

YOU ARE NOT ALONE!

Caregiver Support groups

are monthly, confidential meetings where caregivers can share their experiences, connect with others who understand and learn more about the disease. Support groups are facilitated by trained volunteers. The meetings are free and no registration is required.

Alzheimer's/ Dementia Caregiver Support Groups

FIRST MON: 6:30-8:00

Dansville Library

200 Main St., Dansville, NY 14437

SECOND Mon: 2:00-3:00

Lima Library

1872 Genesee St., Lima, NY 14485

FOURTH MON: 1:00 - 2:00

Geneseo United Methodist Church

4520 Genesee St. Geneseo, NY 14454

FOURTH TUES: 2:00-3:00

Wayland Library

101 W. Naples St., Wayland, NY 14572

If a scheduled support group falls on a holiday, it will either be re-scheduled or cancelled. **Check with location for more info.**

General Caregiver Support Groups

<u>NOT</u> Alzheimer's/dementia specific; for any caregiver to attend:

FIRST & THIRD MON: 7:00 - 8:00

Avon Veterans Hall

5480 E Avon Rd., Avon, NY 14414

SECOND THURS: 9:30 - 10:45

Mae's Restaurant

4182 Lakeville Rd., Geneseo, NY 14454

SECOND TUES: 1:30 - 3:00

Wayland Library

101 W. Naples St., Wayland, NY 14572

Respite *may* be available so you can attend. For more information, contact:

Noyes Caregiver Resource Center:

585-335-4358

caregiver@noveshealth.org

Alzheimer's Association:

1-800-272-3900





