



# YOU ARE NOT ALONE!

*Caregiver Support groups* are monthly, confidential meetings where caregivers can share their experiences, connect with others who understand, and learn more about the disease. Support groups are facilitated by trained volunteers. The meetings are free and no registration is required.

## Alzheimer's / Dementia Caregiver Support Groups

## General Caregiver Support Group

**FIRST MONDAY: 6:00 – 7:00**

**Dansville Library**

200 Main Street, Dansville, NY 14437

**SECOND THURSDAY: 9:30 – 10:45**

**Cricket's Cafe**

6 Center Street, Geneseo, NY 14454

**4th THURSDAY: 1:00 - 2:00**

**Geneseo Interfaith Center**

11 Franklin Street, Geneseo, NY 14454

Respite may be available so you can attend.

**Noyes Caregiver Resource Center:**

**585-335-4358**

**Email:**

[noyes-caregiver@urmc.rochester.edu](mailto:noyes-caregiver@urmc.rochester.edu)

For more information about specific caregiver groups (zoom groups, evening groups, groups for men only, etc.) contact:

**[Alzheimer's Association](#)**

**1-800-272-3900**

or visit: [www.alz.org/crf](http://www.alz.org/crf)



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