



# Patient Information Sheet Angioplasty & Stenting

Though your heart is full of blood, it also needs a blood supply itself. The blood your heart requires for beating is supplied by vessels called coronary arteries. When your coronary arteries become narrowed or blocked by fatty deposits called plaque, your heart no longer gets all the blood it needs. Angioplasty and stenting can be used to reopen your coronary arteries, restoring the blood supply to your heart.

## Before Your Procedure

You will receive a phone call from a nurse prior to your procedure. This call will take approximately 15 minutes. Discussion will include:

- Brief review of medical history & allergies
- Medications with dosages, and instructions for holding/continuing
- What to expect during and after your visit with us
- Answer any questions

## Next Steps

- Bring a list of your current medications with dosages with you the day of the procedure.
- Please call one business day prior to your procedure to find out what time to arrive at the hospital. **Call (585)273-3542 between the hours of 4:00 pm and 5:00 pm.**
- If you become ill prior to the procedure, please contact the doctor who is sending you for this test.
- You will need to get blood drawn prior to procedure.
- Do not eat or drink after midnight.
- Do not bring any valuables with you.
- For privacy and infection control we recommend 2 visitors at a time and limit children under the age of 16.

## Cardiac Catheterization Lab Location

- Once you have arrived to the hospital, please allow 15 minutes for parking and to get to the Cardiac Cath Lab.
- The Cardiac Catheterization Lab is located on the ground floor near the Green Elevators.

## After Your Procedure

- You must arrange for a ride home.
- After most procedures, you cannot drive for at least 2 days.
- If discharged home the same day, you must have a responsible adult with you for 3 hours.
- You may shower the next day.
- No lifting, pushing, or pulling anything > 5 lbs for at least 48 hours after your procedure.