

Patient Information

Supraventricular Tachycardia

BACKGROUND INFORMATION

- Type of arrhythmia (irregular heart rhythm) occurring in the top chambers (atria) of the heart
- Generally benign
- Can last seconds to years
- Encompasses a variety of rhythms including PACs, PSVT, Accessory tract tachycardias, AVNRT, AVRT, atrial tachycardia, Atrial fibrillation, Atrial Flutter.

SYMPTOMS

- Commonly cause palpitations
- Can cause lightheadedness, dizziness, and rarely cause syncope
- Generally the degree of symptoms is related to the length of symptoms

DIAGNOSTIC TESTS

- ECG (electrocardiogram)
- Holter monitor
- EP (electrophysiology) testing
- Echocardiogram
- Stress Testing

TREATMENT

- Monitoring or watchful waiting
- Beta-blocker or calcium channel blocker medications
- Anti-arrhythmic medications
- RFA (radiofrequency ablation)

FOR MORE INFORMATION or to make an appointment at URMC Cardiology at Highland Hospital, please call (585) 341-6780 or visit us online at www.highlandheart.urmc.edu