

Your own journey. Your own goals. Get the breastfeeding support you need.

If you or your baby are facing unique challenges that are making your breastfeeding journey difficult, our virtual drop-in group can help.

Gain the skills and confidence you need from experts alongside other families who are going through similar experiences.



Drop into one of our virtual meetings. Tuesdays, 6:00 – 7:30 p.m.*

Register in advance for this meeting:

<https://urmc.zoom.us/meeting/register/u5UscuCupjlsHQqbnNHcHgpv1tLokBCCOw>

After registering, you will receive a confirmation email containing information about joining the meeting.

*Except national holidays

For more information, call (585) 276-MILK (6455)
or visit breastfeeding.urmc.edu.

Together with UR Medicine's
Golisano Children's Hospital, we can help.

