clinical Sleep Medicine</u>
2006-2007	Ad Hoc reviewer for <u>Health Psychology</u>
2006	Ad Hoc reviewer for <u>Current Directions in Psychological Science</u>
2007	Ad Hoc reviewer for <u>Behavioral Sleep Medicine</u>
2007	Ad Hoc reviewer for <u>Comprehensive Psychiatry</u>
2007	Ad Hoc Book Review for American Insomnia Association Newsletter

GRANT REVIEW

2006	Ad Hoc Reviewer for Social Sciences and Humanities Research Council of Canada
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MAJOR AREAS OF RESEARCH

Pathophysiological Mechanisms of Insomnia
 (esp. Sleep Homeostasis and Hyperarousal)
 The Psychoneuroimmunology of Insomnia
 Novel Agents for the Treatment of Insomnia
 Cognitive & Behavioral Interventions for Primary and Co Morbid Insomnia
 (esp. Chronic Pain, Depression and Post-Traumatic Stress Disorder)
 (esp. in older adults)
 Fatigue versus Sleepiness in Sleep Apnea and Insomnia

PAST RESEARCH RELATED ACTIVITIES

2000-2004	Research Assistant/Laboratory Technician to Thomas Mellman, M.D. Dartmouth Medical School, Lebanon, NH
2001-2003	Research Assistant/ Laboratory Technician on SBIR grant to Hal Greeley, PhD for Creare, Inc performed at Dartmouth Medical School, Lebanon, NH

GRANTSPI INITIATED GRANTS

<u>FUNDED</u>	<u>TITLE</u>	<u>SOURCE</u>	<u>AMOUNT</u>
2004-2007	F32 NS049789: Treatment of Insomnia Secondary to Chronic Pain. Mentor: Michael Perlis, PhD	NIH/NINDS	~\$150,000
2005-2006	Pilot Monies from the R21 Funded Rochester Center for Mind Body Research (RCMBR). CBT for Co-Morbid Insomnia and Chronic Pain: Sleep, Pain And Immune Function Outcomes	NIH/NIA	\$20,000
2006-2007	Sleep Homeostasis in Primary Insomnia Following CBT	American Sleep Medicine Foundation	\$60,000
2006-2007	The Effects of a Tart Cherry Juice Beverage on the Sleep of Older Adults with Insomnia	CherryPharm, Inc.	\$31,000
Pending:	K23 NR010408A: The Psychoneuroimmunology of Insomnia Mentors: Jan Moynihan, PhD; Michael Perlis, PhD	NIH/NINR	~\$750,000
Pending	The Effects of Ramelteon on Immune Markers in Older Adults with Insomnia	Takeda Pharmaceuticals	\$195,000

CO-INVESTIGATOR ON PI INITIATED GRANTS

<u>FUNDED</u>	<u>TITLE</u>	<u>SOURCE</u>	<u>AMOUNT</u>
2004-2006	An 2 nd evaluation of the effects of Modafinil alone and in combination with behavioral treatment for insomnia	Cephalon Co.	\$195,000
2007-2009	R21: Information processing at sleep onset and during sleep in patients with insomnia. <u>PI Michael Perlis; Co-PI: Kim Cote (Brock University)</u>	NIH/NIMH	\$375,000
Resub 7/07	R01: The Comparative efficacy of zolpidem, trazodone and CBT-I for the treatment of insomnia <u>PI: Michael Perlis; Co-PI: Dieter Riemann (Freiburg University)</u> Note: This is a two site collaborative R01	NIH/NIMH	\$3,375,000
Resub 3/07	R01: Attention Bias as an etiologic factor in primary and secondary insomnia <u>Co-PI: Colin Espie (Glasgow University)</u> Note: This is a two site collaborative R01	NIH/NIMH	

CO-INVESTIGATOR ON MULTISITE PHARMACEUTICAL CONTRACTS

A Double-Blind, Randomized, Placebo-Controlled, Multicenter, 30-Night Polysomnographic Study Of Mk-0928 In Elderly Patients With Primary Insomnia
Site PI: Michael L. Perlis Sponsor: Merck Pharmaceuticals

A Double-Blind, Randomized, Placebo-Controlled, Multicenter, 30-Night Polysomnographic Study Of Mk-0928 In Adult Patients With Primary Insomnia
Site PI: Michael L. Perlis Sponsor: Merck Pharmaceuticals

