

THINKING
ABOUT

Adoption?

- Are you pregnant?
- Have you just given birth?
- Are you already parenting?
—and considering your options?

WE ARE HERE TO HELP EMPOWER YOU AND WILL SUPPORT YOU NO MATTER WHAT YOU ULTIMATELY DECIDE.



Our services ARE different.

- » Freely explore your options in a **safe, confidential, respectful** space **without pressure or judgement.**
- » **Your voice matters!** We will support you and provide resources no matter what you ultimately choose.
- » **Only you can decide** what choice is right for **you.** We pledge to provide you with **unbiased** information regarding **all of your options.** Exploring each option thoroughly will help you gain clarity about what choice **feels best to you.**



Friends in Adoption

Call **1-800-982-3678** for 24/7 immediate help

Text: 518-350-4581 confidential help M-F 8am-4pm EST

www.friendsinadoption.org/contact