

# Referring a Patient to Our Clinical Programs

Our team, including physicians, nurse practitioners, dietitians, personal trainers, and lifestyle counselors, collaborates with you. We track your patient's progress and offer consistent updates through EPIC/EMR.

## Refer Patients to the Center for Community Health & Prevention:

- Type "Healthy Living" or related terms to find the REF225 Ambulatory Referral to Primary Care.
- Click on the "Healthy Living" sub-specialty.
- Choose "Monroe" for Regional Preference.
- In comments, pick "Healthy Living" and select the needed service from the drop-down list.
- Ensure all requirements are met, then click "Accept" and sign the order.

## Referring Patients to the Rochester Diabetes Prevention Program (DPP):

Our year-long DPP is tailored for those diagnosed with prediabetes, aiming to prevent type 2 diabetes onset. It leverages group support, gathering individuals with shared aspirations and challenges. Groups meet at varied times annually. Eligibility requires a hemoglobin A1C between 5.7%–6.4%.

- To refer your patient(s), follow the steps above and, in the comments section, choose the DPP.

## Referring Patients for Nutrition Counseling:

When it comes to eating better, knowing where to start can be overwhelming. Our registered dietitians help patients develop a healthy eating pattern, manage a specific nutrition concern and improve their overall well-being.

To refer for nutrition counseling, follow the steps listed above and, in the comments section, choose nutrition counseling.

## Referring Patients to Our Nicotine Dependence Treatment Program:

If your patients aim to quit or cut down on smoking/vaping, the Center for Community Health & Prevention is your go-to for holistic nicotine dependence treatment.

We assist both adults and adolescents. Our comprehensive services encompass medication prescriptions and counseling, with a standalone counseling option available. Regardless of the choice, we keep you updated on your patients' progress via their EMR.

- To refer, follow the provided steps. When selecting the Tobacco/Nicotine Dependency Cessation, you can pick multiple services from the drop-down (e.g., Medication and Counseling).

## Do you take care of children?

Recommend our services to parents or teens wishing to reduce or quit their nicotine consumption. We offer personalized plans tailored to individual needs.

You can make a referral for the parent from the child's chart, even if you're not the parent's provider.

Please specify in the comments that the referral is for a parent.