A Double-Blind, Randomized, Placebo-Controlled, Parallel Group, Multicenter Study Of Mk-0928 In Healthy Adult Volunteers Participating In A 4-Hour Phase Advance Model Of Transient Insomnia
Site PI: Michael L. Perlis Sponsor: Merck Pharmaceuticals

Evaluation Of The Long-Term Efficacy And Safety Of Zolpidem-Mr 12.5 Mg Compared To Placebo, When Both Are Administered Over A Long-Term Period "As Needed", In Patients With Chronic Primary Insomnia. A Randomized, Double-Blind, Placebo-Controlled, Parallel Group, Multicentre, Phase IIIb Clinical Study
 Site PI: Michael L. Perlis Sponsor: Sanofi-Synthelabo Pharmaceuticals

PUBLICATIONS

Peer Reviewed Articles

1. Mellman, T., Bustamante, V., Fins, A., **Pigeon, W.**, & Nolan, B. (2002). Rapid eye movement sleep and the early development of posttraumatic stress disorder. *Amer J of Psychiatry*, 159, 1696-1701.
2. **Pigeon, W.** Sateia, M. & Ferguson, R. (2003). Distinguishing between sleepiness and fatigue: toward improved detection and treatment. *J of Psychosomatic Research*, 54, 61-69.
3. Mellman, T., Knorr, B., **Pigeon, W.**, Leiter, J., Akay, M. (2004) Heart rate variability during sleep and the early development of PTSD. *J Biol Psychiatry*, 55, 953-956.
4. Sateia, MJ and **Pigeon, W.R.** (2004) Identification and management of insomnia in the clinical setting. *Med Clin of North Amer*, 88, 567-596.
5. DeViva, J., Zayfert, C., **Pigeon, W.**, & Mellman, T. (2005). Treatment of residual insomnia after CBT for PTSD: case studies. *J Traumatic Stress*, 18, 155-160.
6. Perlis, M., McCall, W.V., Jungquist, C., **Pigeon, W.** & Matteson, S. (2005) Placebo effects in primary insomnia. *Sleep Med Reviews*, 9, 381-389.
7. **Pigeon, W.** & Perlis, M. (2005). Long term management of insomnia: practical guidelines for physicians. *International News Sleep and its Optimized Mgmt*, 1, 4-9.
8. Perlis, M., Smith, L.J., Lyness, J.M., Matteson, S., **Pigeon, W.R.** Jungquist, C. & Tu, X. (2006). Insomnia as a risk factor for onset of depression in the elderly. *Beh Sleep Med*, 4,104-13
9. **Pigeon, W.** & Perlis, M. (2006). Sleep homeostasis in primary insomnia. *Sleep Med Reviews*, 10, 247-254.
10. Thatcher P, **Pigeon WR** & Perlis ML (2006). Is Sleep maintenance insomnia a problem of sleep maintenance? *Beh Sleep Med*, 4, 203-18.
11. **Pigeon WR**, Crabtree V & Scherer MR. (2007). The future of behavioral sleep medicine. *J Clin Sleep Med*, 3, 69-75.
12. **Pigeon WR** & Perlis ML. (2007). Insomnia & depression: birds of a feather ? *Int J Sleep Disorders*, 1(3), 82-91.
13. Mellman TA, **Pigeon WR**, Nowell PD, & Nolan B. (In Press). Relationships between REM Sleep Findings and PTSD Symptoms during the Early Aftermath of Trauma. *J Traumatic Stress*.

Chapters

14. **Pigeon, W.**, Park, R., and Sateia, M. (2004). Sleep and pain. In Lader M., Cardinali, D. & Pandi-Perumal, SR. (Eds) Sleep and sleep disorders: a neuropsychological approach. Landes Bioscience.
15. Mellman, T. & **Pigeon, W.** (2005). Dreams and nightmares in posttraumatic stress disorder. In Kryger M., Roth T., & Dement, W. (Eds): Principles and Practice of Sleep Medicine, 4th Edition. Philadelphia: WB Saunders.
16. Perlis, M., Smith M, & **Pigeon, W.** (2005). Etiological Perspectives on Insomnia. In Kryger M., Roth T., & Dement, W. (Eds): Principles and Practice of Sleep Medicine, 4th Edition. Philadelphia: WB Saunders.
17. Perlis M., **Pigeon, W.** Drummond, S. (2006). Neurobiology of Insomnia. In Gilman S. (Ed); Mignot E. (Section Ed): The Neurobiology of Disease. Burlington MA: Elsevier-Academic Press.

