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## Stepping Out Archives

February 22, 2011



### STEPPING OUT: COMMUNITY-ORIENTED NEWS IN PSYCHIATRY

From the Office of Mental Health Promotion

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#### Many Cultures One Community Cultural Center

**What:** Few bonds in life are more influential than those between a young person and an adult. A new family who has arrived to us through the Refugee Resettlement Program is a great way to share and teach people about different cultures and how they affect our lives. We are looking for mentors who can either or both 1) mentor a family, 2) do a life skills class, or 3) be a life skills coach by just being a family who has been here for 3+ months or for families who have resettled here through the refugee program.

**Where:** Grace United Methodist Church

**For More Information:** Call Bill Wischmeyer at 585-690-6800 or visit

[www.ManyCulturesOneCommunity.org](http://www.ManyCulturesOneCommunity.org)

**Black Heritage Month**

**What:** The city of Rochester's Black Heritage Committee presents Black Heritage Month.

**Events:****Black Heritage Story-Telling**

*When:* Tuesday, February 22, 2011 from 1:00-2:00PM  
*Where:* Ryan Community Center, 530 Webster Avenue

**Scarred Justice: The Orangeburg Massacre 1968 – Screening/Discussion**

*When:* Tuesday, February 26, 2011 at 1:00PM  
*Where:* 280 State Street

**9th Annual Black Heritage Gala**

*When:* Saturday, February 26, 2011 at 6:00PM  
*Where:* Hyatt Regency Hotel Ballroom, 125 East Main Street  
*Tickets:* \$40/person

**For More Information:** Call 428-9857 or visit [www.blackheritagerochester.org](http://www.blackheritagerochester.org)

**Urban Performance Arts Centre's "Black History Events"****"The Journey" – The Musical**

*When:* February 26th, 2011 – 7:00PM  
*Where:* Dazzle Theater – 112 Webster Avenue  
*Admission:* \$10.00

**For More Information:** Call 585-298-8117

**RochesterWorks! Youth Week**

**What:** RochesterWorks! is sponsoring a "Youth Week" with opportunities for students to attend mock interviews and to hear from professionals in the healthcare field as well as a special Recruiting 'Round Rochester event.

**Where:** 225 North Goodman Street, Rochester, NY 14607

**Details:****Interviews That Get You the Job!**

*When:* Wednesday, February 23rd, 2011 11:30-1:30PM

**Learn From the Pros: Careers in the Medical Field**

*When:* Thursday, February 24th, 2011 11:30-1:30PM

**Recruiting 'Round Rochester**

*When:* Friday, February 25th, 2011 12:00-2:00PM

**To Register:** [www.rochesterworks.org](http://www.rochesterworks.org) or call 258-3546

### **Healthy You – Healthy World Winter and Spring Camps**

**What:** Cornell Cooperative Extension of Monroe County's Healthy Monroe Learning Center presents a great day camp for kids ages 9-13 to have fun and stay healthy during school vacation!

**Where:** 249 Highland Ave

**When:** February 22, 23, 24 and April 19, 20, 21

**Time:** 9:00AM – 3:00PM

**Fee:** \$50 per day (can register for 1, 2, or all 3 days!) Lunch is included.

**For More Information:** Call Dora Christian at 585-461-1000 ext. 257

### **Making A Difference: Community-Academic Partnerships to Advance Organization's Programmatic and Community Goals\*\***

Facilitators: Ann Marie White, U of R Medical Center and Sr. Sheila Briody, St. Joseph's Neighborhood Center

**What:** Academic Partnerships to Advance Organization's Programmatic & Community Goals: The class will introduce how community members and organizations can collaborate with academic partners to advance common goals for real and sustainable changes, specifically by integrating systematic approaches to learning (i.e., participatory or action research) within their efforts to serve and strengthen broader communities of interest. [Workshop Level: Introductory]

**Where:** Nazareth College, 4245 East Avenue, Rochester, NY 14628 at the Golisano Academic Center 21

**When:** Thursday, March 29th

**Time:** 4:00-6:00pm

**Fee:** \$5 per workshop (\*\*see attached registration form)

**For more information:** Danielle Rhubarb at [drhubar1@zimbra.naz.edu](mailto:drhubar1@zimbra.naz.edu) or (585) 389-2449

### **National Refugee Healthcare Conference**

**What:** Join us at the beautiful Hyatt Hotel in Rochester, NY for a unique learning opportunity. This 2-day conference will include sessions from keynote speakers, Dr. Francesca Gany and Dr. William Stauffer, as well as 28 seminars. Topics will include a variety of healthcare, culture, and language issues. Innovative programs targeting refugee health will also be presented. Register now to receive the early bird rate.

**Where:** 125 East Main St

**When:** April 11 and 12, 2011

**For More Information:** <http://www.nationalrefugeehealth2011.org/>

### **Got Dreams Award**

**What:** A community celebration that recognizes youth with emotional and behavioral challenges who are reaching their dreams as well as their families, other

adults, organizations, and systems who support them.

**When:** May 3rd, 2011 – 6:00-8:30PM

**Where:** Rochester Museum & Science Center – Eisenhart Auditorium, 675 East Avenue, Rochester, NY 14607

**Registration:** Contact Marilyn Molyneaux at 585-753-2650 or email [mmolyneaux@monroecounty.gov](mailto:mmolyneaux@monroecounty.gov)

- **Please consider applying your attendance for any events that might meet the objectives for independent study credit hours in order to complete your cultural competence training requirements (minimum of 3 credit hours) for the Department of Psychiatry.**
- **To see any past Stepping Out newsletters, please visit our OMHP homepage for the Stepping Out Archives at <http://www.urmc.rochester.edu/smd/psych/community/omhp/index.cfm>**