

Are you caring for a loved one with chronic health conditions or memory loss? Drop your loved one off to spend time with caring volunteers who will engage with activities or sit and talk.

Lunch Activities Games or Puzzles Chair exercises

Arts & Crafts

Pets

Wednesdays 10:00—2:00

Dansville Respite Care Center

Dansville United Methodist Church, 5 Chestnut Ave, Dansville

Email: noyes-caregiver@urmc.rochester.edu 585.335.4358

Testimony from caregiver whose husband attends respite center:

"He looks so forward to it. He asks me every week, Is this the day I go [to the respite center]? His world has become so small...his friends have shied away from him [due to dementia]. I'm so thankful it gets him out and he looks forward to being with other people. He doesn't have involvement with other people anymore. It is a big void in their



lives...not being around people. It does him good and helps his self-esteem. The volunteers are so good to him... they are a great group. It helps him tremendously. It is a wonderful asset to the community.



Sponsored by Dansville United Methodist Church, Livingston County Office for Aging & Noyes Caregiver Resource Center