Manuscripts In Submission

18. **Pigeon WR**, Seville J, Perlis ML. Sleep Complaints in Chronic Pain Patients Completing a Cognitive-Behavioral Pain Management Group: A Clinical Case Series. *Pain Medicine*.

19. **Pigeon W**, Hegel M, Phillips C, Lyness JM, Sateia M, Perlis ML. Insomnia as a risk for increased morbidity in depressed elderly subjects treated for depression: the impact cohort. *Sleep*
20. Thacher P, **Pigeon W**, Perlis M. Slow Wave Sleep Latency in patients with Primary Insomnia, Major Depression and in Good Sleepers. *J Clin Sleep Med*

SELECTED ABSTRACTS

*Oral presentation

**Mentored Student Submission

- *Pigeon, WR. (2001) Features of self-organization in the dreaming state with implications for post-traumatic stress disorder. Chaos in Psychology Conference, Manchester, VT.
- *Deviva, J., Zayfert, C., & Pigeon, W. (2002). Treating residual sleep difficulties: the effects of insomnia treatment following exposure therapy for posttraumatic stress disorder. Proceedings Association for Advancement of Behavioral Therapy Annual Meeting, Reno, NV.
- *Pigeon, W., Rybina, D., Greenough, G. & Sateia, M. (2003) Fatigue and sleepiness in sleep disordered patients: contributions of gender and depression. Northeastern Sleep Societies Meeting Hartford, CT..
- Seville JL, Pigeon W, & Flood L. (2003). Cognitive-behavioral group treatment can be effective for mood and pain management, if patients complete the treatment. *Journal of Pain*, 4(2) Supplement, 95.

Abstracts for 2003 APSS Meeting in Chicago, IL

- *Pigeon, WR, Seville, JL & Flood L. (2003) Impact of a cognitive-behavioral pain management group on sleep complaints in a chronic pain population. *Sleep*, 26S: 381.

Abstracts for the 2004 APSS Meeting in Philadelphia PA

- Pigeon, W., Rybina, D., Greenough, G. & Sateia, M. (2004) Fatigue and sleepiness in sleep disordered patients: contributions of gender and depression. *Sleep*, 27S: A181.
- *Pigeon, W., Martinez, J., & Mellman, T. (2004) Coping and Control in the ream content of recently hospitalized trauma patients. *Sleep*, 27S: A63.
- **Martinez, J., Pigeon, W., & Mellman, T. (2004) Dreams of recently hospitalized trauma patients and their relationship to PTSD. *Sleep*, 27S: A64.
- Domitrovich PP, Pigeon WR, Stein PK, and Perlis ML. (2004) Heart Rate Variability In Patients With Insomnia And Good Sleeper Controls. *Sleep*, 27S: A.

Abstracts for the 2005 APSS Meeting in Denver CO

- * Pigeon W, Hegel M, MacKenzie T, Lyness JM, Sateia M, and Perlis ML. Insomnia as a Risk for Increased Morbidity in Depressed Elderly Subjects Treated for Depression: The IMPACT Cohort. *Sleep*, 28S: A307.
- * Zahradnik E, Beckman A, Pigeon W, Devlin C, Hassett H, Combs A, Leonard M, Plotkin K, Perlis, ML and Salamone, C. Peri-sleep Onset Alpha Activity in Patients with Primary Insomnia. *Sleep*, 28S: A244.
- * Ciafaloni E, Mignot E, Liu L, Perlis ML, Pigeon W, Hilbert J, Lin L, Thornton C, and Plotkin K. Excessive Daytime Sleepiness and Hypocretin in Myotonic Dystrophy. *Sleep*, 28S: A284.
- * Pigeon W, Devlin C, Hassett B, Matteson S, Jungquist C, Smith MT, and Perlis, ML. Initial Validation of the Rochester Sleep Continuity Inventory (RSCI). *Sleep*, 28S: A323.
- **Phillips C, Pigeon W, Garrick I, Matteson S, Jungquist C, Leonard M, and Perlis ML. Do the Effects of CBT-I Vary with Insomnia Subtype? *Sleep*, 28S: A246.
- Perlis ML; Phillips C; Garrick I; Pigeon W; Matteson S; Jungquist C; Rodgers-Rawden A; Plotkin K; Salamone C. The Temporal Patterning of Poor Sleep in Patients with Primary Insomnia. *Sleep*, 28S: A241.

