


# Livingston County Resources for Caregivers

Adult Day Care	<b>243-7200</b>	Garden of Life Day Program, Mt. Morris
Catholic Charities of Livingston County	<b>658-4466</b>	Transportation assistance, friendly visits
Certified Home Health Agencies		Home & Health Care Services: <b>607-324-4142</b> Tender Loving Family Care: <b>585-637-0333</b> UR Medicine Home Care: <b>585-274-4354</b>
Finger Lakes Alzheimer's Caregiver Institute	<b>244-8400</b> <a href="http://www.alz.org">www.alz.org</a>	<ul style="list-style-type: none"> <li>• Care Consultations (individual &amp; family)</li> <li>• Counseling Services</li> <li>• Alzheimer's Support Groups</li> <li>• Health Care Coordination</li> <li>• Peace of Mind planning</li> <li>• Respite Care</li> <li>• Social Activities</li> <li>• Alzheimer's/dementia education for care partners and professionals</li> <li>• <b>No cost for above listed services</b></li> </ul>
Livingston County Office for the Aging (for people 60+):	<b>243-7520</b>	<ul style="list-style-type: none"> <li>• Legal Services (long term care planning, POA, health care proxy)</li> <li>• EISEP (Expanded In-Home Services for the Elderly Program: in-home aide services)</li> <li>• Meals on Wheels (home delivered meals and congregate meal sites)</li> <li>• Private aide list (available upon request)</li> </ul>
Department of Social Services	<b>243-7300</b>	<ul style="list-style-type: none"> <li>• Medicaid, Adult Protective, etc.</li> </ul>
Livingston County Veterans Services	<b>243-7960</b>	<ul style="list-style-type: none"> <li>• VA benefits</li> </ul>
Mental Health Services		<ul style="list-style-type: none"> <li>• Livingston County: <b>243-7250</b></li> <li>• Noyes Mental Health: <b>335-4316</b></li> </ul>
Noyes Caregiver Resource Center 	<b>335-4358</b> <a href="mailto:noyes-caregiver@urmc.rochester.edu">noyes-caregiver@urmc.rochester.edu</a>	<ul style="list-style-type: none"> <li>• Support Groups</li> <li>• Respite Care (in-home or day program site. Fee is donation based)</li> <li>• Caregiver Library</li> <li>• Monthly Caregiver Assistance Newsletter</li> <li>• Managing Stress for Caregivers class</li> <li>• Powerful Tools for Caregivers classes</li> <li>• Information and assistance</li> </ul>
UR Medicine   Noyes:	<b>335-4359</b> <a href="mailto:Noyes-MedAlert@UR.MC.Rochester.edu">Noyes-MedAlert@UR.MC.Rochester.edu</a>	<ul style="list-style-type: none"> <li>• Medical Alert Program (personal emergency response) and Medication Dispensing Service</li> <li>• Home Safe Home Program (in home modifications)</li> </ul>
Private Home Care Providers		<ul style="list-style-type: none"> <li>• Health and Wellness Referral Services: <b>382-3260</b></li> <li>• Comfort Keepers: <b>249-0100</b></li> <li>• Private aide list: <b>335-4358</b></li> </ul>