Perlis ML, Ciafaloni E, Pigeon W, Leonard M, Hilbert J, Howard E, Liu L, Plotkin K. PSG AND MSLT Sleep in Patients with Myotonic Dystrophy. *Sleep*, 28S: A285.

Liu L, Perlis ML, Leonard M, Pigeon W, Ciafaloni E and Plotkin K. Concomitant Sleep Disorders in a Series of Patients with Myotonic Dystrophy. *Sleep*, 28S: A284.

Zayfert C, DeViva JC, Pike JL, Pigeon WR. The Role of Fear of Sleep in Trauma-Related Insomnia. *Sleep*, 28S: A256.

Abstracts for the 2006 APSS Meeting in Salt Lake City Utah

**Combs A, Perlis ML, Pigeon WR. Fatigue and Sleepiness in Primary Insomnia. *Sleep*, 29S: A241.

Pigeon, WR, Burke, P, Leonard, M Howard, E & Perlis, ML SWS Time and Delta Power in Patients with Primary Insomnia. *Sleep*, 29S: A250.

Pigeon, WR, Komlos, M, Cornwall, A, Salamone, C, Leonard, M Perlis, ML. Heart Rate Variability in Patients with Primary Insomnia Compared to Good Sleeper Controls. *Sleep*, 29S: A251.

* Matteson, SE, Pigeon, WR, Roscoe, JA, Howard, E, Salamone, C & Perlis, ML. Sleep Continuity and Sleep Architecture In Cancer Patients Prior To Chemotherapy. *Sleep*, 29S: A316.

Abstract Submissions for the 2007 APSS Meeting in Minneapolis, MN

Pigeon, WR, Talbot, NL, Perlis MP. Effect of Interpersonal Therapy for Depression on Insomnia Symptoms in a Cohort of Women with Sexual Abuse Histories.

* Pigeon, WR, Jungquist C, Swan, J, Stoll, J, Taylor, C, O'Brien, C, Matteson, S, Perlis MP. Pain, Sleep and Mood Outcomes in Chronic Pain Patients Following Cognitive Behavioral Therapy for Insomnia.

** Jungquist, C, Pigeon, WR, Swan, J, Leonard, M, Howard E, Perlis, ML. Power Spectral Analysis of NonREM Sleep in Chronic Pain Patients.

FULL SEMESTER COURSES

Community College of Vermont	Various Psychology Courses (1-2/semester)	1995-1999
Johnson State College – Psychology	Social Psychology, Abnormal Psychology or Research Methods (1/semester)	1998-2006

SPEAKER PANEL LECTURES & ADVISORY BOARD (INDUSTRY SPONSORED)

Institution	Lecture/Board	Year(s)
Cephalon Inc. One day Advisory Board at the Association of Professional Sleep Societies, Salt lake City, UT	Excessive Sleepiness/Hypersomnolence Debrief Advisory Board	2006

INVITED LECTURES & PRESENTATIONS

Institution	Lecture	Year(s)
Slide Session: Vermont Annual Substance Abuse Conference. Bradford, VT.	Chronic Pain in Substance Abuse Patients	1998
Grand Rounds: North Country Hospital, Newport, VT	Adjunctive Treatments in Pain Medicine	1999
Presenter: Children's Hospital at Dartmouth Conference: "More Than Medicine: Supportive Therapies For Kids"	Utilizing Natural Rhythms and Everyday Behaviors to Cope With Stress and Pain	1999
Presenter: Chaos in Psychology Conference, Manchester, VT.	Features of Self-Organization in the Dreaming State with Implications for Post-Traumatic Stress Disorder	2000
Invited lecture: Tri-State Transportation Safety Conference, Bedford, NH.	Sleep Deprivation	2000
Invited Lecture: Operation Care National Conference, Bretton Woods, NH.	Sleep Deprivation	2001
Presenter: International Society of Traumatic Stress, Baltimore, MD	Dream Content in the Genesis of PTSD	2002
Presenter: Association for Advancement of Behavioral Therapy, Boston, MA.	Persistence of Insomnia Following CBT for Chronic Pain	2003
Session Chair: Association for Advancement of Behavioral Therapy, Boston, MA.	Mechanisms of Secondary Insomnia and its Treatment, Part I: Psychological Conditions	2003
Clinical Rounds: Behavioral Sleep Medicine Service, University of Rochester Medical Center	Treating Insomnia in PTSD	2003
Sleep Rounds: University of Rochester Sleep Research Laboratory. Department of Psychiatry	Distinguishing Between Fatigue and Sleepiness	2003
Panel Member: Association of Professional Sleep Societies, Philadelphia, PA.	Nightmares and the Sleep-Memory Debate	2004
Oral Poster Presentation: Association of Professional Sleep Societies, Denver, CO.	Insomnia as a Risk for Increased Morbidity in Depressed Elderly Subjects Treated for Depression: The IMPACT Cohort	2005
Oral Poster Presentation: Association of Professional Sleep Societies, Denver, CO.	Initial Validation of the Rochester Sleep Continuity Inventory (RSCI)	2005
Presenter: New Hampshire Psychological Association, Firesdie Inn, West Lebanon, NH	Introduction to Insomnia	2007
Presenter: New Hampshire Psychological Association, Firesdie Inn, West Lebanon, NH	Behavioral Treatment of insomnia	2007
Oral Poster Presentation: Sleep 2007 Annual Meeting, Minneapolis, MN	Pain, Sleep & Mood Outcomes in Chronic Pain Patients Following Cognitive Behavioral Therapy for Insomnia	2007
Chair: Discussion Session, Sleep 2007 Annual Meeting, Minneapolis, MN	Delivering Cognitive Behavioral Therapy for Insomnia: Who, Where & How ?	2007
Presenter: Sleep Research Society Trainee Day	How to Get a Post-Doc and Make the Most of It	2007

INTRAMURAL LECTURES

Institution	Lecture	Year(s)
University of Rochester - Geriatric Psychiatry (Lecture for Fellows)	CBT Tx of Depression	2005,2007
University of Rochester Department of Brain & Cognitive Sciences University of Rochester – Undergraduate Lecture	What does EEG have to do with it ?	2005,2006
University of Rochester – Ambulatory Medicine (Lecture for residents)	Insomnia Research	2006
University of Rochester – Outpatient Care (Lecture for clinicians)	Insomnia Research	2006
University of Rochester – School of Medicine (Lecture to 1st Year Class)	Behavioral Therapy	2006
University of Rochester – Psychiatry (Lecture for Residents)	Insomnia Research	2006
University of Rochester – Psychiatry (Lecture for Residents)	Insomnia Research	2007
University of Rochester – Geriatric Psychiatry (Lecture for Fellows)	Tx of Insomnia	2007
University of Rochester – School of Medicine (Lecture 4 th Years 'Process of Discovery' Course)	Sleep Homeostasis	2007
University of Rochester – Undergraduate Psychology Course	CBT for Insomnia in Co-Morbid Conditions	2007

COMMUNITY LECTURES & WORKSHOPS

Institution	Lecture	Year(s)
Center for Integrative Medicine, Lyme, NH	MindBody Medicine: Not Just Mind Over Matter	1999
Wellness Center, Newport, VT	MindBody Approaches to Chronic Pain	1999
Invited talk for 25 th Anniversary of North Country Hospital, Newport, VT	The Mind-Body-Spirit Connection	1999
New Hampshire D.O.T., Concord, NH	Sleep Deprivation	2000
New Hampshire Health and Human Services Dept, Concord, NH	Sleep & Sleep Deprivation	2001
New Hampshire 911 operators Laconia, NH	Sleep & Shiftwork	2001
New Hampshire Safe Kids Coalition, Concord, NH	Sleep Safety	2001
Dormitory at Dartmouth College, Lebanon, NH	Sleep and You	2002
New Hampshire 911 operators Laconia, NH	Sleep & Shiftwork	2002
University of Rochester – EAP Lecture Series	Got Insomnia ?	2005
University of Rochester – EAP Lecture Series	Sleep & Shiftwork	2007
University of Rochester – Chaplain's Office	Dealing with Shiftwork	2007

EDUCATIONAL CONTRIBUTIONS (Mentorship)

NAME	DATES	OUTCOME
Julia Martinez, BA	June 2003 – June 2004	1 abstract; 1 manuscript
Denis Rybine, MS	June 2002 -June 2004	1 abstract, 1 manuscript
Cindy Phillips, BA	August 2005 – Present	1 archival research project; 1 manuscript
Marcel Kumlos	Dec 2005-march 2006	1 archival research project; 1 abstract
Alexadra Cornwall	August 2005- June 2006	1 Archival project
Arick Combs, BA	August 2005 – June 2006	1 archival research project; 1 abstract
Heather Lankes, PhD	April 2006 - Present	Manuscript in Prep